



Jag Weekly Athletics Week of March 3rd – 7th

Announcements:

- As the winter season wraps up, please return washed uniforms to Coach Wilson.
- Spring sports and cheerleading pictures will be taken on March 5th. Please use the link below to order pictures. More information will come out this week. [Salisbury Academy Spring Sports 2025](#)
- Spring sports practice schedules:
 - ❖ Flag Football: Mondays/Wednesdays 4:00 – 5:30
 - ❖ MS/US Boys Tennis: Mondays/Thursdays 3:45 – 5:15 @ CCS
 - ❖ US Tennis: Wednesdays 3:45 – 5:15 @ Salisbury City Park
 - ❖ Girls Soccer: Tuesdays/Thursdays 3:30 – 5:00
 - ❖ MS Track: Mondays/Wednesdays 3:15 – 4:15
 - ❖ LS Track: Mondays 3:15 – 4:15 (Starts March 3rd)
 - ❖ Kindergarten Track: Mondays 3:15 – 4:15 (Starts March 24th)

This Week at SA:

Monday, March 3

- MS/LS track practice 3:15 – 4:15
- MS/US tennis practice 3:45 – 5:15 @ CCS
- Flag football practice 4:00 – 5:30

Tuesday, March 4

- Girls soccer practice 3:30 – 5:00
- Golf practice/qualifying @ The Warrior Golf Club 4:00
 - Carpool
 - Golfers will be dismissed from class at 2:30

Wednesday, March 5

- US/MS track practice 3:15 – 4:15
- US tennis practice 3:45 – 5:15 @ CCS
- Flag football practice 4:00 – 5:30

Thursday, March 6

- MS/US tennis practice 3:45 – 5:15 @ CCS
- **Girls Soccer Game @ Summit School 4:15**
 - Carpool
 - Address: 2100 Reynolda Rd., Winston-Salem, NC, 27127
 - Athletes will be dismissed from class at 2:20
 - White uniforms

Friday, March 7 – No Athletics