



## **Jag Weekly Athletics** **Week of November 4<sup>th</sup>-8<sup>th</sup>**

### **Announcements:**

- **Winter practice schedules:** The schedules could change based on the game schedule and gym availability. Please check Jag Weekly for updated practice schedule.
    - **JV Girls Basketball M/Tu/Th 3:30 – 5:00**
    - **JV Boys Basketball M/Tu/Th 4:30 – 6:00**
    - **Varsity Girls Basketball M/Tu/Th 5:30 – 7:00**
    - **Varsity Boys Basketball M/Tu/Th 6:30 – 8:00**
    - **Cheerleading M/W 3:00 – 5:00**
    - **Swim M/W 6:15 – 7:30**
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### **This Week at SA:**

#### **Monday, November 4**

- Cheerleading practice 3:00 – 5:00 (pick-up at Gloria Dei Fellowship Hall)
- JV girls basketball practice 3:30 – 5:00
- JV boys basketball practice 4:30 – 6:00
- Varsity girls basketball practice 5:30 – 7:00
- Swim practice 6:15 – 7:30
  - There will be a brief parent meeting at the beginning of practice.
- Varsity boys basketball practice 6:30 – 8:00

#### **Tuesday, November 5**

- JV girls basketball practice 3:30 – 5:00
- JV boys basketball practice 4:30 – 6:00
- Varsity girls basketball practice 5:30 – 7:00
- Varsity boys basketball practice 6:30 – 8:00

#### **Wednesday, November 6**

- Cheerleading practice 3:00 – 5:00 (pick-up at Gloria Dei Fellowship Hall)
- JV girls basketball practice 3:30 – 5:00
- JV boys basketball practice 4:30 – 6:00
- Varsity girls basketball practice 5:30 – 7:00
- Swim practice 6:15 – 7:30
- Varsity boys basketball practice 6:30 – 8:00

#### **Thursday, November 7**

- JV girls basketball practice 3:30 – 5:00
- JV boys basketball practice 4:30 – 6:00
- Varsity girls basketball practice 5:30 – 7:00
- Varsity boys basketball practice 6:30 – 8:00

#### **Friday, November 8 – No Athletics**