

Pain is REAL, but HOPE is TOO!

Jerusalem Empowered A.M.E. Church

9540 West Good Hope Road ■ Milwaukee Wisconsin

Reverend Sandra D. Banks, Pastor

DATE: April 29th DEADLINE April 26th

Breakfast 8:00—9:00

Training Session 9:00—5:00

Register at **EVENTBRITE** \$25.00 (Breakfast & Lunch Included)

<https://www.eventbrite.com/e/youth-mental-health-first-aid-training-tickets-59176035114>

**CERTIFIED YOUTH MENTAL HEALTH
FIRST AID TRAINING**

(8) Hour Attendance Required for Certification

Community Advocates Public Policy Institute

Mental Health First Aid teaches you how to identify, understand, and respond to signs of Mental Illness and Substance use Disorders.

The training will provide skills required to give initial support to someone that may be in the developmental stages of Mental Illness, Physical Health, or Substance use problem.

TAKE A Course ■ SAVE A Life ■ STRENGTHEN

COMMUNITY

Covers common Signs and Symptoms of Mental in Adolescents (ages 12-18) anxiety, depression, eating disorders and attention deficit hyperactivity disorder. Common signs of substance use, how to interact with adolescents in crisis, and connect them to help.

WHO SHOULD ATTEND?

**TEACHERS, SCHOOL STAFF, COACHES, CAMP COUNSELORS,
YOUTH GROUP LEADERS, PARENTS AND ALL YOUTH WORKERS**

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