

Summer Solstice

Summer Solstice the opening of the season of light and abundant growth. It is a time to establish balance, release toxins and refresh to ignite the light of all life and consciousness.

SUMMER SOLSTICE Special Health, Wellness & Wellbeing Retreat A TRANSFORMATIONAL Experience

Saturday, June 19, 2021 - 9:00a.m. – 4:00p.m.

Only
\$9700

Maroon Peak Retreat Center
4832 Elam Road
Stone Mountain, GA 30083

To RSVP visit:
www.CarolynHartfield.com/retreat

What's Included:

Breakfast + Snacks + Lunch
Beverages (Organic/Non-GMO)
Tai Chi + Mindful Meditation
Forest Bathing + Meal Planning
Colon Health + Hydration Analysis
Healthy Aging + Group Coaching
Circle of Life Self-Assessment +
Bonus Amazing Aging Trilogy

Purpose: As we enter this summer and this new normal, through the abundance of the season, we shall find effective means to pursue personal growth to be who we know ourselves to be! As time and seasons pass, we evolve. *Now* is the right time to review, refocus, refresh and move forward.

Summer is the time for growth. A time to expand our understanding to transform and accept this new seasonal energy, new life and new normal.

It is the time to cultivate and deepen our connection to the divine energies all around us so we can better live in peace, harmony and balance. A time for us to bring to light the beautiful, intelligent and responsible person we see ourselves to be through an increased awareness of our conscious self ... a transformational experience.

Our positive energies will be combined and we will be thrust upwards to reach our personal spiritual heights. We call it an evolutionary process. A process that expands our consciousness to a higher level so we can intentionally experience optimal health, improved wellness, and a greater sense of wellbeing.

This 1-day, laser focused retreat will help you accomplish and stay on point to light up your life and live your life to the fullest this summer!!! There will be various wellness professionals on hand who will share their insights, experiences and scientifically proven knowledge.

For more information contact:
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