

October 14, 2018

# Middle School Matters



## Schedule Updates

**Friday, Oct. 19: Grandpersons' Day** 10:30 a.m. (dress uniform, noon dismissal, no ASK offered)

**Tuesday, Oct. 23: Fifth grade to the Renaissance Festival** (everyday uniform, no lunch needed)

**Thursday, Oct. 25: First quarter ends**

**Friday, Oct. 26: Seventh grade to the Flamenco ballet** (dress uniform, no lunch needed)

**Wednesday, Oct. 31:**  
**Non-Uniform Day** (whole school)  
**Family Night**- no homework!  
**MS Halloween Social** (Eighth grade families hosting)

**Monday, Nov. 5: Report cards go home**

**Wednesday, Nov. 7: Middle School students to Horizons** in the morning

**Thursday, Nov. 8:**  
**Veterans' Day Chapel**, 9am  
**12:15pm dismissal for MS students**  
**Parent/teacher conferences** (by appointment)

**Friday, Nov. 9:**  
**No school for students**  
**Parent/teacher conferences** (by appointment)

## Teacher Help Days

Help sessions last until 4 p.m. unless otherwise noted.

**Monday - Mrs. Current, Mrs. Overcash**

**Wednesday - Mrs. Goodman, Mrs. Starrett**

**Thursday - Mrs. Hattaway, Mrs. Coulter**

## Parent/Teacher Conferences

First quarter conferences are approaching. This is a great opportunity to check in with your child's teachers, review their progress, and discuss the school year. Scheduling details will be sent via email this week.

## MS Matters at Home

10 Ways Moms Can Bond with Middle School Daughters  
From *Michelle in the Middle*

1. Develop a "Botox brow" for neutral facial expressions.
2. Give each other space.
3. Encourage your daughter to try new things on her journey to independence.
4. Maintain rituals and traditions. She will appreciate knowing there is stability with you.
5. Never talk about clothes in the heat of the moment.
6. Get a hobby as you ponder your own identity at this stage of life.
7. Negotiate and contract: Your daughter's need to negotiate is developmentally necessary to her brain development.
8. Become an assistant manager: help her manage a calendar, clean up her things, negotiate conflict, and stand up for herself.
9. Dust off the baby books. She will enjoy seeing these adorable pictures of herself when she is experiencing self-doubt.
10. Don't get involved in the friend stuff. Be a good sounding board and show her the power of being a good listener.

## Core Virtues

"Diligence" is our core virtue for the month of October. Throughout the month, Middle School students will discuss what diligence means and how to apply this trait in their own lives. To hear more, join us for Chapel on Thursday mornings at 9 a.m.! (Note: This week's chapel time will be reserved for practice for Grandpersons' Day. The next regular chapel will be Thursday, October 25)