

# Being **F I T** for Service

**F**ollowing Jesus Christ  
**I**n-tune with the Spirit  
**T**rusting in God



It may be risky, or humbling, or inconvenient.  
It may be eye-opening or heart-expanding.  
It may be praying without ceasing.  
It most likely will be all of the above.  
It's a life-long journey.