



# UPPER SCHOOL

FEBRUARY 2025



Upper School swim team members competed at the meet on January 24.

## CAMPUS VISITS

We believe students can make better college decisions when they have had exposure to a variety of college campuses.

In the fall, Upper School students visited Duke and Chapel Hill. This month we will visit NC State (Feb. 26) and Wake Forest (Feb. 9).

Our February campus tours include Q&A sessions with current students, a walk around the campus, and highlights of important programs the college offers.

After each visit, we will take time in Compass class to discuss what we saw and compare the college's attributes to each students' "good college fit" profile.

## EXPERIENTIAL LEARNING

A hallmark of Salisbury Academy's instructional design is the consistent and integrated experiential learning opportunities. But what exactly is experiential learning?

**Experiential learning is the process of learning by doing where theories and knowledge are directly connected to real-world situations.** At the Upper School, our Downtown location puts us at the heart of the "real-world." Field trips, speakers, professional feedback on work, and projects solving community-based problems all support this experiential design.

Not only does experiential learning allow students to retain knowledge more effectively, but students are simultaneously developing interpersonal and professional "soft" skills along the way. Plus, it's simply more enjoyable!

In January alone, Upper School students met with County Commission Chair Greg Edds, Sheriff Travis Allen, Nutritionist Tanya Freirich, Artist Mark Stephenson, and Tracy Lee and Misty Goins from F&M. In January, students visited the Department of Social Services, Register of Deeds Office, Catawba's Health and Human Performance Department, and the NC Museum of Art.



# FEB 2025

MON	TUE	WED	THU	FRI
3	4	5 World Read Aloud Day Jr. Civitans Read @ St. John's CDC 10 – 11 am	6 Grades 9-11 Reynolda House Tour & Wake Forest Campus Visit 8 am – 4 pm	7
10	11 Parent Connect Zoom 8 am Topic: ACT/SAT	12	13 Shadow Day 8-12 Winter Social @ Woodleaf Lanes 12:30 – 2:30	14 SA Teacher Workday
17 SA No School	18	19 6 pm Service Above Self @ Catawba 24-25 Community class recognized	20	21
24	25	26 Grades 9-11 NCSU Chemistry Lab Tour & Campus Visit 8 am – 6 pm	27	28 National Honor Society Depot Street Clean Up 1:30 pm

## COLLEGE COUNSELING CORNER

Please join us on Zoom February 11 at 8 a.m. as Mrs. Doby presents important information about the ACT and SAT. Students take these tests in their 10th and 11th grade years on campus at the Upper School.

However, your student may choose to take these tests during other administrations for additional opportunities. Mrs. Doby will share important information about test structure, testing dates, and additional testing opportunities, as well as how parents can support students in their preparation for these assessments.

**The ACT is March 20 and the SAT is April 16.**