



## Jag Weekly Athletics Week of November 4<sup>th</sup>-8<sup>th</sup>

### Announcements:

- Winter practice schedules: The schedules could change based on the game schedule and gym availability. Please check Jag Weekly for updated practice schedule.
  - JV Girls Basketball M/Tu/Th 3:30 – 5:00
  - JV Boys Basketball M/Tu/Th 4:30 – 6:00
  - Varsity Girls Basketball M/Tu/Th 5:30 – 7:00
  - Varsity Boys Basketball M/Tu/Th 6:30 – 8:00
  - Cheerleading M/W 3:00 – 5:00
  - Swim M/W 6:15 – 7:30

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### This Week at SA:

#### Monday, November 4

- Cheerleading practice 3:00 – 5:00 (pick-up at Gloria Dei Fellowship Hall)
- JV girls basketball practice 3:30 – 5:00
- JV boys basketball practice 4:30 – 6:00
- Varsity girls basketball practice 5:30 – 7:00
- Swim practice 6:15 – 7:30
  - There will be a brief parent meeting at the beginning of practice.
- Varsity boys basketball practice 6:30 – 8:00

#### Tuesday, November 5

- JV girls basketball practice 3:30 – 5:00
- JV boys basketball practice 4:30 – 6:00
- Varsity girls basketball practice 5:30 – 7:00
- Varsity boys basketball practice 6:30 – 8:00

#### Wednesday, November 6

- Cheerleading practice 3:00 – 5:00 (pick-up at Gloria Dei Fellowship Hall)
- JV girls basketball practice 3:30 – 5:00
- JV boys basketball practice 4:30 – 6:00
- Varsity girls basketball practice 5:30 – 7:00
- Swim practice 6:15 – 7:30
- Varsity boys basketball practice 6:30 – 8:00

#### Thursday, November 7

- JV girls basketball practice 3:30 – 5:00
- JV boys basketball practice 4:30 – 6:00
- Varsity girls basketball practice 5:30 – 7:00
- Varsity boys basketball practice 6:30 – 8:00

#### Friday, November 8 – No Athletics