

Get a running start at making new friends.

Become a Let Me Run athlete!

REGISTRATION OPENS: February 11th at 8am (boys in grade 4&5)

SEASON BEGINS: Tuesday, March 12th (skip Spring Break)

PRACTICE DATES/TIMES: Tuesdays and Thursdays, 4:00-5:15pm

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Let Me Run inspires boys through the power of running to be courageous enough to be themselves, to build healthy relationships, and to live an active lifestyle.

Let Me Run Boys:

- Run with a team of other elementary or middle school students
- Train for 7 weeks after school, 2 days per week
- Grow in personal strength, endurance, and goal setting
- Become more aware of your own personal gifts and those of others
- Celebrate the courage to be yourself
- Learn to be a better friend, identify true friends, and embrace positive relationships
- Compete in the end-of-season 5k **on May 5th at the Dublin SpringFest**

LET ME RUN

Register online at LetMeRun.org