

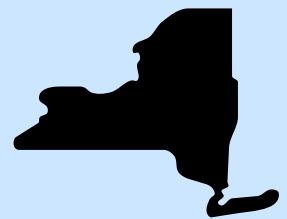
Area Hiking Trails

Courtesy of



PARK AND LOCATION	DIFFICULTY LEVEL	AVERAGE TRAIL LENGTH (MILES)	OTHER ACTIVITIES	POINTS OF INTEREST
SETH LOW PIERREPONT STATE PARK RESERVE Ridgefield, CT website	Easy and Moderate	3.25	Boating, Fishing	Pierrepont Lake, Redding hills and, on rare occasions, views of Long Island Sound.
TARRYWILE PARK Danbury, CT website	Easy and Moderate	3	NA	The park consists of 722 acres of woodlands, fields, ponds, and the Tarrywile Mansion.
INDIAN WELL STATE PARK Shelton, CT website	Easy and Moderate	3 (One @ 8.5 miles)	Boating, Picnicking, Fishing, Swimming	The park's scenic waterfalls and splash pool give this park its name, Indian Well.
MINE HILL PRESERVE Roxbury, CT website	Easy and Moderate	4	Fishing, Cross-Country Skiing	One of 32 preserves in the Roxbury Land Trust, it offers spectacular views, babbling rivers and streams.
MIANUS RIVER PARK Stamford, CT website	Easy and Moderate	2.25	Mountain Biking	Great canopy of leaves cuts down on the heat. You might catch an otter playing on the rocks or see a bald eagle nesting.





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BENNETT'S POND STATE PARK Ridgefield, CT website	Easy, Moderate and Difficult	5.25	NA	Offers pond views, swans and other wildlife, plus lots of trails.
ROCKEFELLER STATE PARK PRESERVE Pleasantville, NY website	Easy and Moderate	3.25	NA	Swan Lake & the Pocantico River sparkle in every season. Unspoiled forests, meadows & wetlands.
BEAR MOUNTAIN STATE PARK Bear Mountain, NY website	Easy, Moderate and Difficult	5.25	Mountain Biking, Cross-Country Skiing	Great views of the Hudson River. Great leaf peeping. Many waterfalls and ponds.
WARD POUND RIDGE RESERVATION Pound Ridge, NY website	Easy, Moderate and Difficult	6.25	Running, Fishing	Cliff views and wildlife.
HARRIMAN STATE PARK Southfields, NY website	Moderate and Difficult	6.25	Swimming, Biking, Fishing	Huge park. Offers lakes, beaches, wooded trails, camping areas, wildlife and elevated vistas.