

Middle School Matters



Schedule Updates

Monday, Sept. 3: Labor Day, no school for students or teachers

Tuesday, Sept. 11

Middle School Back to School Night, 6-8 p.m. (parents and students)

Friday, Sept. 14:

PSA Dress Down Day (\$2 and a can of food)
Booster Club Pizza (sign-up required)

Wednesday, Sept. 19: Fall Picture Day (dress uniform)

Thursday, Sept. 20: Middle School Fall Overnight to Camp Hanes

Friday, Sept. 21: Middle School Fall Overnight to Camp Hanes

Teacher Help Days

Monday - Mrs. Current, Mrs. Overcash

Wednesday - Mrs. Goodman, Mrs. Starrett

Thursday - Mrs. Hattaway, Mrs. Coulter

Spring Overnight Trips

Planning for our spring overnight trips has begun! The dates are 4/24-4/26. Please email jgoodman@salisburyacademy.org if you would be interested in chaperoning. Space for chaperones is limited.

Fall Overnight to Camp Hanes!

Middle School students and teachers will travel to Camp Hanes on Sept. 20 and return on Sept. 21. No parent chaperones are needed. Stay tuned for more information via email.

Parent Drivers Needed

Joining in on field trips is not just for the littles! From time to time, the Middle School needs parent drivers to take students on field trips. Please email Shannon McCoy smccoy@salisburyacademy.org if you are willing to be on our list of parent drivers for MS.

MS Matters at Home

A recent Pew Research Study shows that about 50% of teens feel that they spend too much time on screens/cell phones and try to limit their time. This survey is a great talking point to start tech conversations at home. Here are some ideas to start the conversation:

- Ask your child to predict the results of the survey and then discuss the results. Have they considered their screen use?
- Brainstorm ways that teens can create limits for themselves. Examples: setting timers for certain apps, removing the phone from the bedroom, start a new hobby.
- Describe ways that you try to limit your screen time rather than demanding that they limit theirs.
- Discuss all of the important things that you can get accomplished when you are not on your phone.

