

# *All Saints' Episcopal Church*

*An Open-hearted, Open-minded Parish of the Diocese of East Carolina*

## *The Second Sunday in Lent*

*Sunday, March 5th, 2023*

*8:30 and 10:30 a.m.*

*We welcome all who are worshiping with us for the first time.*

*We are glad that you are here and pray that you encounter the Holy Spirit in this sacred gathering. Throughout this service, the people's parts are indicated in **bold italic font**. All are invited to stand, as are comfortably able, at the elements of the service marked by an asterisk.*

### **Welcome and Prelude**

### **The Word of God**

**\*Hymn 401**

*The God of Abraham Praise*

LEONI

### **Opening Acclamation**

Celebrant

Blessed be the God of our salvation:

***People***

***Who bears our burdens and forgives our sins.***

Let us pray:

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

***Amen.***

**\*Kyrie - S95**

The musical notation for the Kyrie S95 consists of two staves. The first staff has three measures: the first measure is labeled 'Cantor or Choir' and contains the lyrics 'Lord, have mer - cy.'; the second measure is labeled 'All' and contains the lyrics 'Lord, have mer - cy.'; the third measure is labeled 'Cantor or Choir' and contains the lyrics 'Christ, have mer - cy.' The second staff has three measures: the first measure is labeled 'All' and contains the lyrics 'Christ, have mer - cy.'; the second measure is labeled 'Cantor or Choir' and contains the lyrics 'Lord, have mer - cy.'; the third measure is labeled 'All' and contains the lyrics 'Lord, have mer - cy.' The music is written in a simple, melodic style with a key signature of one flat (B-flat) and a common time signature (C).

## The Collect of the Day

*Celebrant* The Lord be with you.

*People* ***And also with you.***

*Celebrant* Let us pray.

O God, whose glory it is always to have mercy: Be gracious to all who have gone astray from your ways, and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of your Word, Jesus Christ your Son; who with you and the Holy Spirit lives and reigns, one God, for ever and ever. ***Amen***

## A Reading from the Book of Genesis

### 12:1-4a

The Lord said to Abram, “Go from your country and your kindred and your father’s house to the land that I will show you. I will make of you a great nation, and I will bless you, and make your name great, so that you will be a blessing. I will bless those who bless you, and the one who curses you I will curse; and in you all the families of the earth shall be blessed.” So Abram went, as the Lord had told him; and Lot went with him.

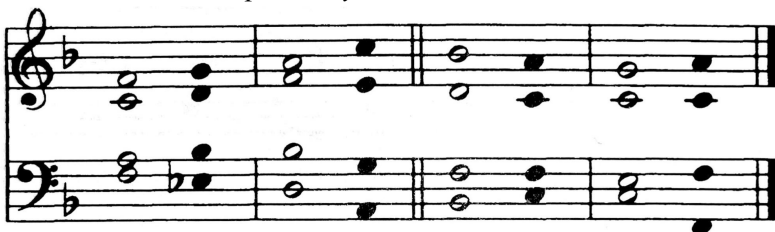
The Word of the Lord.

***People Thanks be to God.***

## Psalm 121

LEVAVI OCULOS

*This Psalm is read responsively at 8:30 and is chanted at 10:30.*



- 1 I lift up my eyes to the hills; \*  
from where is my help to come?
- 2 My help comes from the Lord, \*  
the maker of heaven and earth.
- 3 He will not let your foot be moved \*  
and he who watches over you will not fall asleep.
- 4 Behold, he who keeps watch over Israel \*  
shall neither slumber nor sleep;
- 5 The Lord himself watches over you; \*  
the Lord is your shade at your right hand,
- 6 So that the sun shall not strike you by day, \*  
nor the moon by night.
- 7 The Lord shall preserve you from all evil; \*  
it is he who shall keep you safe.
- 8 The Lord shall watch over your going out and your coming in, \*  
from this time forth for evermore.

## **A Reading from Paul's Letter to the Romans**

### **4:1-5, 13-17**

What then are we to say was gained by Abraham, our ancestor according to the flesh? For if Abraham was justified by works, he has something to boast about, but not before God. For what does the scripture say? "Abraham believed God, and it was reckoned to him as righteousness." Now to one who works, wages are not reckoned as a gift but as something due. But to one who without works trusts him who justifies the ungodly, such faith is reckoned as righteousness. For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation. For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, "I have made you the father of many nations")—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist.

The Word of the Lord.

*People    Thanks be to God.*

**\*Hymn 691**

*My Faith Looks Up to Thee*

OLIVET

## **The Holy Gospel**

The Holy Gospel of our Lord Jesus Christ according to John.

*Glory to you, Lord Christ.*

### **John 3:1-17**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, "Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God." Jesus answered him, "Very truly, I tell you, no one can see the kingdom of God without being born from above." Nicodemus said to him, "How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?" Jesus answered, "Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, 'You must be born from above.' The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit." Nicodemus said to him, "How can these things be?" Jesus answered him, "Are you a teacher of Israel, and yet you do not understand these things? "Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. "For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish

but may have eternal life. “Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

*Celebrant* The Gospel of the Lord.

*People* *Praise to you, Lord Christ.*

## **Homily**

### **\*Nicene Creed**

*We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.  
We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from Light,  
true God from true God, begotten, not made, of one Being with the Father.  
Through him all things were made.*

*For us and for our salvation he came down from heaven:  
by the power of the Holy Spirit he became incarnate from the Virgin Mary,  
and was made man.*

*For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried. On the third day he rose again  
in accordance with the Scriptures; he ascended into heaven  
and is seated at the right hand of the Father.*

*He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.*

*With the Father and the Son he is worshiped and glorified.*

*He has spoken through the Prophets.*

*We believe in one holy catholic and apostolic Church.*

*We acknowledge one baptism for the forgiveness of sins.*

*We look for the resurrection of the dead, and the life of the world to come. Amen.*

### **\*Prayers of the People Form III**

**BCP 387**

Father/Mother, we pray for your holy Catholic Church;

*That we all may be one.*

Grant that every member of the Church may truly and humbly serve you;

*That your Name may be glorified by all people.*

We pray silently for all bishops, priests and deacons, and especially our partners in ministry: Rob our Bishop; Michael, our Presiding Bishop; Justin, Archbishop of Canterbury; Pope Francis in Rome; Bartholomew, I, the Ecumenical Patriarch of Constantinople; The Episcopal Church; Keith and the people of Emmanuel Lutheran; St. Peters, Sunbury; St. Christopher's, Elizabethtown.

*That they may be faithful ministers of your Word and Sacraments.*

We pray for all who govern and hold authority in the nations of the world;

*That there may be justice and peace on the earth.*

Give us grace to do your will in all that we undertake;  
***That our works may find favor in your sight.***

Have compassion on those who suffer from any grief or trouble;  
***That they may be delivered from their distress.***

Give to the departed eternal rest;  
***Let light perpetual shine upon them.***

We praise you for your saints who have entered into joy;  
***May we also come to share in your heavenly kingdom.***

Let us pray for our own needs and those of others, especially Carole, Carol and Norman; Mike and family, Paul, Mary Anne, Deborah and Reid, Karen and Kenny, Jim, Ellie, Tom and Sharon, Mary, John, Elsie, Madison, Carol, Arthur and family, David, Curt, Oli and family, Gary, and any who cannot be with us today.

We also pray silently for those with ongoing concerns: Nathan, Kaitlin and family; Perry and Kaye, Michael, Nancy P., Gwen, Paul, Carol, Marcia, Mike, Karen, Moira, Christy, Fiji, Val, Geody, George, Christopher, Bill, Fred, Glen, Dick, Anthony, Paul and family; Jack, Grace, and Claire; Meg; Pat and Tom.

We give thanks for those celebrating birthdays, including Suzy Rich, Lynleigh Blanchard, Rob Bachman, Robert Davenport, and Connie Dillingham.

We also give thanks for those celebrating a new year of life together, including Nancy Burnett and Dale Draper (10 years!).

*Celebrant:* Almighty God, to whom our needs are known before we ask: Help us to ask only what accords with your will; and those good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son Jesus Christ our Lord. ***Amen.***

**\*Confession**            Let us confess our sins to God.

*Silence may be kept.*

***Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.***

**\*Absolution**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. ***Amen.***

**\*The Peace**            *Celebrant*            The Peace of the Lord be always with you.  
                                 *People*                ***And also with you.***

## The Holy Communion

### Offertory

**Hymn 325 (8:30)**

*Let Us Break Bread Together*

LET US BREAK BREAD

**Anthem (10:30)**

*I Will Lift Up Mine Eyes*

Leo Sowerby  
(1895-1968)

### \*Presentation of the Offering

*Celebrant All things come of thee, O Lord,*

*People and of thine own have we given thee.*

*(1 Chronicles 29:14)*

### \*The Great Thanksgiving

*Eucharistic Prayer A*

**BCP 361**

*Celebrant* The Lord be with you.

*People* ***And also with you.***

*Celebrant* Lift up your hearts.

*People* ***We lift them to the Lord.***

*Celebrant* Let us give thanks to the Lord our God.

*People* ***It is right to give our thanks and praise.***

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

Ho - ly, ho - ly, ho - ly Lord, God of power and  
might, Ho - ly, ho - ly, ho - ly Lord,

*Continued on next page*

God of power and might, hea - ven and earth are  
full, full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na  
in the high - est. Bless - ed is he who comes  
in the name of the Lord. Ho - san - na  
in the high - est. Ho - san - na in the high - est.

*The people stand or kneel.*

Holy and gracious Father/Mother: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father/Mother of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

***Christ has died.***

***Christ is risen.***

***Christ will come again.***

We celebrate the memorial of our redemption, O Father/Mother, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and forever.

***Amen.***

And now, as our Savior Christ has taught us, we now pray,

## **The Lord's Prayer**

BCP 364

***Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in heaven.***

***Give us this day our daily bread.***

***And forgive us our trespasses, as we forgive those who trespass against us.***

***And lead us not into temptation, but deliver us from evil.***

***For thine is the kingdom and the power, and the glory, for ever and ever. Amen.***

## **\*Fraction Anthems (8:30)**

Christ our Passover is sacrificed for us; ***Therefore let us keep the feast.***

Lamb of God, you take away the sins of the world: ***have mercy on us.***

Lamb of God, you take away the sins of the world: ***have mercy on us.***

Lamb of God, you take away the sins of the world: ***grant us your peace.***



## \*Fraction Anthem (10:30)

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

The Gifts of God for the People of God.

Take them in remembrance that Christ died  
for you, and feed on him in your hearts by faith, with thanksgiving.

*This is the Lord's Table. We welcome all who know or seek to know Christ and who wish to receive communion. **Those who wish to drink from the wine chalice are asked to line up first in the center aisle for communion. The choir will also come forward.** We invite all other worshipers to come forward at an usher's direction to the front of the altar to receive communion. When approaching the bread server, please extend arms, palms open. The server will place a bread wafer into the palm of the worshiper's hand. You may directly drink from a chalice, or from an individual wine glass which can also be used to dip bread into wine. Please alert an usher if you need communion brought to you.*

## Communion Hymn

Refrain: And I will raise you up on eagle's wings,  
Bear you on the breath of dawn,  
Make you to shine like the sun,  
And hold you in the palm of my hand.

## Post Communion Prayer

*Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.*

## Blessing

Keep this your family, Lord, with your never-failing mercy, that relying solely on the help of your heavenly grace, they may be upheld by your divine protection; through Christ our Lord. *Amen.*

## \*Hymn 637

*The Soul That to Jesus Hath Fled*

LYONS

## The Dismissal

*Officiant* Life is short, and we do not have much time to gladden the hearts of those who travel with us;

*People* ***So be swift to love and make haste to be kind.***

*Officiant* Go in peace to love and serve the Lord.

*People* ***Thanks be to God.***

## Postlude



## Those Who Serve

*The Rev. Cindy Simpson, Celebrant*

*Steve Blackstock, Organist and Choirmaster*

Vestry Person of the Day: Karen Murrill

Welcoming Coordinator: Sally Myers

Altar Guild: Etta Lanuti

Flower Guild: Deb Hunton

Counters: Colleen Sargent and Tess Judge

### 8:30 a.m.

Greeter: Etta Lanuti

Usher: Sandy Feyrer

LEM: Bob Riche

Lector: Deborah Beddingfield

Coffee Hour: Susan Lang

### 10:30 a.m.

Greeter: Rob Holmes

Ushers: Lloyd and Linda Brinson

LEM: Charles Coppage

Lector: Jack Myers

Acolyte: Hillary Simpson

Wine Server: Judi Smith

Coffee Hour: Jane Williams

FaceBook Hosts: Karen and Kenny Murrill

Nursery: Natalie Simpson and Tess Judge

Godly Play: Ann McDowell and Suzy Rich

## Announcements

***Godly Play continues today at 10:30AM for children from age 4 through 5th grade.***

Join us for storytelling, wondering questions and creative responses, in classroom 5 (admin. bldg).

***Adult Bible Study continues today at 9:30AM*** in the Conference Room (admin bldg).

***After Dark at All Saints concluded its season in fine fashion!*** Our parish gives thanks to the coordinator Steve Hotchkiss and to all who made the registration process and the classes so delightful. Over 650 people registered for classes.

***Racial and Interracial Experiences*** - Please join Wayne Barry, Spottswood Graves, and Lloyd Brinson on **Tuesday, March 7th, at 7 PM in the Conference Room** (admin.bldg) as they help us develop comfort in talking about race and our interracial experiences. This is a follow-up session to the All Saints After Dark course that was offered on “Reconstruction, Jim Crow, and Me.” Please consider joining us!

***You are cordially invited to Soup and Salad*** by the Adult Education and Spirituality Committee on **March 8th, 15th, and 22nd (Wednesdays) from 6PM-8PM**. While fully engaged in the Lenten disciplines of prayer, fasting, and almsgiving, we will share a very simple meal and view selections from the highly-acclaimed TV series “The Chosen” to see how our discipleship and appreciation for the mystery of God-in-Jesus might be enhanced. A sign-up sheet is posted in the narthex.

***The Flower Guild*** will meet to plan for Easter on **Thursday, March 9th at 4:30PM** in the sanctuary. New members are welcome and no experience is necessary. Contact Joan Smalley at [artnmore@verizon.net](mailto:artnmore@verizon.net) for more information.

***Hear Ye, Hear Ye! Fundraiser invitation to support our school and others.*** Heron Pond Montessori School is having a pancake fundraiser on **April 6, 2023** for all campuses, which includes: The All Saints School campus, the Unitarian campus, and the Secondary Campus. The Pancake Fundraiser benefits our Teacher Fund, which supports our teachers attending seminars and conferences for their professional development during the school year. All teachers at The All Saints School will be selling tickets starting **March 13th** at \$10 each, which includes coffee, tea, and coke products. Please mark your calendars for **April 6th, 2023 from 5:30PM - 7:30PM at Stack ‘Em High Restaurant at MP 4.5**. Hopefully we can support our school & its teachers with a delicious meal to enjoy!

***Food For Thought - Needs Volunteers:*** Food for Thought is off to a great start! We meet at the warehouse across from the Roanoke Island Aquarium at **10:00AM on Thursdays**. All Saints volunteers are needed for **March 16th and March 29th**. See Bob Baldwin or check the sign up notebook in the Narthex for more information.

***All Saints’ Book Club*** always welcomes new friends to join! Colleen and Mary are the co-administrators, also humorously known as Partners in Bookish Crimes. The Club’s next meeting is on **March 20th, 2023 at 2PM in the Choir Room** and the book of choice is Broken Harbour by Irish writer, Tana French. Please reach out to Colleen or Mary if you are interested.

***Coffee hour hosts for the 10:30AM service are needed.*** Please add your name to the signup sheet in the Narthex. For more information please contact Sally Myers at 207-1074. Thanks for your help!



## *Worship Services*

**Sunday, March 5th - Second Sunday of Lent      8:30AM and 10:30AM**

**Sunday, March 12th - Third Sunday of Lent      8:30AM and 10:30AM**

**Sunday, March 19th - Fourth Sunday of Lent      8:30AM and 10:30AM**

**Sunday, March 26th - Fifth Sunday of Lent      8:30AM and 10:30AM**



***Wednesday, March 8th - Lenten Soup, Salad, and "The Chosen"      6PM-8PM***

***Wednesday, March 15th - Lenten Soup, Salad, and "The Chosen"      6PM-8PM***

***Wednesday, March 22nd - Lenten Soup, Salad, and "The Chosen"      6PM-8PM***

***All are welcome!***

***All Saints' Episcopal Church***

***All are welcome here***

***40 Pintail Trail, Southern Shores, NC 27949      Phone: 252-261-6674***

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***The Rev. Cynthia Simpson, Rector - [rector@allsaintsobx.org](mailto:rector@allsaintsobx.org)***

