



Jag Weekly Athletics **Week of October 28th – November** **1st**

Announcements:

- **Winter practice schedules:** The schedules could change based on the game schedule and gym availability. Please check Jag Weekly for updated practice schedule.
 - **JV Girls Basketball M/Tu/Th 3:30 – 5:00**
 - **JV Boys Basketball M/Tu/Th 4:30 – 6:00**
 - **Varsity Girls Basketball M/Tu/Th 5:30 – 7:00**
 - **Varsity Boys Basketball M/Tu/Th 6:30 – 8:00**
 - **Cheerleading M/W 3:00 – 5:00 (Starts November 4th)**
 - **Swim M/W 6:15 – 7:30 (Starts November 4th)**
 - **As the fall sports season concludes, please return washed uniforms to Coach Wilson.**
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This Week at SA:

Monday, October 28

- JV girls basketball practice 3:30 – 5:00
- JV boys basketball practice 4:30 – 6:00
- Varsity girls basketball practice 5:30 – 7:00
- Varsity boys basketball practice 6:30 – 8:00

Tuesday, October 29

- JV girls basketball practice 3:30 – 5:00
- JV boys basketball practice 4:30 – 6:00
- Varsity girls basketball practice 5:30 – 7:00
- Varsity boys basketball practice 6:30 – 8:00

Wednesday, October 30

- JV girls basketball practice 3:30 – 5:00
- JV boys basketball practice 4:30 – 6:00
- Varsity girls basketball practice 5:30 – 7:00
- Varsity boys basketball practice 6:30 – 8:00

Thursday, October 31 – No Athletics

Friday, November 1 – No Athletics