

Daily Habit: Daily Calls

Senator Hawley's Phone Number: (202) 224-6154

Senator Schmitt's Phone Number: (202) 224-5721

Find your Representative [Here](#).

Find your Missouri Senator [Here](#).

Find your Missouri Representative [Here](#).

URGENT CALL TO ACTION!!

Write, email or call your U.S. Representatives and U.S. Senators to voice your concerns on what is happening in our government agencies and how the polices are being rolled out and how they affect you, your families and the communities we live in.

**US SENATE: <https://www.senate.gov/senators/senators-contact.htm>
(202) 224-3121**

US CONGRESS: <https://www.congress.gov/members/find-your-member>