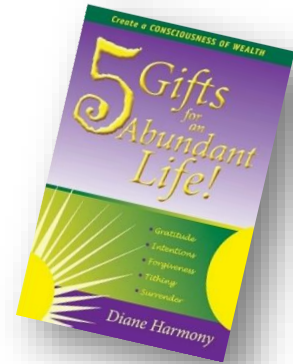


THE 5 GIFTS OF PROSPERITY

A Five-Week Journey into Spiritual Abundance
Inspired by *5 Gifts for an Abundant Life* by Diane Harmony

WEEK ONE: GRATITUDE

Opening the Doorway to Prosperity



What We're Exploring

Gratitude is the first movement of prosperity. It shifts consciousness from scarcity to sufficiency and opens the channel through which abundance flows.

Key Teachings

- ♥ Gratitude expands whatever it touches.
- ♥ Appreciation is a spiritual practice, not a personality trait.
- ♥ Gratitude is the foundation of prosperity consciousness.

Daily Affirmations (7 Days)

Monday: Gratitude is the vibration that tells the Universe I am ready to receive.

Tuesday: Today I bless what I have, and it multiplies in ways I cannot yet see.

Wednesday: My gratitude is a magnet for good; everything I appreciate expands.

Thursday: I give thanks for the visible and invisible gifts supporting my life.

Friday: Gratitude shifts me from wanting to welcoming.

Saturday: I celebrate the small things, knowing they are the seeds of greater abundance.

Sunday: Thank you, Life — I am open, receptive, and grateful.

Reflection Questions

What is one overlooked blessing in my life?

How does gratitude shift my emotional state?

What changes when I appreciate what is already working?

Practice of the Week: The Gratitude Scan

Pause once a day and identify three things you appreciate right now — simple, ordinary, or profound.

Meditation: Opening the Doorway

Imagine golden light gathering at your heart. Bring to mind one thing that is working in your life. Whisper “thank you.” Let the vibration of gratitude surround you and the light to expand through your whole body. Rest in the warmth of gratitude.

Closing Intention

This week, **I choose** to notice the good, bless the good, and welcome more good.