



## Jag Weekly Athletics

### Week of October 28<sup>th</sup> – November 1<sup>st</sup>

#### Announcements:

- **Winter practice schedules:** The schedules could change based on the game schedule and gym availability. Please check Jag Weekly for updated practice schedule.
  - JV Girls Basketball M/Tu/Th 3:30 – 5:00
  - JV Boys Basketball M/Tu/Th 4:30 – 6:00
  - Varsity Girls Basketball M/Tu/Th 5:30 – 7:00
  - Varsity Boys Basketball M/Tu/Th 6:30 – 8:00
  - Cheerleading M/W 3:00 – 5:00 (Starts November 4<sup>th</sup>)
  - Swim M/W 6:15 – 7:30 (Starts November 4<sup>th</sup>)
- As the fall sports season concludes, please return washed uniforms to Coach Wilson.

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#### This Week at SA:

##### Monday, October 28

- JV girls basketball practice 3:30 – 5:00
- JV boys basketball practice 4:30 – 6:00
- Varsity girls basketball practice 5:30 – 7:00
- Varsity boys basketball practice 6:30 – 8:00

##### Tuesday, October 29

- JV girls basketball practice 3:30 – 5:00
- JV boys basketball practice 4:30 – 6:00
- Varsity girls basketball practice 5:30 – 7:00
- Varsity boys basketball practice 6:30 – 8:00

##### Wednesday, October 30

- JV girls basketball practice 3:30 – 5:00
- JV boys basketball practice 4:30 – 6:00
- Varsity girls basketball practice 5:30 – 7:00
- Varsity boys basketball practice 6:30 – 8:00

##### Thursday, October 31 – No Athletics

##### Friday, November 1 – No Athletics