

WHAT WE EAT AND WHY IT MATTERS

Here is a list of resources compiled by Susan Keller and Karen Milstein, PhD.

BIBLIOGRAPHY:

Bernstein, Ellen and Fink, Dan. Let the Earth Teach you Torah. Wyncote, PA: Shomrei Adamah, 1992.

Kalechofsky, Roberta, Ed., Rabbis and Vegetarianism: An Evolving Tradition. Marblehead, MA: Micah Publications, Inc., 1995.

Kalechofsky, Roberta, Ed. Vegetarian Judaism: A Guide for Everyone. Marblehead, MA: Micah Publications, Inc., 1998.

Schwartz, Richard. Judaism and Vegetarianism. New York: Lantern Books, 2001.

Stein, Rabbi David E., Ed., A Garden of Choice Fruit. Wyncote, PA: Shomrei Adamah, 1991.

Waskow, Arthur. Down to Earth Judaism. New York: William Morrow and Co Inc, 1995

Zamore, Mary. The Sacred Table: Creating a Jewish Food Ethic. CCAR Press, 2011

ONLINE RESOURCES

HAZON, www.hazon.org.

Hazon says it is the largest faith-based environmental organization in the United States. It has suspended most of the in-person activities that are its usual focus due to the pandemic and is offering online classes aimed at “inspiring individuals and communities to make specific commitments to change with a particular focus on food systems.”

JEWCOLOGY www.jewcology.org.

Jewcology says its goal is to build a multi-denominational, multi-generational, regionally diverse community of Jewish environmental activists. It has an active blog and an archive of articles discussing a wide range of subjects, including many teachings directly linked to Torah.

JEWISHVEG, www.jewishveg.org. The mission statement of this group, formerly known as the Jewish Vegetarian Society of North America, says its goals are to “inspire and assist Jews to embrace plant-based diets as an expression of Jewish values.” It offers recipes and nutrition advice for those interested in a vegetarian or vegan diet.

JVS jvs.org.uk This group, based in the United Kingdom, says it is dedicated to promoting a kinder world, without killing animals for food. The offerings on its Web site include news articles, recipe and commentaries.

SHAMAYIM:

Shamayim Jewish Animal Advocacy, www.shamayim.us.

This is a nonprofit organization dedicated to teaching the Jewish community about animal advocacy and veganism. It offers regular Webinars and podcasts, along with a blog and a Q&A forum. Until March 2019, the group was known as The Shamayim V'Aretz Institute.

