

# Virtual Listening Session

Share your experience with FirstMed Health and Wellness services and programs. Would you recommend them to your friends? Let us know your thoughts!



**WE WANT TO HEAR FROM YOU!**

**Join us on Zoom:  
Thursday,  
November 19th, 2020.  
4pm-5pm PT**

Young folks **ages 13-21** are invited to participate and will receive a \$20 e-gift card for their feedback

Register @: <https://bit.ly/37huPup>



**ADOLESCENT  
HEALTH  
INITIATIVE**

# Virtual Listening Session

Share your experience with Community Health Alliance services and programs.

Would you recommend them to your friends? Let us know your thoughts!



**WE WANT TO HEAR FROM YOU!**

**Join us on Zoom:  
Tuesday,  
December 8th, 2020.  
4pm-5pm PT**

Young folks **ages 13-21** are invited to participate and will receive a \$20 e-gift card for their feedback

Register @: <https://bit.ly/37huPup>

