

## **This workshop will help you . . .**

- Learn how you as a leader can influence the health of your congregation – how to detect and avoid unhealthy patterns of living together in community.
- Learn how to keep anxiety from becoming infectious.
- Gain confidence in responding to challenges and opportunities.
- Learn how to put limits on invasive behavior, manage reactivity, and overcome sabotage.
- Discover how leaders can function as the congregation's immune system.
- Learn to focus on strengths, resources, options, and the future.



### **Other LMPC Programs:**

The *Mediation Skills Training Institute for Church Leaders* equips leaders with strategies for addressing interpersonal, small group, and congregational conflicts.

*Clergy Clinic in Family Emotional Process* is designed to enhance the ability of participants to function as self-differentiated leaders in their ministry setting. The clinic meets three times during the year for three days each time.

For information and dates: [www.LMPeaceCenter.org](http://www.LMPeaceCenter.org)

## **About the Workshop:**

The *Healthy Congregations* workshop uses the insights of family systems theory to help church leaders and all members become more effective stewards of their congregation's health. The workshop was developed by Dr. Peter Steinke and is based on the work of Dr. Edwin Friedman, author of *Generation to Generation: Family Process in Church and Synagogue*.

Since the publication of *Generation to Generation*, many pastors have come to recognize the importance of understanding family systems theory as it relates to congregations. The *Healthy Congregations* workshop helps both leaders and all church members expand their insight into how churches function as emotional systems.

Friedman noted that in many congregations today negative, reactive forces are allowed to set the agenda for the church. What can be done to prevent anxiety from becoming a toxic force in your congregation? The *Healthy Congregations* workshop is designed to equip leaders to respond to the presence or potential threat of anxiety in a congregational system in ways that prevent destructive conflict and help the church stay focused on its unique mission and purpose.

**“...So we, though many, are one body in Christ, and individually members one of another.” (Romans 12:5)**

# **Healthy Congregations**



**Saturday, January 26**  
11a.m.-5:30 p.m.

### **Dickson Hollow**

W156N4881 Pilgrim Rd.  
Menomonee Falls, WI

Sponsored by  
*Presbytery of Milwaukee  
Commission on Ministry*

Led by Bill Blank  
*Lombard Mennonite Peace Center*

## Who Will Benefit:

The workshop is designed for:

- Pastors and other church staff, lay leaders, all congregation members.
- Anyone interested in enhancing their capacity to manage self in a non-anxious and responsible way, whether in the church, the home, the workplace, or the community.

## Workshop Leader:

**Bill Blank** is Associate Director of Lombard Mennonite Peace Center (LMPC) in Lombard, IL. He is an ordained minister in the Mennonite Church and has served as a pastor and interim pastor. He has participated in the *Postgraduate Program in Bowen Family Systems Theory and Its Applications* at the Bowen Center for the Study of the Family in Washington D.C. He has experience as a mediator, trainer and church consultant as well as providing coaching for pastors and church leaders.

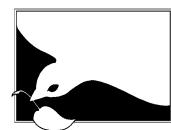
## Registration:

The registration fee is \$22 per person (for the training manual), or \$22 for a couple (sharing one manual). **The registration deadline is January 18, 2018.**

Registration may be submitted by mailing the form to the presbytery office *or* via the link in Fresh Impressions *or* by calling Chris Halverson at 414-292-2740.

## Workshop Schedule:

11-12:30	<i>What is Systems Thinking?</i> <i>Video Case Study: "The Anxious Congregation/The Responsible Congregation"</i>
12:30-1	Lunch
1-1:45	<i>Healthy Congregations Respond to Anxiety</i> <i>Healthy Congregations Invite Differentiation of Self</i>
1:45-3:30	<i>Healthy Congregations Focus on Strength</i> <i>Healthy Congregations Manage Conflict</i>
3:30-3:45	Break
3:45-5:30	<i>In Healthy Congregations, Leaders Challenge People</i> <i>In Healthy Congregations, Leaders Focus on Mission</i> <i>In Healthy Congregations, Leaders Promote Health Through Their Presence and Functioning</i> <i>Planning For a Healthier Congregation</i>



## Registration Form:

### Healthy Congregations Workshop

January 26, 2019

To register by mail, clip this form and return it with payment to the presbytery office.

Presbytery of Milwaukee  
6767 W. Greenfield Ave. Suite 202  
Milwaukee, WI, 53214

Name (s) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Congregation \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

\_\_\_\_\_

Yes! Please register me for the workshop.

\_\_\_\_\_

Yes! Please register us for the Workshop. We will need \_\_\_\_\_ manuals.

\_\_\_\_\_ Please provide me with a lunch.

\_\_\_\_\_ Please provide me with a vegetarian lunch.

\_\_\_\_\_ I will bring my own lunch.