

Community



Conversations

November 15, 2025  
11 am - 1 pm

# Grieving Through the Seasons

A discussion guided by  
Melissa Minkley

Like the changing seasons, the grief process is natural and cyclical. Join us as Melissa Minkley of the Grief Wellness Center integrates the patterns of the grieving experience with the rhythms and changes of the seasons. She will also offer helpful suggestions to assist in finding one's way during holiday season.

Melissa Minkley of the Grief Wellness Center is a licensed social worker with over 25 years of experience supporting individuals, families, and communities as they navigate a life-altering diagnosis, end of life transition and grief.



## Community Conversations

Community Conversations are a series of discussions for anyone and everyone in our New Berlin area community, sharing and supporting one another during challenges throughout life. All are welcome, and a light lunch is provided, and childcare is available.

**Registration is required.**

**To Register for this event,** Call the FPPC office at (262) 786-5850

Scan the QR code or visit [forestparkpcusa.org/events](https://forestparkpcusa.org/events)

**Pre-registration for childcare is required.**

Scan to  
Register



You are Seen - You are Heard - You are Not Alone