



Ruth & Norman Rales
Jewish Family Services

January 2025

Support Groups & Classes

DISABILITY INCLUSION SERVICES | [CLICK ON YOUR SERVICE](#)

Grandparent Support Group

Fridays, 10:30 a.m. - 11:45 a.m.

Zoom: Jan 3rd & 17th

Passcode: 952283

Sibshops

Jan 12th - Open to all ages.

Register to receive the time for your assigned Group.

Disability Inclusion Services • 21100 Ruth & Baron Coleman Blvd., Boca Raton, FL 33428 (on Federation Campus)

Parent Caregiver Support Group

Coming Soon!



SUPPORT GROUPS | [CLICK ON YOUR SERVICE](#)



Caregiver Support

Jan 7th & 21st, 2:00 p.m.

Contact: HowardH@ralesjfs.org
or (561) 852-6062 to register & obtain Zoom link.

Wednesdays, 10:00 a.m.

Thursdays, 11:00 a.m.

Contact: Alexch@ralesjfs.org
or (561) 558-2542 to register & obtain Zoom link.

In person:

Jan 10th at 10:00 a.m.

Jan 16th at 11:00 a.m.

Jan 23rd at 11:00 a.m.

Jan 31st at 10:00 a.m.

Hosted at the Weisman Delray Community Center.

Women's Support Group

Fridays, 12:00 p.m.

Meeting ID: 817 2286 8563

Passcode: 633044

Call (561) 852-3333 to register to attend.

Bereavement

Contact: BryanL@ralesjfs.org

or (561) 852-3357 for info.

Silver Pride: LGBTQ+ Senior Support

Jan 17th & 31st at 1:00 p.m.

Contact: BiancaM@ralesjfs.org

The Weisman Center • 7091 West Atlantic Avenue, Delray Beach, FL 33446 | (561) 558-2100

TOBY AND LEON COOPERMAN THERAPY & FAMILY RESOURCE CENTER | [CLICK ON YOUR SERVICE](#)

Social Skills Group

Learn & practice social / emotional awareness skills with fun games, therapeutic activities & play!

Jan 5th, 12th, 19th, 26th.

Ages 2.5 - 4: 10:30 a.m. - 11:30 a.m.

Ages 5 - 8: 9:00 a.m. - 10:15 a.m.

Ages 11 - 14: 10:30 a.m. - 11:30 a.m.

Social Skills for Children on the Spectrum

For children who communicate using multimodal methods such as gestures or AAC devices. Jan 8th, 15th, 22nd, 29th.

Ages 5 - 8: 3:15 p.m. - 4:00 p.m.

Handwriting & Fine Motor Group

Integration of fine motor fun skills, manual dexterity & visual motor coordination skills, as well as engaging & interactive time in the sensory gym. Jan 6th, 13th, 27th.

Ages 5 - 8: 3:30 p.m. - 4:30 p.m.

Sensory Movement Group

Sensory exploration session in the sensory gym. Jan 8th, 15th, 22nd, 29th.

Ages 5 - 8: 3:30 p.m. - 4:30 p.m.



Contact Cooperman Center for more information | \$25 Group Drop-In Rate. Call for discounted series rate!
The Cooperman Center • 21100 Ruth & Baron Coleman Blvd., Boca Raton, FL 33428 | (561) 852-5099

*All therapeutic groups are led by licensed therapists.

FOR SUPPORT GROUP DETAILS, PLEASE CALL: **(561) 852-3333**