



Growing Our Children, Growing Ourselves

FREE Child Development Training Support

Tlingit and Haida Child Care Assistance program, AEYC, and the STEPS grant through the Association of Alaska School Boards are all collaborating together to support YOU as an early childhood child care provider working to bring your best to young children in Southeast Alaska.

How much do the trainings cost? All the listed trainings are **FREE when your pre-register**. If you do not pre-register there will be a \$15 charge at the door.

Who can attend? Child Care Providers who serve children ages 0-8, and Head Start staff.

Location of trainings: Vocational Training Resource Center –VTRC. 3239 Hospital Drive, Juneau, Alaska 907-463-7375.

Benefits for attending: All training fees are waived when you pre-register, Smokehouse catered meals provided, FREE childcare but you must call ahead, culturally relevant take away activities and materials for your program provided.

For more information and to PRE-REGISTER for FREE TRAINING, contact Lisa Arehart or Mary Marks at AEYC, 789-1235.

Upcoming FREE Trainings: January –March, 2019

- Do You See What I See? Observing and Recording Children's Behavior**
 Wednesday 1/9, 6-8pm
 Learn how observations and documentations are effective ways to assess children's development. You'll learn how to plan observation events, what to look for, and explore different types of documentation tools for the children in your care.
- Strengthening Families** 1/17,18, and 19
 Five protective factors are a framework for child abuse and neglect prevention and promoting optimal child development. The protective factors shift the focus from family risks and deficits to family strengths and resiliency. By recognizing and building on existing strengths within communities and families, we can support all families in providing a healthy, safe, and loving environment for children.
- Child Development Associate (CDA)** 1/23, 6-8pm
 This credential is administered by the Council for Professional Recognition, this session discusses how to earn a CDA, including the requirement and process to get started.
- Asthma and Allergy Essentials for Child Care Providers** 1/30, 6-8pm
 This course provides an overview of food allergies and basic food allergy safety principles used in early care settings. Through this training participants will be able to identify the occurrence of food allergies in the United States, the responsibility to provide a safe environment for children and staff who suffer from food allergies, identify the eight major food allergens, identify contact and airborne sensitivity, and understand the importance epinephrine and the epi-pen.
- Introduction to Curriculum in the Early Childhood Setting** 2/6, 6-8pm
 Being responsive to the experiences, interests and needs of each child is fundamental in planning a curriculum in your setting. Join us as we share with you how children learn through play.
- Temperament** 2/27, 6-8pm
 Understanding a child's temperament and your own gives important insights into a child's behavior and your reactions to that child. This training gives an introduction to temperament and the role it plays in creating a goodness of fit for the children in your care.
- The Environment Rating Scale (ERS)** 3/7 & 3/9
 The ERS focuses on interactions with young children, health & safety, daily schedule, and access to engaging materials. You will learn the components of the age-specific ERS tool, learn what quality indicators the tool uses to identify best practices within your age-specific classroom, and gain a general understanding about assessment scores. You will complete a take-home self-reflection worksheet to do in your care setting. -Answering questions about what you do in your daily practices with young children. The self-reflection tool is designed to guide you to make quality improvements in your environment.



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