

Worship | Study | Friendship | Compassion January 28, 2024—10:00AM

Whether you are watching us online or with us in person, we are glad that you have joined us today. We invite you to interact with us. If you are watching online, please fill out an online Connection Card by clicking the link in the comments. If you are in person, you can find a Connection Card in the church pews.

Discipleship Hour—Sundays at 9:00am

Going Deeper

in the Parish Hall led by Fr. Mike and Rev. Allie

Join us for our adult discipleship hour class, "Going Deeper". Each week we will go deeper on the passage on which the sermon is based. This is a discussion based class where you will get to interact with the text, discuss it with friends, share your thoughts, and learn from others. We hope you will join us!

Children's Sunday School-Ages 3-5th grade in Room 112

Discipleship for Moms

in Room 111 led by Paige Martin

Connect with us on Sundays as we study Ten Women of the Bible, by Max Lucado. All moms are welcome! Each week we will dive into the stories of 10 pivotal biblical women, Sarah, Rahab, Abigail, Esther, including Sapphira, Mary Magdalene, and others. Together we will explore their lives, engage in fellowship, and encourage one another.

Wear a Name Tag!

Do you have a St. Thomas nametag? We encourage you to wear one on Sunday. Don't have a nametag? Visit Membership & Growth Coordinator, Sarah Anderson at the Welcome Table in Gosnell Hall and we'll make you one.

Youth Group

Today, January 28th 4:30pm-6:00pm in the Woehler Family Center

All youth 6th grade and up are welcome! Connect with us as we kick-off the new year. We invite you to join us for fellowship, games, food, and a time to connect with friends.

Children's First Communion Class

February 4th—March 3rd Sundays at 9:00am in Room 110 First Communion April 7th at 10:00am Register using the QR code.



Haven for Hope

Monday, February 12th Meet at St. Thomas at 2:30pm or 3:30pm

Join the Community Outreach Ministry at Haven for Hope as we serve dinner to people in need. After volunteering, stay and connect with volunteers as we gather for dinner.

Shrove Tuesday Pancake Dinner

Tuesday, February 13th 6:00pm in the Parish Hall

Connect with us for an evening of fellowship and pancakes!

Ash Wednesday Services

Wednesday, February 14th 12:00pm & 7:00pm



The Holy Eucharist, Rite II

The Fourth Sunday after the Epiphany January 28, 2024 • 10:00 AM

Worship lies at the heart of the Christian life. It is in worship that we express our theology and define our identity. It is through encountering God within worship that we are formed and transformed as the people of God. One of the glories of the Episcopal Church is its liturgical worship. Liturgy refers to the patterns, forms, words, and actions through which public worship is conducted.

The people's responses are in **bold**.

This type of note, offering directions about the service is called a "rubric," which comes from the Latin word rubrica (red) referring to a time when these instructional notes were always written in red.

Today's altar flowers are given to the glory of God in thanksgiving for Barbie Seiler's Birthday by Robert, Chloe, Emma, & Tres Seiler.

THE ENTRANCE RITE

THE VOLUNTARY

THE WELCOME AND ANNOUNCEMENTS

THE HYMN • 567 St. Matthew 1 Thine arm, O Lord, of old in days was strong to life And lo! thv touch brought and health, gave hear - ing, 3 great liv erer Be thou our de still, thou Lord heal and save: tri - umphed o'er and death. calmed strength, and sight; and youth re - newed and fren zy quick - en, soothe bless, life and death; re - store and and



Words: Edward Hayes Plumptre (1821-1891), alt. Music: St. Matthew, from Supplement to the New Version of Psalms by Dr. Brady and Mr. Tate, 1708.

THE OPENING ACCLAMATION

BOOK OF COMMON PRAYER 355

Blessed be God: Father, Son, and Holy Spirit.

And blessed be his kingdom, now and for ever. Amen.

THE COLLECT FOR PURITY

The collect is the prayer appointed for each Sunday that "collects" or captures the theme of the day or season of the Church year. It summarizes the attributes of God as revealed in the scriptures for the day.

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

THE GLORIA • S 280 Robert Powell

The ordinary of the mass employs texts that remain the same for every mass. In the Latin mass the Kyrie, Gloria, Credo, Sanctus and Benedictus, and the Agnus dei are the five parts of the mass that remain the same every week.





Music: Robert Powell (b. 1932), rev. Setting: Copyright © Church Publishing Inc.

THE WORD OF GOD

The proper of the mass are the scriptural texts that change with the liturgical calendar. The collect, lessons, psalm, Gospel and preface to the communion liturgy are propers. Our lessons come from a prescribed cycle of readings called the lectionary. The lectionary consists of a three year cycle: Year. Each year we retell the story from Advent through Pentecost.

THE COLLECT OF THE DAY

The collect is the prayer appointed for each Sunday that "collects" or captures the theme of the day or season of the Church year. It summarizes the attributes of God as revealed in the scriptures for the day.

The Lord be with you.

And also with you.

Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

THE CHILDREN'S SERMON

We invite your child to join our Children's Church program this morning! Children ages 3 through 5th grade are invited to come up for the children's sermon and then follow our Children's Church Leader, to a classroom down the hallway in our education wing. After the exchange of the peace, children are ushered back to their seats.

THE FIRST READING

Deuteronomy 18:15-20

This reading is typically from the Old Testament (Hebrew Scriptures) which Jesus knew and from which he often referred or quoted.

¹⁵The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. ¹⁶This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." ¹⁷Then the Lord replied to me: "They are right in what they have said. ¹⁸I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. ¹⁹Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. ²⁰But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die."

The Word of the Lord.

Thanks be to God.

The psalms are sung prayers that cover every mood of humanity's relationship with God and one another. The psalm is a response to hearing the Old Testament lesson and usually it relates to the themes heard in the lesson.

1 Hallelujah!

I will give thanks to the LORD with my whole heart, * in the assembly of the upright, in the congregation.

2 Great are the deeds of the LORD! *

they are studied by all who delight in them.

3 His work is full of majesty and splendor, * and his righteousness endures for ever.

4 He makes his marvelous works to be remembered; * the LORD is gracious and full of compassion.

5 He gives food to those who fear him; * he is ever mindful of his covenant.

6 He has shown his people the power of his works * in giving them the lands of the nations.

7 The works of his hands are faithfulness and justice; * all his commandments are sure.

8 They stand fast for ever and ever, * because they are done in truth and equity.

9 He sent redemption to his people; he commanded his covenant for ever; * holy and awesome is his Name.

10 The fear of the LORD is the beginning of wisdom; * those who act accordingly have a good understanding; his praise endures for ever.

THE EPISTLE 1 Corinthians 8:1-13

This reading from the New Testament is typically from a letter (epistle) from Paul to the early Church, the Acts of the Apostles, or the Revelation to John.

¹Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. ²Anyone who claims to know something does not yet have the necessary knowledge; ³but anyone who loves God is known by him.

⁴Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." ⁵Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords— ⁶yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

⁷It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. ⁸"Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. ⁹But take care that this liberty of yours does not somehow become a stumbling block to the weak.

¹⁰For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? ¹¹So by your knowledge those weak believers for whom Christ died are destroyed. ¹²But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. ¹³Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

The Word of the Lord.

Thanks be to God.



Words: Tobias Clausnitzer (1619-1684); tr. Catherine Winkworth (1829-1878); alt. Music: *Liebster Jesu*, melody Johann Rudolph Ahle (1625-1673); alt. *Das grosse Cantional: oder Kirchen-Gesangbuch*, 1687; harm. George Herbert Palmer (1846-1926).

THE HOLY GOSPEL Mark 1:21-28

This reading is taken from one of the four Gospels, Matthew, Mark, Luke and John, which depict the life, teachings, death, resurrection, and ascension of our Lord Jesus Christ. The Gospel is the summit of the Liturgy of the Word and means "good news" and specifically the good news of Jesus. We stand for the Gospel reading to show respect for the particular importance of Jesus' words and actions.

The Gospel of our Lord Jesus Christ according to Mark Glory to you, Lord Christ.

²¹They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. ²²They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. ²³Just then there was in their synagogue a man with an unclean spirit, ²⁴and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." ²⁵But Jesus rebuked him, saying, "Be silent, and come out of him!" ²⁶And the unclean spirit, convulsing him and crying with a loud voice, came out of him. ²⁷They were all amazed, and they kept on asking one another, "What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him." ²⁸At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord.

Praise to you, Lord Christ.

THE SERMON The Rev. Mike Michie

The sermon directly follows the Gospel because it illuminates the scriptural readings and relates them to daily life.

THE NICENE CREED BCP 358

The word "creed" comes from the Latin word "credo" which means I believe. First formulated at the Council of Nicaea in 325 AD and confirmed in 381 AD, the Nicene Creed is said at the Holy Eucharist and reflects the Christian belief in the Holy Trinity and the relationship between the Father, Son and Holy Spirit.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

We pray for ourselves and particularly on behalf of others. In our prayers we pray for the for Universal Church, the nation and all who govern, the welfare of the world, the concerns of our community of faith, including those who are in need or suffer, and for the departed. We are reminded in prayer that we are part of a larger fellowship, the Church—the Body of Christ.

The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the truth.

For Michael, our Presiding Bishop, for David, our Bishop, and for all bishops and other ministers:

For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence. The People may add their own petitions.

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence. The People may add their own thanksgivings.

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence. The People may add their own petitions

Lord, let your loving-kindness be upon them;

Who put their trust in you.

THE CONFESSION & ABSOLUTION

BCP 360

Confessing our sins, receiving forgiveness (absolution), and showing signs of peace to one another prepare us to receive Christ in the Sacrament of Holy Communion.

Leader and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed,

by what we have done, and by what we have left undone.

We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

THE PEACE

The peace of the Lord be always with you. **And also with you.**

THE BIRTHDAY AND ANNIVERSARY PRAYERS

THE HOLY COMMUNION

Having listened to the Word of God, affirmed our faith, confessed our sins, received forgiveness and shared in the peace, we are prepared for Holy Communion. At the offertory, we gratefully offer back to God some of what God has given us, symbolically in the bread and wine, and in the money we give.

All are invited to make a gift to support St. Thomas' ministry of sharing God's love with the world.

The altar is prepared for Holy Communion.

THE OFFERTORY ANTHEM • Light Everlasting

Olaf C. Christiansen

O Light everlasting, O Love never failing, illumine our darkness, and draw us to Thee;

May we from Thy spirit receive inspiration. That brethren together Thy wisdom may see. Make known to all nations, Thy peace and salvation, and help us, O Father, Thy temple to be.

THE DOXOLOGY Old 100th

Praise God, from whom all blessings flow;

Praise him, all creatures here below;

Praise him above, ye heavenly host:

Praise Father, Son and Holy Ghost. Amen.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

It is right, and a good and joyful thing, always and every-where to give thanks to you, Father Almighty, Creator of heaven and earth. (*Here a Proper Preface is sung or said.*) Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

THE SANCTUS • S 130 Sung by all

Franz Schubert

Holy, holy, holy Lord, God of power and might, Holy, holy, holy Lord, God of power and might, Heaven and earth are full, Full of your glory. Hosanna in the highest. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest. Hosanna in the highest.

The people stand or kneel. Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

We remember his death, We proclaim his resurrection, We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit.

In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN**.

THE LORD'S PRAYER BCP 364

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE FRACTION ANTHEM

The presider breaks the bread.

Alleluia. Christ our Passover is sacrificed for us;

Therefore let us keep the feast. Alleluia.

THE INVITATION TO HOLY COMMUNION

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The people are invited to come forward to receive communion.

Individual prayers for healing are offered in the Chapel of the Cross. We encourage you to visit them after receiving communion.

THE COMMUNION ANTHEMS

Grazioso
You Have Come Down to the Lakeshore

Georg Philipp Telemann Cesareo Gabarain

THE HYMN • 676

Balm in Gilead

THE POSTCOMMUNION PRAYER

BCP 365

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

THE SENDING OUT

We send you out to share the communion today.

May you carry the prayers of all of us as you take this sacrament of Christ's presence.

May those who receive it from you be strengthened and encouraged in that community we have together in our Lord Jesus Christ. **Amen.**

THE BLESSING

THE HYMN • 410 Lauda anima







Words: Henry Francis Lyte (1793-1847). Music: *Lauda anima*, John Goss (1800-1880); desc. Craig Sellar Lang (1891-1971). Descant by permission of Novello and Company, Limited.

THE DISMISSAL

Alleluia, alleluia! Go in peace to love and serve the Lord.

Thanks be to God. Alleluia, alleluia!

THE VOLUNTARY

Daughters of the King Epiphany Chapter Anniversary Luncheon

Sunday, February 4th following the 10:00am service in the Parish Hall

Join us for this special time to celebrate our members. All current Daughters of the King, Junior Daughters of the King, and those interested in joining are invited to attend. RSVP by emailing the Church Office or filling out a Connection Card located in the pews.

Children's Music Program Wednesdays 4:30pm-6:00pm Kinder-5th Grade

We invite children in Kindergarten-5th grade to join us for our Children's Music program. During our weekly rehearsals we learn many important tools for life. In addition to singing and playing instruments, we learn basic musical concepts, respect for others, teamwork, and discipline. We also learn biblical stories and Christian values in the songs we sing. The Children's Choir sings once a month at the 10:00am service. For more information or to register, contact Children's Choir Director, PJ Waite at pjwaite@tom1604.org.

Join the Choir!

Bell Choir Rehearsals Tuesdays—6:00pm—7:00pm Choir Rehearsals

Wednesdays—6:30pm-8:00pm

For mor information, contact Minister of Music, Ryan Becker at rbecker@tom1604.org.



St. Thomas Episcopal Church + School

An inclusive and kind church that learns and serves together Worship | Study | Friendship | Compassion

Prayer Requests

Submit a prayer request by filling out a prayer card located in the pew or by contacting the church office.

Connection Card

Need to sign up for our weekly email list? New to St. Thomas? Are you looking to become a member? Connect with us by filling out a connection card located in the pew or by scanning the QR code.



Follow us on Social Media







Donate Online

Scan the QR code to donate today



St. Thomas Healing Ministry

The St. Thomas Healing Ministry offers prayers in the Chapel of the Cross (located to the left of the altar) on Sundays at 8:00am and 10:00am. If you are interested in joining the group, learning about healing, or in need of concentrated prayers contact the church office or fill out a connection card.

Week at a Glance

Morning Prayer on YouTube ~ Mondays - Saturdays
Men's Bible Study ~ Tuesdays, 7:00am, Woehler Family Center
Morning Prayer ~ Tuesdays, 9:00am, Zoom
Bell Choir Rehearsal~ Tuesdays, 6:00pm-7:00pm in the Choir Room
Eucharist Rite II ~ Wednesdays, 12:00pm, Chapel of the Cross
Children's Music Program & Choir—Wednesdays, 4:30pm-6:00pm, in the Choir Room
Choir Rehearsal ~ Wednesday, 6:30pm-8:00pm, in the Choir Room
Bible Study with Fr. Mike ~ Thursdays, 9:30am, Zoom
Ice Cream on Sundays ~ before or after church in the courtyard

Contact the Church Office for Zoom link.

St. Thomas Episcopal School We Grow, We Learn, We Lead, at STES!

Children Ages 18 Months—5 Years Old To learn more about STES visit our website at www.stes1604.org 210.494.3509 | nnavarro@sts1604.org

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