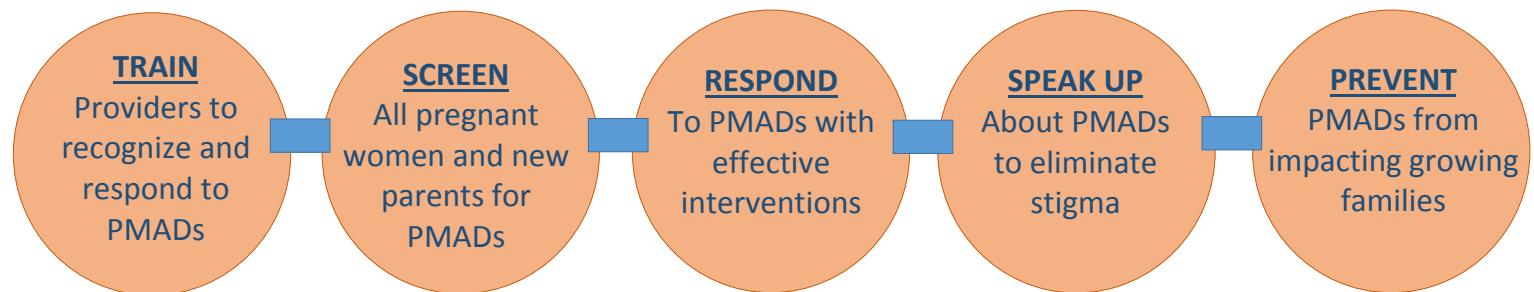


PMAD

Perinatal mood and anxiety disorders (or PMADs) encompass a range of mental health disorders- including depression, anxiety, obsessive compulsive disorder, and post-traumatic stress disorder- that occur during pregnancy or up to two years postpartum.

PMADS are the leading complication of childbirth, affecting 1 in 7 women.



For more information visit nvmch.org or for immediate assistance please call **PSI warm line at 1-800-944-4773**

You are not alone. You are not to blame.

With help, you will be well.

-Postpartum Support International



MCH

NV Statewide Maternal and Child Health (MCH) Coalition