

February 4, 2018

Middle School Matters



Schedule Updates

Tues., Feb. 6: Western Intermediate Non-Public District Spelling Bee, 6:30 p.m.

Thurs., Feb. 8: Devorah Heitner presentation, 6:30 p.m.

Friday, Feb. 9:
Booster Club Pizza Lunch
PSA Dress-Down Day

Tues., Feb. 13:
Grades 6, 7, and 8 to see **Julius Caesar** at the Norvell Theater (dress uniform, buses leave at 8:05 a.m.)

Wed., Feb. 14:
Valentine's Day Social (6th grade families hosting)
Family Night

Friday, Feb. 16:
Snow makeup day
Grades 6, 7, and 8 to Landtrust tree planting event (everyday uniform, bag lunch)

Leopold Society Event

What: Hardwood tree planting event

When: Friday, Feb. 16

Why: Partnership with the Landtrust for Central NC's Leopold Society

Details:

- Students will leave after math and language arts classes.
- Everyday uniform
- Brown bag lunch

Teacher Help Days

Teacher help days will run from 3:15 to 4 p.m.

Wednesday: Mrs. Anderson, Mrs. Goodman, Mrs. Current

Thursday: Mrs. Coulter, Mrs. Hattaway, and Mrs. Overcash

MS Matters at Home: Empowering Your Child to Stand Up for Themselves

In a recent blog post, *Screenwise* author (and Salisbury Academy guest speaker on Feb. 8) Devorah Heitner recommends the following tips for teaching your child to be a good citizen online:

1. Arm your child with statements that they can use with friends to help them stand on their own.
 - a. "Please don't text me after 9 pm or I'll get in trouble."
 - b. "I have to set my status to do not disturb while I'm doing my homework, so you won't see me in the group text/game/ on Snapchat, etc."
 - c. "Dude, that's not even funny."
2. Help them to set up boundaries with their friends on social media.
 - a. When you send me 20 texts in a row, I don't respond any quicker.
 - b. I'm taking a break from that app. Not my thing.

You can read the post here: <https://www.raisingdigitalnatives.com/empowering-kids-to-stand-up-for-themselves/>



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