



# ST. THOMAS EPISCOPAL CHURCH + SCHOOL

Worship | Study | Friendship | Compassion

June 21, 2026—10:00AM

¿ Quiere un boletín en español? Tenemos uno en nuestro vestíbulo.

If you are watching online, please fill out an online Connection Card by clicking the link in the comments. If you are in person, you can find a Connection Card in the church pews.

**Thank you to everyone who donated and volunteered at VBS! Your help let us teach the love of God in Christ to over 160 children.**

## Sermon Series

### Nothing to Prove: A Series in Romans

Most of us carry a quiet, exhausting belief that we're only as good as our last performance—at work, at home, even with God. In Romans, Paul makes one of the most surprising arguments in all of Scripture: that the whole earn-it, prove-it, maintain-it system has been dismantled. You've been made right. You were loved before you cleaned yourself up. And the freedom on the other side of that changes everything. Today is the final message in our series, *Nothing to Prove*. Missed a week? You can watch past messages on our YouTube channel: [youtube.com/c/tom1604](https://youtube.com/c/tom1604).

## Children's Summer Music Camp Begins Tomorrow!

June 22nd - June 25th, 9:00am - 12:00pm daily  
Kids will sing, play, and explore the joy of making music together at Children's Summer Music Camp! Throughout the week, they'll build confidence, teamwork, and a love for the arts in a fun, supportive environment.

As the camp begins tomorrow, please keep all participants, families, and volunteers in your prayers, asking God to bless their time together and fill every heart with joy, creativity, and community.

## Thanksgiving for Our Nation at 250

Sunday, July 5th, 10:00am

As we mark America's 250th anniversary, we'll worship as one congregation at 10:00am (no 8:00am that morning), with patriotic hymns, special music, and a sermon for the occasion. All are welcome — bring a friend!

## New Resources from Fr. Mike

### This Changes Everything:

#### How the Resurrection Reshapes Every Life

What difference does the Resurrection make in everyday life? In this series, Fr. Mike explores how Christ's victory over death transforms the way we live, hope, suffer, and follow Him today.

### Learning to Pray:

#### The Lord's Prayer as a Way of Life

How can the Lord's Prayer become more than words we recite and instead shape the way we live? In this series, Fr. Mike unpacks the prayer Jesus taught His disciples, revealing a practical and powerful path to a deeper relationship with God.

For a PDF copy of *This Changes Everything* or *Learning to Pray*, fill out a Connection Card located in the pews or email the Church Office at [stthomaschurch@tom1604.org](mailto:stthomaschurch@tom1604.org). To purchase a professionally formatted print or Kindle edition on Amazon, scan the QR code.



## Ice Cream After Church

I Scream, You Scream, We all Scream for Ice Cream! Join us every Sunday after church this summer for an ice cream under the sails.



# The Holy Eucharist, Rite II

## The Fourth Sunday after Pentecost

June 21, 2026 • 10:00 AM

**W**orship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. It is through encountering God within worship that we are formed and transformed as the people of God. One of the glories of the Episcopal Church is its liturgical worship. Liturgy refers to the patterns, forms, words, and actions through which public worship is conducted.

The people's responses are in **bold**.

This type of note, offering directions about the service is called a "rubric," which comes from the Latin word *rubrica* (red) referring to a time when these instructional notes were always written in red.

Today's altar flowers are given to the glory of God in thanksgiving for  
Wayne & Jill Stoeber's 57th Wedding Anniversary.

## THE ENTRANCE RITE

### THE VOLUNTARY

Dan Locklair (b. 1949)

*Windows of Comfort*: ...the heavens were opened..." [Baptism Dance]

Louis Comfort Tiffany (1848-1933), the American stained-glass artist, created ten windows for the First Presbyterian Church of Topeka, Kansas based on biblical stories. These windows have served as extra-musical stimuli for *Windows of Comfort*, a collection of organ pieces composed by Dan Locklair.

Today's prelude, "...the heavens were opened..." [Baptism Dance], is inspired by Tiffany's window depicting Christ's Baptism. The radiant first part of this movement seeks to depict, through the spirit of energetic dance, the image of Christ going "...up straightway out of the water, and lo, the heavens were opened unto Him". Finally, the piece concludes with a still and serene section symbolizing "the spirit of God descending like a dove, and lighting upon Him."

I was inspired to play this piece today because of our New Testament reading from Paul's letter to the Romans.

"Therefore, we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life. For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his."

As I play the piece, I encourage you to reflect on this reading (which can be found in your bulletin), our Baptismal covenant (BCP 416), and the cost of discipleship: Christ's call to take up your cross and follow him (Matthew 10:38).

-Ryan Becker, Minister of Music



## THE WELCOME AND ANNOUNCEMENTS

### THE HYMN • 296

Engelberg

We know that Christ is raised and dies no more.\_\_\_\_\_  
We share by wa - ter in his sav - ing death.\_\_\_\_\_  
The Fa - ther's splen - dor clothes the Son with life.\_\_\_\_\_  
A new cre - a - tion comes to life and grows\_\_\_\_\_

Em - braced by death he broke its fear - ful hold;\_\_\_\_\_  
Re - born we share with him an Eas - ter life\_\_\_\_\_

The Spi - rit's pow - er shakes the Church of God.\_\_\_\_\_  
as Christ's new bo - dy takes on flesh and blood.\_\_\_\_\_

and our de - spair he turned to blaz - ing joy.\_\_\_\_\_  
as liv - ing mem - bers of a liv - ing Christ. Al - le -  
Bap - tized we live with God the Three in One.\_\_\_\_\_  
The u - ni - verse re - stored and whole will sing:\_\_\_\_\_

*Final Ending*

lu - ia! — Al - le - lu - ia! A - men.

### THE OPENING ACCLAMATION

BOOK OF COMMON PRAYER 355

Blessed be God: Father, Son, and Holy Spirit.  
And blessed be his kingdom, now and for ever. Amen.

### THE COLLECT FOR PURITY

*The collect is the prayer appointed for each Sunday that "collects" or captures the theme of the day or season of the Church year. It summarizes the attributes of God as revealed in the scriptures for the day.*

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

THE GLORIA • S 280

Robert Powell

*The ordinary of the mass employs texts that remain the same for every mass. In the Latin mass the Kyrie, Gloria, Credo, Sanctus and Benedictus, and the Agnus dei are the five parts of the mass that remain the same every week.*

1. Glo - ry to God in the high - est, and  
 peace to his peo - ple on earth. 2. Lord God, heaven - ly  
 King, al - mighty God and Fa - ther, we wor - ship you, we  
 give you thanks, we praise you for your glo - ry. 3. Lord Je - sus  
 Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you  
 take a - way the sin of the world: have mer - cy  
 on us; 5. you are seat - ed at the right hand of the Fa - ther: re -  
 ceive our prayer. 6. For you a - lone are the Ho - ly One,  
 you a - lone are the Lord, 7. you a - lone are the Most  
 High, Je - sus Christ, with the Ho - ly Spi - rit, in the  
 glo - ry of God the Fa - ther. A - men.

## THE WORD OF GOD

*The proper of the mass are the scriptural texts that change with the liturgical calendar. The collect, lessons, psalm, Gospel and preface to the communion liturgy are proper. Our lessons come from a prescribed cycle of readings called the lectionary. The lectionary consists of a three year cycle: Year. Each year we retell the story from Advent through Pentecost.*

### THE COLLECT OF THE DAY

*The collect is the prayer appointed for each Sunday that “collects” or captures the theme of the day or season of the Church year. It summarizes the attributes of God as revealed in the scriptures for the day.*

The Lord be with you.

**And also with you.**

Let us pray.

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

### THE CHILDREN’S SERMON

*We invite your child to join our Children’s Church program this morning! Children ages 3 through 5th grade are invited to come up for the children’s sermon and then follow our Children’s Church Leader, to a classroom down the hallway in our education wing. After the exchange of the peace, children are ushered back to their seats.*

### THE FIRST READING

Genesis 21:8-21

*This reading is typically from the Old Testament (Hebrew Scriptures) which Jesus knew and from which he often referred or quoted.*

<sup>8</sup>The child grew and was weaned, and Abraham made a great feast on the day that Isaac was weaned. <sup>9</sup>But Sarah saw the son of Hagar the Egyptian, whom she had borne to Abraham, playing with her son Isaac. <sup>10</sup>So she said to Abraham, “Cast out this slave woman with her son, for the son of this slave woman shall not inherit along with my son Isaac.” <sup>11</sup>The matter was very distressing to Abraham on account of his son.

<sup>12</sup>But God said to Abraham, “Do not be distressed because of the boy and because of your slave woman; whatever Sarah says to you, do as she tells you, for it is through Isaac that offspring shall be named for you. <sup>13</sup>As for the son of the slave woman, I will make a nation of him also, because he is your offspring.” <sup>14</sup>So Abraham rose early in the morning and took bread and a skin of water and gave it to Hagar, putting it on her shoulder, along with the child, and sent her away. And she departed and wandered about in the wilderness of Beer-sheba.

<sup>15</sup>When the water in the skin was gone, she cast the child under one of the bushes. <sup>16</sup>Then she went and sat down opposite him a good way off, about the distance of a bowshot, for she said, “Do not let me look on the death of the child.” And as she sat opposite him, she lifted up her voice and wept. <sup>17</sup>And God heard the voice of the boy, and the angel of God called to Hagar from heaven and said to her, “What troubles you, Hagar? Do not be afraid, for God has heard the voice of the boy where he is.

<sup>18</sup> Come, lift up the boy and hold him fast with your hand, for I will make a great nation of him.” <sup>19</sup> Then God opened her eyes, and she saw a well of water. She went and filled the skin with water and gave the boy a drink.

<sup>20</sup> God was with the boy, and he grew up; he lived in the wilderness and became an expert with the bow. <sup>21</sup> He lived in the wilderness of Paran, and his mother got a wife for him from the land of Egypt.

The Word of the Lord.

**Thanks be to God.**

**PSALM 86:1-10, 16-17** *Spoken responsively by full verse*

*Inclina, Domine*

*The psalms are sung prayers that cover every mood of humanity's relationship with God and one another. The psalm is a response to hearing the Old Testament lesson and usually it relates to the themes heard in the lesson.*

1 Bow down your ear, O LORD, and answer me, \*  
for I am poor and in misery.

**2 Keep watch over my life, for I am faithful; \*  
save your servant who puts his trust in you.**

3 Be merciful to me, O LORD, for you are my God; \*  
I call upon you all the day long.

**4 Gladden the soul of your servant, \*  
for to you, O LORD, I lift up my soul.**

5 For you, O LORD, are good and forgiving, \*  
and great is your love toward all who call upon you.

**6 Give ear, O LORD, to my prayer, \*  
and attend to the voice of my supplications.**

7 In the time of my trouble I will call upon you, \*  
for you will answer me.

**8 Among the gods there is none like you, O LORD, \*  
nor anything like your works.**

9 All nations you have made will come and worship you, O LORD, \*  
and glorify your Name.

**10 For you are great;  
you do wondrous things; \*  
and you alone are God.**

16 Turn to me and have mercy upon me; \*  
give your strength to your servant;  
and save the child of your handmaid.

**17 Show me a sign of your favor,  
so that those who hate me may see it and be ashamed; \*  
because you, O LORD, have helped me and comforted me.**

## THE EPISTLE

Romans 6:1b-11

*This reading from the New Testament is typically from a letter (epistle) from Paul to the early Church, the Acts of the Apostles, or the Revelation to John.*

<sup>1</sup> Should we continue in sin in order that grace may increase? <sup>2</sup> By no means! How can we who died to sin go on living in it? <sup>3</sup> Do you not know that all of us who were baptized into Christ Jesus were baptized into his death? <sup>4</sup> Therefore we were buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we also might walk in newness of life.

<sup>5</sup> For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. <sup>6</sup> We know that our old self was crucified with him so that the body of sin might be destroyed, so we might no longer be enslaved to sin. <sup>7</sup> For whoever has died is freed from sin. <sup>8</sup> But if we died with Christ, we believe that we will also live with him. <sup>9</sup> We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. <sup>10</sup> The death he died, he died to sin once for all, but the life he lives, he lives to God. <sup>11</sup> So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

The Word of the Lord.

Thanks be to God.

## THE HYMN • 675

*Bourbon*



1 Take up your cross, the Sa - vior said, if  
2 Take up your cross, let not its weight fill  
3 Take up your cross, heed not the shame, and  
4 Take up your cross, then, in his strength, and  
5 Take up your cross, and fol - low Christ, nor



1 you would my dis - ci - ple be; take up your cross with  
2 your weak spi - rit with a - larm; his strength shall bear your  
3 let your fool - ish heart be still; the Lord for you ac -  
4 calm - ly ev - ery dan - ger brave: it guides you to a -  
5 think till death to lay it down; for on - ly those who



1 will - ing heart, and hum - bly fol - low af - ter me.  
2 spi - rit up, and brace your heart, and nerve your arm.  
3 cept - ed death up - on a cross, on Cal - vary's hill.  
4 bun - dant life and leads to vic - tory o'er the grave.  
5 bear the cross may hope to wear the glo - rious crown.

Words: Charles William Everest (1814-1877), alt. Music: *Bourbon*, melody att. Freeman Lewis (1780-1859); harm. John Leon Hooker (b. 1944).

## THE HOLY GOSPEL

Matthew 10:24-39

*This reading is taken from one of the four Gospels, Matthew, Mark, Luke and John, which depict the life, teachings, death, resurrection, and ascension of our Lord Jesus Christ. The Gospel is the summit of the Liturgy of the Word and means “good news” and specifically the good news of Jesus. We stand for the Gospel reading to show respect for the particular importance of Jesus’ words and actions.*

The Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, Lord Christ.**

<sup>24</sup> “A disciple is not above the teacher nor a slave above the master; <sup>25</sup> it is enough for the disciple to be like the teacher and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

<sup>26</sup> “So have no fear of them, for nothing is covered up that will not be uncovered and nothing secret that will not become known. <sup>27</sup> What I say to you in the dark, tell in the light, and what you hear whispered, proclaim from the housetops. <sup>28</sup> Do not fear those who kill the body but cannot kill the soul; rather, fear the one who can destroy both soul and body in hell. <sup>29</sup> Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. <sup>30</sup> And even the hairs of your head are all counted. <sup>31</sup> So do not be afraid; you are of more value than many sparrows.

<sup>32</sup> “Everyone, therefore, who acknowledges me before others, I also will acknowledge before my Father in heaven, <sup>33</sup> but whoever denies me before others, I also will deny before my Father in heaven.

<sup>4</sup> “Do not think that I have come to bring peace to the earth; I have not come to bring peace but a sword.

<sup>35</sup> For I have come to set a man against his father,  
and a daughter against her mother,  
and a daughter-in-law against her mother-in-law,

<sup>36</sup> and one’s foes will be members of one’s own household.

<sup>37</sup> “Whoever loves father or mother more than me is not worthy of me, and whoever loves son or daughter more than me is not worthy of me, <sup>38</sup> and whoever does not take up the cross and follow me is not worthy of me. <sup>39</sup> Those who find their life will lose it, and those who lose their life for my sake will find it.

The Gospel of the Lord.

**Praise to you, Lord Christ.**

## THE SERMON

The Rev. Mike Michie

*The sermon directly follows the Gospel because it illuminates the scriptural readings and relates them to daily life.*

*The word “creed” comes from the Latin word “credo” which means I believe. First formulated at the Council of Nicaea in 325 AD and confirmed in 381 AD, the Nicene Creed is said at the Holy Eucharist and reflects the Christian belief in the Holy Trinity and the relationship between the Father, Son and Holy Spirit.*

**W**e believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

## THE PRAYERS OF THE PEOPLE, FORM VI

*We pray for ourselves and particularly on behalf of others. In our prayers we pray for the for Universal Church, the nation and all who govern, the welfare of the world, the concerns of our community of faith, including those who are in need or suffer, and for the departed. We are reminded in prayer that we are part of a larger fellowship, the Church—the Body of Christ.*

*The Leader and People pray responsively*

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work;

**For our families, friends, and neighbors, and for those who are alone.**

For this community, the nation, and the world;

**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble;

**For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God;

**For all who proclaim the Gospel, and all who seek the Truth.**

For Sean, our Presiding Bishop, for David and Angela, our Bishops, and for all bishops and other ministers;

**For all who serve God in his Church.**

For the special needs and concerns of this congregation.

*Silence. The People may add their own petitions.*

Hear us, Lord;

**For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

*Silence. The People may add their own thanksgivings*

We will exalt you, O God our King;

**And praise your Name for ever and ever.**

We pray for all who have died, that they may have a place in your eternal kingdom.

*Silence. The People may add their own petitions.*

Lord, let your loving-kindness be upon them;

**Who put their trust in you.**

*Silence. The Celebrant adds a concluding Collect.*

## THE CONFESSION & ABSOLUTION

BCP 360

*Confessing our sins, receiving forgiveness (absolution), and showing signs of peace to one another prepare us to receive Christ in the Sacrament of Holy Communion.*

*Leader and People*

**Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.  
**Amen.**

## THE PEACE

The peace of the Lord be always with you.

**And also with you.**

## THE BIRTHDAY AND ANNIVERSARY PRAYERS

# THE HOLY COMMUNION

*Having listened to the Word of God, affirmed our faith, confessed our sins, received forgiveness and shared in the peace, we are prepared for Holy Communion. At the offertory, we gratefully offer back to God some of what God has given us, symbolically in the bread and wine, and in the money we give.*

*All are invited to make a gift to support St. Thomas' ministry of sharing God's love with the world.*

*The altar is prepared for Holy Communion.*

## THE OFFERTORY

## THE DOXOLOGY

*Old 100th*

**Praise God, from whom all blessings flow;  
Praise him, all creatures here below;  
Praise him above, ye heavenly host:  
Praise Father, Son and Holy Ghost. Amen.**

## THE GREAT THANKSGIVING: EUCHARISTIC PRAYER A

BCP 361

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

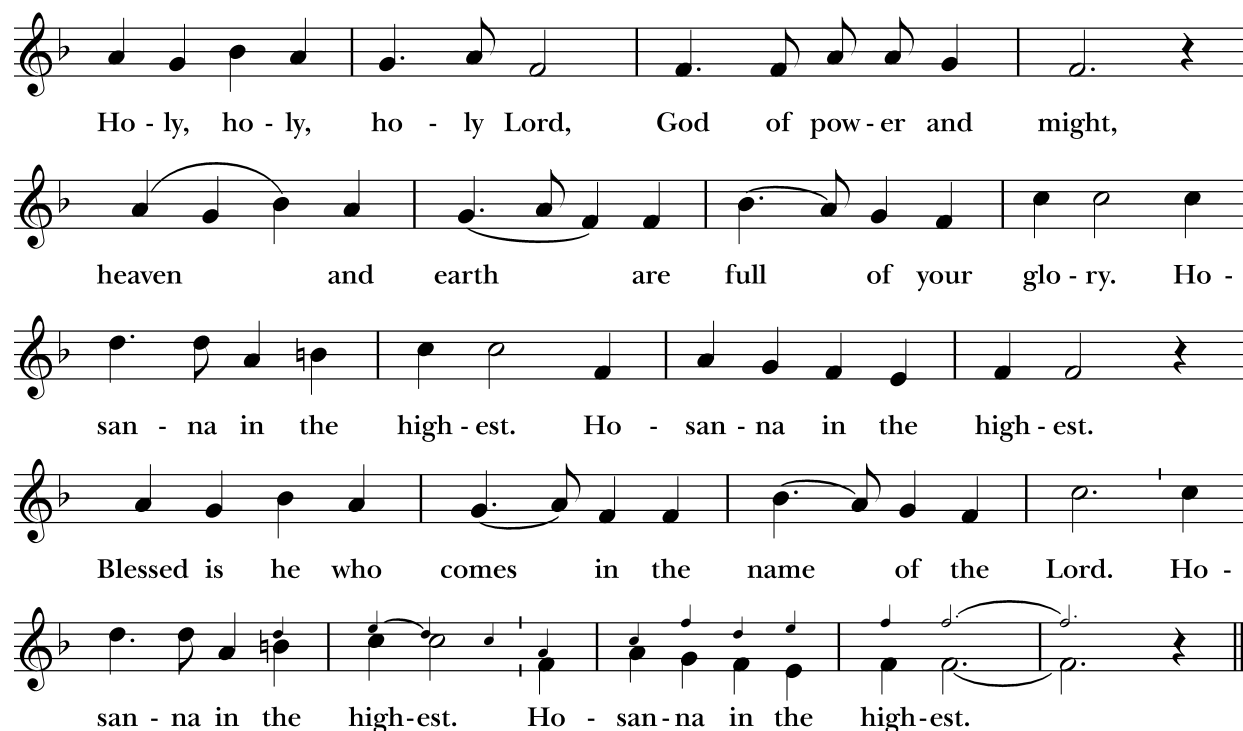
Let us give thanks to the Lord our God.

**It is right to give him thanks and praise.**

It is right, and a good and joyful thing, always and every-where to give thanks to you, Father Almighty, Creator of heaven and earth. (*Here a Proper Preface is sung or said.*) Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

## THE SANCTUS • S 125

Richard Proulx



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
heaven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na in the high - est.  
Blessed is he who comes in the name of the Lord. Ho -  
san - na in the high - est. Ho - san - na in the high - est.

*The people stand or kneel. Then the Celebrant continues*

Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Celebrant and People*

**Christ has died.**

**Christ is risen.**

**Christ will come again.**

*The Celebrant continues*

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

## **THE LORD'S PRAYER**

BCP 364

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## **THE FRACTION ANTHEM**

*The presider breaks the bread.*

Alleluia. Christ our Passover is sacrificed for us;

**Therefore let us keep the feast. Alleluia.**

## THE INVITATION TO HOLY COMMUNION

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*The people are invited to come forward to receive communion. Gluten –free wafers are available. Inform the priest when they come to you.*

*Individual prayers for healing are offered in the Chapel of the Cross. We encourage you to visit them after receiving communion.*

## THE HYMN

*In Christ Alone*

- |   |   |
|---|---|
| <p>1 In Christ alone my hope is found;<br/>He is my light, my strength, my song;<br/>this Cornerstone, this solid ground,<br/>firm through the fiercest drought and storm.<br/>What heights of love, what depths of peace<br/>when fears are stilled, when strivings cease;<br/>my Comforter, my All in All;<br/>here in the love of Christ I stand.</p> <p>2 In Christ alone who took on flesh;<br/>fullness of God in helpless babe.<br/>This gift of love and righteousness<br/>scorned by the ones He came to save;<br/>'til on that cross as Jesus died<br/>the wrath of God was satisfied;<br/>for ev'ry sin on Him was laid;<br/>here in the death of Christ I live.</p> | <p>3 There in the ground His body lay;<br/>Light of the world by darkness slain.<br/>Then bursting forth in glorious day,<br/>up from the grave He rose again!<br/>And as He stands in victory,<br/>sin's curse has lost its grip on me;<br/>for I am His and He is mine,<br/>bought with the precious blood of Christ!</p> <p>4 No guilt in life, no fear in death;<br/>this is the pow'r of Christ in me.<br/>From life's first cry to final breath,<br/>Jesus commands my destiny.<br/>No pow'r of hell, no scheme of man<br/>can ever pluck me from His hand;<br/>'til He returns or calls me home,<br/>here in the pow'r of Christ I'll stand!</p> |
|---|---|

## THE HYMN • 335

*I Am the Bread of Life*



- |          |           |           |     |          |            |            |       |       |
|----------|-----------|-----------|-----|----------|------------|------------|-------|-------|
| 1        | I         | am        | the | bread    | of         | life;_____ | they  | who   |
| 2 (The)  | Bread     | that_____ | I   | will     | give_____  | is         | my    |       |
| 3 (Un-)  | less_____ |           | you | eat_____ |            | of         | the   |       |
| 4        | I         | am        | the | re -     | sur -      | rec -      | tion, | _____ |
| 5 (Yes,) | Lord,     | _____     | we  | be -     | lieve_____ | that_____  |       |       |



- |   |          |     |     |          |          |              |             |          |      |      |
|---|----------|-----|-----|----------|----------|--------------|-------------|----------|------|------|
| 1 | come     | to  | me  | shall    | not_____ | hun -        | ger;        | they     | who  | be - |
| 2 | Flesh    | for | the | life     | of       | the          | world,_____ | and      | they | who  |
| 3 | Flesh    | of  | the | Son      | of_____  | Man_____     |             | and_____ |      |      |
| 4 | I_____   |     | am  | the_____ |          | life._____   | They        | who      | be - |      |
| 5 | you_____ |     | are | the_____ |          | Christ,_____ |             | the_____ |      |      |



1 lieve in me shall not thirst. No one can come to  
 2 eat \_\_\_\_\_ of this bread, they shall live for  
 3 drink \_\_\_\_\_ of his Blood, you shall not have life with -  
 4 lieve \_\_\_\_\_ in me, e - ven \_\_\_\_\_ if they  
 5 Son \_\_\_\_\_ of God who \_\_\_\_\_ has



1 me \_\_\_\_\_ un - less the \_\_\_\_\_ Fa - ther draw them.  
 2 ev - er. \_\_\_\_\_ they shall live for ev - er.  
 3 in you. you shall not have life with - in you.  
 4 die, \_\_\_\_\_ they shall live for ev - er.  
 5 come \_\_\_\_\_ in - to \_\_\_\_\_ the \_\_\_\_\_ world. \_\_\_\_\_

*Refrain*

And I will raise them up, and I will raise them

up, and I will raise them up on the

last day. \_\_\_\_\_

2 The  
 3 Un- day.  
 4 —  
 5 Yes,  
 (♯)

*The descant may be sung after stanzas 4 and 5.*

Words: Suzanne Toolan (b. 1927), adapt. of John 6. Copyright © 1971, G.I.A. Publications, Inc. Music: *I Am the Bread of Life*, Suzanne Toolan (b. 1927); arr. Betty Pulkingham (b. 1928). Copyright © 1971, G.I.A. Publications, Inc.

## THE POSTCOMMUNION PRAYER

BCP 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

## THE SENDING OUT

We send you out to share the communion today.

**May you carry the prayers of all of us as you take this sacrament of Christ's presence.**

May those who receive it from you be strengthened and encouraged in that community we have together in our Lord Jesus Christ. **Amen.**

## THE BLESSING

## THE HYMN

*Duke Street*

1 I know that my Redeemer lives;  
what comfort this sweet sentence gives!  
He lives, He lives, who once was dead;  
He lives, my everlasting Head.

2 He lives triumphant from the grave,  
He lives eternally to save,  
He lives all-glorious in the sky,  
He lives exalted there on high.

3 He lives and grants me daily breath;  
He lives and I shall conquer death;  
He lives my mansion to prepare;  
He lives to bring me safely there.

4 He lives, all glory to His name!  
He lives, my Jesus, still the same.  
Oh, the sweet joy this sentence gives,  
"I know that my Redeemer lives!"

## THE DISMISSAL

Alleluia, alleluia! Go in peace to love and serve the Lord.  
**Thanks be to God. Alleluia, alleluia!**

## THE VOLUNTARY

## Volunteer Opportunity: San Antonio Food Bank

Saturday, July 18th, 9:00am - 11:30am  
5200 Enrique Barrera Pkwy

St. Thomas is seeking 12 volunteers, ages 8 and up to volunteer at the San Antonio Food Bank. (*Ages 8-15 must be accompanied by a parent*). Help us support the San Antonio community by sorting and packing food to be distributed to those in need. If you are interested in volunteering, please email the Church Office at [stthomaschurch@tom1604.org](mailto:stthomaschurch@tom1604.org). In your email include names of each volunteer and age. Volunteers will be contacted to confirm and to provide registration instructions.

## GriefShare: Grief Support Group

Wednesdays at 10:00am, in the Parlor

GriefShare is a caring, faith-based support group designed to help you navigate the journey of grief. Come find comfort, hope, and healing among others who understand.

**Access to the Parlor:** Participants may enter through the courtyard gate near the flagpole or Church Office building. Please buzz in for entry.

## Wear a Name Tag

Do you have a St. Thomas nametag? We encourage you to wear one on Sunday. Don't have a nametag? Visit the Welcome Table in Gosnell Hall and we'll make you one. All name tags will be ready in 2-3 weeks from sign up date. Please look at our name tag display in Gosnell Hall (near the Parlor) for pick-up.

## Week at a Glance

**Morning Prayer** — Mondays–Saturdays on YouTube

**Men's Bible Study** — Tuesdays, 7:00am — Woehler Family Center

**Bell Choir Rehearsal** — Tuesdays, 6:00pm–7:00pm — Choir Room

**GriefShare** — Wednesdays, 10:00am — Parlor

**Eucharist Rite II** — Wednesdays, 12:00pm — Chapel of the Cross

**Children's Music Program & Choir** — Returns this Fall

Wednesdays, 4:30pm–6:00pm • Choir Room

**Choir Rehearsal** — Wednesdays, 6:30pm–8:00 pm — Choir Room

**Bible Study with Fr. Mike on Zoom** — Returns August 6th, Thursdays, 9:30am

*Please contact the Church Office for the Zoom link.*

**Middle & High School Choir Rehearsals** — Returns this Fall

Sundays, 11:15am • Choir Room

**Ice Cream on Sundays** — Before or after church in the Courtyard

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