



Building Community



Across Generations



**A RESOURCE GUIDE
FOR OLDER
ADULT MINISTRY**

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Welcome

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We're excited to share this year's resource guide with you. Inside you'll find practical ideas and inspiring tools to support ministry with older adults—whether in your congregation, organization, or a wider population.

Please share this guide with faith leaders and volunteers as we work together to build community across generations.

Creating meaningful connections between generations is essential for a thriving faith community. Older adults bring wisdom, life experience, and spiritual depth, while younger members offer fresh perspectives, energy, and creativity. When these gifts come together, the entire community is enriched.

You'll find a special worship service for Older Adult Sunday in May, titled "God's Faithful Presence Through All Our Days."

We'd love to hear what your church or senior community is doing to celebrate and support older adults. Share your stories with us—we might feature them in a future guide or newsletter.

Connect with us through the POAMN website, poamn.org; by e-mail at info@poamn.org; or on Facebook at facebook.com/poamn.

We hope this resource blesses your ministry throughout the year.

Peace and Blessings,

The POAMN Board of Directors

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Guide
and Past
Editions
Online



We greatly appreciate our sponsors (pages 36-37), without whom this publication would not be possible. Thank you for your continued support of POAMN's mission.



Start Planning Now for Older Adult Week

The Presbyterian Church (USA) designates the first Sunday in May as the start of Older Adult Week, with May 3, 2026 marking this special observance. Many congregations extend the celebration throughout the month, honoring older adults in meaningful ways. The resources in this guide—including the worship service on page 34—are designed for flexible use anytime during the year.

Christian Formation for All Ages and Stages

POAMN partners with the Office of Christian Formation of the Presbyterian Church (USA) as part of the Christian Formation Collective, a network dedicated to equipping congregations with resources and support for every age and stage of faith development.



Presbyterian Older Adult Ministries Network

poamn.org



Association of Partners in Christian Education

apcenet.org



Presbyterian Church Camp and Conference Association

pccca.net



Presbyterian Church (USA)
Office of Christian Formation

pcusa.org/formation



Presbyterian Youth Workers' Association

pywa.org



UKirk Collegiate Ministries

ukirk.org

Supporting Youth When Dementia Touches the Family

Pat Baker, St. Andrews Presbyterian Church, Tucker, Georgia

The bond between grandparents and grandchildren is often unique and filled with warmth, laughter, and support. Grandparents may have more time to spend with their grandchildren and can offer a special kind of love.

This bond can change with a diagnosis of dementia. It may feel confusing, emotional, or even overwhelming for youth as they watch someone they love experience memory loss or behavioral changes. But it's important to remember: the relationship doesn't have to end—it just changes.

Here are a few thoughts and tips to help leaders guide youth as they navigate this family challenge. These suggestions can also be helpful for any relationship with older adult friends.



Get Educated about Dementia

Learning facts and figures about dementia will start young people on their way to understanding and acceptance, which can open up avenues of support.

Alzheimer's Association

[alz.org/alzheimers-dementia/what-is-dementia](https://www.alz.org/alzheimers-dementia/what-is-dementia)

10 Early Signs and Symptoms of Alzheimer's and Dementia

[alz.org/alzheimers-dementia/10_signs](https://www.alz.org/alzheimers-dementia/10_signs)

Become a Dementia Friend

Dementia Friends USA, an initiative of Dementia Friendly America, is a great resource to get youth thinking about how they can make a difference in their family and community.

Dementia Friends USA

dementiafriendsusa.org

The videos on the homepage offer opportunities for youth to share their personal experiences and will give youth leaders a springboard for discussion.

Make Connections

Youth can connect with older relatives and community members through music. It is embedded in the fabric of culture and identity. We have all been exposed to music, whether by listening to recordings, playing an instrument, attending concerts, or dancing. Music can elicit emotions and memories and help link to a person's past and promote interconnection. Recent findings suggest that musical training delays cognitive decline and promotes brain plasticity in the elderly brain.

Consider opportunities to help youth as a group become more comfortable and build relationships with senior adults. Encourage them to engage in conversation with their grandparents or other senior adults. One idea is to work with youth to host a Valentine's lunch or something for grandparents and senior friends at the church, with conversation starters on the table or a sing-along.

Communicate

Many youth who have a close relationship with their grandparents or other seniors struggle with how to communicate with them after a dementia diagnosis and so they tend to back off. This can be very confusing for a grandparent who remembers in their heart the bond between them and their grandchildren. Encourage open conversations, focus on what remains, and show patience and compassion.

Dementia is often misunderstood, and sadly, stigma and misconceptions still surround it. Young people have the power to make a real difference. By learning the facts, talking openly, and challenging myths, youth can help bridge the gap between misunderstanding and empathy.

People living with dementia can still live full and meaningful lives, especially with love, care, and connection. Youth can be part of that journey—offering support, friendship, and continuing to build special bonds with older adults.

This information is from Conversations with Youth about Understanding the Dynamics of Dementia, a Quicksheet created through a collaboration between POAMN and PC(USA)'s Around the Table initiative. More Quicksheets on dementia, children, and youth are available at poamn.org/project/dementia.

For church leaders: Explaining dementia to children

For youth: My grandparent has dementia...
What do I do?

For parents: How do I explain dementia to my child?

Pat Baker has been involved with POAMN since its inception in the early 1980s. After retiring in 2018, she began tithing her time at her local church to coordinate ministry to older adults and caregivers.



Retired Volunteers Bring Skills and Service to Summer Camps

Kelley Hope, Camp Hanover, Mechanicsville, Virginia

Each spring and fall for one week, a group of mostly older adults gather at a place one typically associates with youth: a summer camp. But instead of canoeing and campfire songs, they come to work, volunteering their time and skills to tackle items on the host facility's to-do list, bridging generations through service and shared purpose.

Mariners in Mission is a 501(c)(3) non-profit organization composed mainly of retired Presbyterians across the U.S. Members range in age from the 40s into the 90s.

“Even the oldest among us still have much to give to others,” shared Manella Calhoun, a co-coordinator of the group.

That spirit of giving creates meaningful connections between generations—campers

who benefit from improved facilities and volunteers who find joy in leaving a legacy.

Mariners collaborate with the host organization to determine the week's projects. Typical jobs include construction, repairs, painting, and sewing. The skills or expertise of the week's volunteers determine the specific projects they take on.

The Mariners' Fall 2025 work week was held September 7-12 at Camp Gilmont in Gilmer, Texas. Fourteen volunteers framed bathroom additions to an existing building, replaced a cabin's stairs, stained a bridge, and updated a safety perimeter around the zipline. They also made quilts from camp t-shirts to be auctioned at an upcoming fundraiser.

“It was such a blessing and a privilege to welcome Mariners in Mission to Gilmont,” said executive director Jennifer Rigoulot. “We are grateful for their skilled partnership in our ministry and for their hand in cultivating this safe, sacred space.”

In April 2024, the Mariners made their second visit to Virginia’s Camp Hanover with 11 volunteers. There, they repaired benches and built tables at two fire circles, made new cabin signs, and built gates to complete a new garden fence. They also hemmed curtains for cabins, small touches that make campers feel at home.

Many Mariner volunteers have been involved for fifteen or more years, with some participating since the 1980s. Over the years, they have become good friends and see the work weeks as a kind of family reunion.

“We relish the opportunity to travel the country in service together,” Manella emphasized.

These gatherings are more than work; they are moments of fellowship that model lifelong service for younger generations.

When not working, volunteers share morning watch, evening vespers, and puzzles and games like Mexican Train Dominoes. They also

**Join the
 Mariners’
 Upcoming
 Work Week**

April 12-18, 2026
 Holston Camp &
 Retreat Center
 Banner Elk, NC

explore the local area, deepening their sense of community.

Participants often drive to their work sites so they can bring the tools and equipment they use during the week. Volunteer Kendall, who lives in Iowa, shared that his commute to Virginia was 17 hours each direction, a testament to the commitment that bridges miles and generations alike.

“Adult children sometimes transport their folks to the work site; sometimes they stay and work too,” added Manella.

The host facility provides housing at no cost in exchange for the work the volunteers provide. They also provide any building materials needed, such as lumber. The Mariners either purchase



meals from the facility or prepare their own meals if a kitchen is available.

Mariners in Mission welcomes new members for their spring 2026 work week in North Carolina. For more information about joining, contact Manella at mhc.clemson@gmail.com.

Kelley Hope enjoys sharing stories through words and visuals. She serves as organizational administrator for POAMN and communication specialist for Camp Hanover.



Recent Mariners' Work Sites



Bridging Generations, One Lesson at a Time

Jessica Ford, Kintura, Greensboro, North Carolina

At an older adult community in North Carolina, retired educators have continued transforming lives, now as volunteers.

Initiated by residents in 2017, the tutoring program at Glenaire (Cary, NC) pairs residents with team members, their children, or their immediate family members for free, one-on-one tutoring. Retired teachers, professors, and lifelong learners volunteer their time to help students succeed while finding renewed purpose themselves.

“I’ve always loved to teach. I believe it’s what I was made for,” says program director and resident Peggy Potthast. “This program is a great way for residents to give back to the team that serves us every day.”

By creating spaces where generations learn, celebrate, and support one another, Glenaire builds a community filled with purpose, joy, and connection.



Jessica Ford is a content specialist for Kintura, a nonprofit serving North Carolina for 75 years. Glenaire is one of five communities operated by Kintura.



Sign up to receive timely emails from POAMN about program ideas, education opportunities, grants and financial aid, and more.

poamn.org/subscribe

Growing Grand Connections Near and Far



Sandy Safford, Shepherd of the Hills Presbyterian Church, Lakewood, Colorado

Relationships between grandparents and grandchildren are dear and valuable. And grandparent relationships do not have to be limited to those with family blood ties.

I have one granddaughter who lives close by, while my second grandchild will be living in another country. I also am blessed to serve as Nana to a neighbor and daughter of my daughter's best friend. Those relationships are all precious in their distinct differences.

Within the church there are great opportunities for actual and adoptive grandparents to share and love "grandchildren". There are a variety of ways to develop, share and nurture those grandparent/grandchild relationships whether blood related or not.

Congregations can play a part in encouraging and supporting adults in building those lasting memories with a younger generation.



Fostering relationships with local children

Does your congregation sponsor Grandparent Days to bring together older and younger generations? For those without family nearby, match them up with others in your congregation. Then plan an activity!

The activity can be simple, just a time to gather, spend time together, share stories, laugh and play. Here are some ideas.

- Play board games, read stories, play on the playground, make and fly kites, or go on a scavenger hunt.
- Create art projects such as a mural, picture frames, plant pots, or memory books.
- Host a tea party with Kool-Aid "tea" or juice, snacks, and stuffed friends.
- Hold an indoor or outdoor carnival with good old-fashioned games like ring toss and bean bag throws.
- Tour fire departments, view city trucks, or visit a children's museum, playground, nature preserve, or park.

Each opportunity is an invitation for “grandparents” to hang out with “grandkids” for an hour or so and build memories together.



Getting away with grandkids

For 10 years, I was part of grandparent and grandchild camps at Highlands Camp and Retreat Center in Colorado. Kids and grandparents, aunts, and adoptive grandparents would gather for three days to just be and play together while developing and nurturing a relationship that feels different than one with parents nearby.

It was special one-on-one time, time for storytelling and sharing, rituals, and traditions. I have fond memories of grandparents chatting and supporting one another in addition to playing and sharing with the children amongst them.

Many camps offer events like this, especially in the summer. Check with your nearest camp about opportunities.

If they do not currently host one, consider partnering with them to initiate the event. Use the “Grandparent Retreat: Building Memories” guide designed through a partnership between POAMN and PCCCA (Presbyterian Church Camp & Conference Association).

Download the free guide at pcusa.org/resource/retreat-module-grandparent-camp.

Start small, with a single-day event, or go bigger with a weekend retreat. Your efforts will nurture precious relationships and build memories that can last a lifetime.



Long-distance grandparenting? Technology to the rescue!

Grandparenting when you are separated by many miles is a little tricky. We are blessed to live in an age with modern communication tools to keep us in touch as well as nurture relationships.

Whether you choose Zoom or Facetime, set up a consistent schedule for calls/video chats

to share in each other’s lives. You even can try playing games together online or in a video chat.

Technology also can enable your voice to be available on demand! Look for the many stuffed animals, toys, and books that include voice recording functionality. Specifically check out Tonies, a kid-friendly audio player that offers pre-recorded audio but also can be loaded with custom audio files of you singing or reading.



It’s in the mail

Foster a connection with old-school communication methods. A friend mails notes regularly to her granddaughter, asking questions, journaling, adding stickers or little craft projects that fit into the envelope.

- If you enjoy gardening, send some of the seeds that you are planting to the kids and encourage them to start their own garden. Compare notes as your gardens grow.
- Start a make-believe story and keep adding to it by mail, email, or phone. Set

up a consistent schedule for calls/video chats, sharing activities that you enjoy.

- Gift a subscription to a kid's magazine. Check in with the child each time it arrives to enjoy it together.
- Purchase a personalized book that resembles your grandchild, uses their name, and features their interests in the story. (One vendor is Storybug.) After the book is sent to the child, you can enjoy reading it together via video call.



Holidays and special occasions

My mother started a family tradition of giving a Christmas ornament annually to each grandchild. By the time my kids were grown, they had their own collection of ornaments. I have continued that tradition with my own grandkids, gifting them at Thanksgiving so they can add them to their trees for the season.

More ideas:

- Christmas/Easter traditions that you follow each year, such as setting up or creating a nativity creche that you each display in your homes.
- Birthday adventures where you spend a day together as the gift.
- Vacations together or an annual trip that the whole family schedules for time away.
- A special trip or outing, fishing trip, or campout that is just grandparents and kids.

Spending time together in any form will establish a healthy grandchild/grandparent relationship whether blood-related, near or far.

Sandy Safford has served in Faith Formation for 30+ years in a variety of congregation sizes and settings. She has written curriculum for a grandparent/grandchild camp/retreat as well as led many camps at Highlands Presbyterian Camp & Retreat Center in Colorado. She is the faith formation coordinator at Shepherd of the Hills Presbyterian Church in Lakewood, Colorado serving all ages in the congregation. Sandy is a first time grandma and loves the precious time spent with her granddaughter and building a strong relationship including faith development.



Find POAMN Event Recordings Online

POAMN records many of our online events. These recordings are available for those who are not able to attend live or want to revisit the content later. Find these recordings on our website at poamn.org/poamn-events.

Help POAMN offer more free events by becoming a member or renewing your membership at poamn.org/membership.

Creating Joyful Community for Young Adults with Special Needs

For nearly a decade, Crossroads Presbyterian Church in Commerce Township, Michigan, has operated a fellowship ministry that brings together multiple generations.

The church's Crossroads Club is a social group for young adults with special needs. The volunteers who make it happen are largely older adults from the small congregation.

Around twenty young adults, plus some parents, attend the club's game nights, craft sessions, dances, and picnics.

For young adults who have aged out of school, Crossroads Club provides valuable social activities and support.

Participants are generally aged 18 to 26 and have diagnoses of autism, cognitive impairments, and other disabilities. The young people enjoy being together at the gatherings.

In the beginning, the club was composed of current and previous students from the local school district, Walled Lake Consolidated Schools. As time passed, the club grew

as students from neighboring school districts learned about it.

Senior volunteers make guests feel welcome, supervise activities, and work one-on-one with attendees as needed. Eight to ten volunteers participate in each event.

The club is coordinated by Roberta "Bobbi" Wolf, Sue Neamos, and Zoe Neamos. Wolf is a retired teacher who substitutes in the special education department of the Walled Lake Consolidated Schools.

"Our older adults are one of the reasons for the ministry's success," explained Wolf, who also is the church's clerk of session. "The volunteers bring gifts of friendship and commitment."

An \$1,800 grant from the Presbyterian Church (USA) provided seed money to launch the program. The congregation also has received grants from the Presbytery of Detroit and the Synod of the Covenant. Members of the church and



Participants enjoy refreshments at the club's Halloween party.

parents of the young adult participants provide on-going financial support.

“Crossroads Presbyterian Church is a small and older congregation with a big heart,” Wolf concluded.

These are some of the 20-plus members of Crossroads Church, including Pastor Joshua Archey, CRE (far left), who volunteer with Crossroads Club.



ONLINE LEARNING COHORTS

Learn Together. Lead Better.

Join an online learning cohort through the PC(USA) Office of Christian Formation and experience collaborative growth. Each cohort brings together five to eight participants with shared ministry interests—such as older adult ministry—to learn, exchange ideas, and tackle challenges together.

Led by an International Coaching Federation-trained coach, cohorts meet via Zoom for several sessions over six weeks. Best of all, participation is free for church leaders, educators, pastors, CREs, youth workers, and volunteers.

Stay informed about upcoming cohorts by subscribing to POAMN’s monthly newsletter at poamn.org/newsletters.

Living in the Sandwich Generation

**Caring for Parents,
 Supporting Children,
 and Sustaining Yourself**



Jen Rabenaldt, CRE, First Presbyterian Church, San Luis Obispo, California

The “Sandwich Generation” is a growing group of adults who find themselves caring for aging parents while also supporting their own children or grandchildren. With people living longer and many young adults remaining at home longer or returning home as “boomerang kids,” more middle-aged adults than ever are navigating this complex balance of responsibilities. Today, nearly one in four adults in the United States is considered part of the Sandwich Generation.

For many, this season of life brings both profound joy and significant strain. The emotional demands alone can be overwhelming: feeling torn between the needs of aging parents and the needs of children, carrying guilt for not being able to do everything, and coping with fatigue that builds over months or years. Financial pressures often add another layer, as caregivers juggle the costs of healthcare, child-rearing, and sometimes delayed

retirement. Relational stress can emerge as well: siblings may disagree about caregiving duties, partners may feel stretched, and children may struggle with shifting attention.

Spiritual and personal well-being can also suffer. Many caregivers report having little time for prayer, reflection, or rest. Yet it is precisely in these demanding seasons that grounding practices become most essential. Faith communities, friends, and caregiver support groups can offer a lifeline of encouragement and connection. Even small moments of self-care—sleep, exercise, hobbies, or a quiet pause—help restore resilience.

There is good news: caregivers do not have to walk this road alone. National organizations such as AARP and the Family Caregiver Alliance provide tools and guidance, while local resources—including adult day programs, respite



care, support groups, and in-home services—can ease the daily load. Open conversations with family members about expectations and shared responsibilities can also lighten the burden.

Most importantly, the Sandwich Generation deserves compassion, especially from themselves. Caring for others begins with remembering your own worth, your own limits, and your own need for support. You are not alone, and help is within reach.

Find resources online:

poamn.org/sandwich-generation

Jen Rabenaldt serves at the church she grew up in, First Presbyterian in San Luis Obispo, California. She became a commissioned ruling elder in 2023 after years of service as the director of Christian Education. She is commissioned to facilitate Christian Education for all ages with an emphasis on older adult ministry and congregational care. Jen's personal experience in the Sandwich Generation prompted her to research information and helpful tips for those who are experiencing the same. She also is a member of POAMN's board.

Supporting Care Partners

Resource for Individuals and Faith Communities

Caring for a loved one is one of the most meaningful—and challenging—roles we can take on. Whether it's driving a friend to a doctor's appointment or starting a conversation with parents about their future, this work reflects God's call to show mercy and compassion.

The Care Partner Tool Kit equips individuals and congregations with practical guidance and spiritual encouragement, helping care partners serve with confidence and grace.

This resource was developed through a collaboration between POAMN, the Association of Partners in Christian Education, and the PC(USA) Office of Christian Formation.

Access the tool kit at poamn.org/care-partner-tool-kit.



The Magic of Children and Seniors Connecting at Senior Living Communities

Christina Taylor, Presbyterian Manors of Mid-America, Wichita, Kansas

The residents of Newton Presbyterian Manor senior living community (Newton, Kansas) regularly enjoy the lively presence of children whose little feet are always in motion around the community because of an on-site preschool.

Apple-A-Day Preschool opened in 1992 and was the first in the state of Kansas to be housed inside a senior living community. While the preschool meets in its own classroom, the kids are often out and about the community.

The children and seniors participate in weekly activities to play games, read books, or sing at birthday parties and other special events. Residents also like to interact with the preschoolers spontaneously—they join them in the courtyard which doubles as a playground or hang out in the front lobby at arrival and dismissal times.

“Our preschool was started in order to meet a need in town for early childhood education,” says Preschool Director Renee Hamm. “It continues to meet that need 30 years later while also providing intergenerational programming for preschool students and Manor residents, an opportunity for both generations to learn new skills and transfer knowledge.”

Research shows that these types of programs can challenge long-held beliefs about aging, normalizing it for young children.

“Interacting with older adults is great for children’s social development,” says Hamm,



Residents and preschoolers enjoy showing off and admiring each others’ costumes at Halloween.

drawing from her experience at the Apple-a-Day Preschool. “Since most of the students haven’t spent a lot of time with older generations outside their family, our programs can help dispel negative opinions or fears of the elderly.”

Hamm also says she’s seen the children develop empathy and compassion for others while also improving their communication skills. “Both parties can be motivated and inspired by the other. The interactions encourage positive self-image and increased self-esteem.”

Starting an intergenerational program at a senior living community doesn’t have to be complicated. Look for local partnerships with churches, childcare programs, and schools. And grants and other funding may be available to help create or sustain a program.

Because when generations meet – magic is in the air.

Christina Taylor is director of communications for Presbyterian Manors of Mid-America, a not-for-profit, faith-based organization with 75 years of senior living experience in Kansas and Missouri.

Becoming an Intergenerational Learner

Wilson McCoy, GenOn Ministries

When Parker Palmer turned eighty, he released a book of essays and letters reflecting on the twilight of his life called *On the Brink of Everything: Grace, Gravity, and Getting Old*. Always a learner, he offered the book as a collection of wisdom received from mentors and mentees encountered. That willingness to glean from both older and younger demonstrates an important posture in our lives. We have much to learn from every generation!

This intergenerational attitude can be summed up in a quote from Palmer. He writes, “When young and old connect, it’s like joining the poles of a battery. Together, we generate energy

for personal and social change that an age-segregated society cuts off.”

Developing an intergenerational spirit of learning is a skill we develop through our lives. A generationally-dismissive spirit is an alternative path. Sometimes younger generations can roll their eyes towards anyone who might speak with graying hair. Other times older generations can write off anyone who might fall within a category labeled “young.” The result is a perpetuation of generational divides between groups.

There is also an immediate impact to our own growth and development. We put ourselves

in a position where we cannot be shaped and formed through our encounters with others of different ages and stages in life.

Therefore, an important call for all age groups is to begin to cultivate an “intergenerational spirit of learning” in our communities of faith. This means beginning to see the gifts that every age group—older and younger—have to offer to my life and the life of my church.

But how might an individual begin to develop this skill? I would like to offer a few suggestions based on my life and work within churches for the last twenty years.

When young and old connect, it’s like joining the poles of a battery. Together, we generate energy for personal and social change that an age-segregated society cuts off.

Parker Palmer, *On the Brink of Everything*

1 Keep an openness to God’s movement through every generation.

The work of God through Scripture has always been an intergenerational movement. One might think of the incarnation of Jesus as the pinnacle of this conviction. Jesus and John are newborn babies. Elizabeth and Zechariah are both getting on in years. Mary and Joseph are a young couple pledged to be married. Simeon is near the end of his life and Anna the prophet is eighty-four years old. The shepherds are likely somewhere in the middle of these age extremes.

A variety of ages and stages of life weave together to bring about the entrance of Jesus. The same is possible within our congregation if we make space for such movement. Churches can move in this direction by asking: Are we open to this intergenerational movement of God in our lives today?

In your community of faith, find ways where you can name how God is working in the various age groups within a church. Try naming them in the worship gathering, print them in the bulletin, and keep teaching your church about the priority of every generation.



2 Look for gifts that other generations have to offer.

A central metaphor used through Scripture is that of the Body of Christ. In Paul’s letter to the Ephesians, he talked about gifts given to the community. To begin this reflection, he tells the church “But to each one of us grace has been given as Christ apportioned it” (Ephesians 3:7, NIV).

Paul believes that everyone in a congregation has some kind of grace—a gift—and that the rest of the Body can benefit from it. Everyone in a congregation has received some gift of grace. Therefore, churches can start asking: Are we creating spaces in our communities of faith where we get to experience and encounter the gifts of every age?

Evaluate your church through this lens. Consider the different arenas of your church by asking if we are currently giving attention to every age group to contribute—in things like leadership, worship, and service opportunities.

3 Be willing to offer what you have in the life of your community.

Part of learning is not just receiving. It is also about giving. That is when the sparks of connection can happen.

This is especially true of older individuals in churches. They have so much wisdom and experience to offer. Yet, I can recount numerous older adults who questioned if they had a role to play or anything to offer

to their church. The answer is yes! But it first takes an internal conviction that I matter and that God has given me things to offer.

Ask yourself: What are some of the gifts that I can give to my church that can help, encourage, or build up someone in my midst? Time, resources, mentoring, and words of blessing are just a few of the things I have witnessed older adults offer to make an impact in their churches.

These three ways are a step towards the skill of becoming an intergenerational learner.

We open ourselves to the God of every generation. We look for the gifts around us in our community. We look within to see how God has shaped and formed us and offer that to others.

When that happens, sparks of the Spirit will move through our lives and the lives of our communities of faith. All of us will be better formed when we become these kinds of people. As Parker Palmer discovered in his eightieth year, the wisdom we need is already present among us—we need only create the spaces to receive it.

*Wilson McCoy is a minister, professor, writer, and church consultant. He loves spending time with wife and two daughters when he is not experimenting in the kitchen and listening to music. He is the editor of the book with ACU Press, *Imagining All Generations: A Renewed Vision for An Intergenerational Church*. He also works for GenOn Ministries, which is an ecumenical organization helping churches to develop intergenerational cultures. You can find free faith formation resources as well as learn more about Wilson's writing, speaking, and intergenerational consulting at his website, drwilsonmccoy.com.*

Resources for Intergenerational Relationship Growth

In a world where church life is often siloed by age and stage, the shift to intergenerational ministry is more than just having different ages gathered in the same space.

It's an intentional shift to focus on nurturing relationships among generations, where faith is shared through connections.

Intergenerational ministry is rooted in the belief that faith is more caught than taught.

When people of all ages walk alongside each other, they learn and grow together, shaping a community that reflects the true body of Christ.



genonministries.org

Join POAMN in Tennessee for Our 2026 Gathering

Mark your calendar for September 2026, and join POAMN in Tennessee for our annual conference. Join us for an inspiring gathering focused on spiritual depth, resilience, and continued fruitfulness—themes that matter deeply for leaders walking alongside older adults through seasons of transition.

- **Gain Fresh Perspectives:** Hear from experienced ministry leaders and peers who understand the unique challenges and joys of serving older adults.
- **Access Practical Tools:** Discover actionable strategies and resources you can immediately apply in your ministry context.
- **Strengthen Your Spiritual Connection:** Engage in sessions designed to deepen your faith and renew your sense of purpose.
- **Address Emerging Challenges:** Learn how to navigate issues facing older adults, caregivers, and faith communities today.
- **Network and Collaborate:** Build relationships with others passionate about older adult ministry and share ideas that work.

Apply for Financial Assistance

Interested in attending the 2026 POAMN conference, but finances are a constraint? POAMN has limited scholarship funds to assist participants with conference expenses. POAMN members will receive first consideration for scholarship awards. Apply by June 1.

Rooted in Hope

Equipping Leaders
for Ministry with
Older Adults



Find information at
poamn.org/conference



Apply to Present

Do you have expertise in older adult ministry that you can share with conference attendees? POAMN seeks presentations and workshops that will inform attendees about older adult ministry-related resources that address the challenges and needs of older adults, caregivers, and faith communities. We're particularly looking for presentations that focus on the following:

Practical Ministry Strategies
Spiritual Foundations
Health, Wellness, and Wholeness
Building Trust and Relationships
Leadership Development

Proposals are due by April 1.



Deeper Connections

A Ministry for Meaningful Conversations and Aging Well

Debbie Cover, Harvey Browne Memorial Presbyterian Church, Louisville, Kentucky

When older adults at Harvey Browne Memorial Presbyterian Church began longing for more activities for their age group, the three ministers listened and “felt the Spirit moving.” Associate Pastor Katherine Kubar describes how they heard that congregants wanted “something they didn’t already have, so we got together and dreamed and issued a call for two listening sessions” in February of 2025.

The large number of mostly retired folks who attended identified that they wanted three things: fun activities, food events, and a forum for having deeper conversations. The overall group voted to call itself “Prime Time.” Events were planned throughout the year, such as going to see a Louisville Bats ball game together, riding on the Belle of Louisville steamboat, seeing a musical at the Derby Dinner Playhouse, and attending a dulcimer concert.

Kit Tossman, a fiber artist with a 40-year career in social services, and Debbie Cover, a mental health counselor and former spiritual retreat leader, expressed a passion for the study/conversation aspect. They did not know each other, but both felt a call to this new ministry, which falls under the church’s Congregational Life Committee.

“It didn’t take long for the Holy Spirit to bring us together as we each expressed a yearning for deep conversations about staying energetic in the third thirty years of life,” Debbie said. Kit pointed out that they also wished to develop a community of folks to support each other through the losses and limitations of aging. So the Deeper Connections group was born as part of Prime Time, with the encouragement of the ministerial staff.

Kit and Debbie read that more change and personality development is required in the older

years than at any other time of life, especially as seniors face challenges searching for purpose in retirement. Debbie had started a class in the POAMN certification program in January 2025 and was already a POAMN member, while Kit knew that with her ensuing retirement she wanted a new project.

The two women began meeting at least once a month to plan mini-retreat sessions that would offer a discussion-based curriculum for their peers. They decided to hold the sessions on the second and fourth Thursday mornings at the church, with each session standing alone “to nourish our souls,” in the event participants could not come every time.

“A review of our long lives brings us freedom to develop new perspectives, along with a chance to creatively prepare together for the end to our faith journeys,” they agreed. Group members say it is a place to share with others and discover you are not alone, to hear other points of view, to have a sense of community with folks in the same stage of life, to share the challenges of aging and hear possible solutions, and to get to know others on a deeper level.

Group members consider Bible verses, take part in an activity, eat snacks, pray for each other, and share ideas on ways to enrich their lives. They also use symbols/visual objects and usually end by listening to a hymn on the theme for that day.

Participants are leisurely progressing through “Pilgrimage Into the Last Third of Life” by Jane Marie Thibault and Richard L. Morgan. So far, group members have shared photos of their younger selves, considered how the church can be more accessible to those with hearing/vision difficulties, learned new prayer methods, performed roleplays, packed an imaginary suitcase with character traits needed for the aging journey, and considered hard questions.

They meet together as people committed to being vulnerable and kind to each other. The leaders say, “We have no experts, but we have many collaborators. We will continue doing inner work on forgiving, finding gifts in diminishment, becoming interdependent, leaving a legacy and growing in ways to glorify God. Not all churches have a group dedicated to such discussions, so we feel richly blessed with these opportunities!”



Members of the Deeper Connections group use different activities and techniques, such as creating these collages, to explore topics and build relationships with each other.

Although they keep the ministers aware of their progress and topics, all the leadership has been lay-led, supplementing with any general aging information they pick up from the media or happenings in the community. Bouncing ideas off each other, Kit and Debbie have found or devised a wealth of activities, as well as developing a rich friendship for themselves and those who attend. About thirty people have attended the sixteen sessions held thus far, with about a dozen people attending each time.

“We love the creativity that is involved in planning and we never know where the discussions will take us,” both leaders said. “We feel that Deeper Connections speaks directly to the loneliness, health issues, and caregiving burdens seniors face. It keeps us involved as faithful volunteers and givers and as a stable anchor for the church in a changing culture.”

Debbie Cover is a licensed mental health counselor. A minister's wife for 46 years, Debbie also has taught Sunday School at a number of Presbyterian churches and earned the certificate in Spiritual Formation from Columbia Theological Seminary.

Grow Your Skills in Older Adult Ministry

Want to better serve older adults in your congregation and community? Explore online courses through Columbia Theological Seminary's Center for Lifelong Learning.

The Older Adult Ministry Certificate, offered in partnership with POAMN, features four core courses:

- The Process of Aging and Implications for Ministry
- Teaching for Transformation with Older Adults
- Theological Reflection in Older Adulthood
- Spiritual Formation and Older Adults

Complete all four courses to earn the certificate in older adult ministry. Ready for more? Pursue a Level II certificate by adding a capstone project. Learn more at poamn.org/courses.



Connecting Seniors to Support and Solutions

An interview with the Rev. Shannon White, White Plains Presbyterian Church, White Plains, New York



Aging brings both opportunities and challenges, and many congregations are discovering creative ways to support older adults in navigating this season of life. One effective approach is hosting events that connect people with practical resources and expert guidance—all in a welcoming, community-centered setting. A congregation at which the Rev. Shannon White previously pastored launched an initiative called Tools for Aging Well to do just that: provide a space where older adults and their families could learn, ask questions, and build relationships with local professionals dedicated to senior care.

POAMN: What prompted the congregation to hold this event?

Shannon White: Knowing many of our congregants would

benefit from this information, we sought to bring together local/regional resources in one place at one time.

POAMN: What did the event entail?

SW: Tools for Aging Well opened with a panel discussion. Panelists included representatives from an assisted living community, a nursing home, and a concierge service for senior care and caregivers, as well as an attorney specializing in eldercare and a healthcare expert in the field of gerontology.

Each gave a five-minute presentation then all addressed a series of questions. We solicited questions in advance and selected ones to include.

Following the panel, attendees browsed the exhibit hall to meet organizations offering services in this field, including

those who participated in the panel. There was lots of giveaway items, a definite draw!

Each participant also received a booklet summarizing event resources and organizations, a brief description of services, and contact information. The congregation provided coffee and finger foods.

POAMN: What was key to the event's success?

SW: In the beginning, I reached out to people in the eldercare field in town and asked them, "Who needs to be included?" I got a treasure load of contacts and personal referrals. The community of professionals in this field is very well connected. I made sure to personally call the executive director of the town's Office of the Aging to include her at the start. Lead time on this part was 3-4 months out.

Press coverage also was important. As a former journalist, I contacted all the area media. The event was featured on the front page of one of the local newspapers which gave the congregation great free press with the target audience. Of course, we utilized social media as well. The participating organizations also helped to spread the word. In all, we had more than 300 participants (both presenters and attendees).

POAMN: Was this a one-time event?

SW: After the initial event, we continued with monthly events, each one featuring a single organization. We collected names and contact information of attendees at the kick-off, which we used for promotion of subsequent events.

This on-going program continued to be a draw for both

members of the congregation, their adult children, and many residents in town, as well as many colleagues of presenters who came to learn and support them. Win-win all around. Plus, the amount of goodwill it created for us among the caregiving community and professionals was incalculable.

*Rev. Shannon White is the pastor at White Plains Presbyterian Church in White Plains, NY. She has served multiple congregations (both PCUSA and UCC) in Westchester and Fairfield Counties over 34 years. She is also an award-winning former journalist and the author of two books, including *The Invisible Conversations with Your Aging Parents*. Within the PCUSA, she is the former chair of The Jarvie Program, run through the Presbyterian Foundation. She lives in Branford, Connecticut, with her spouse.*

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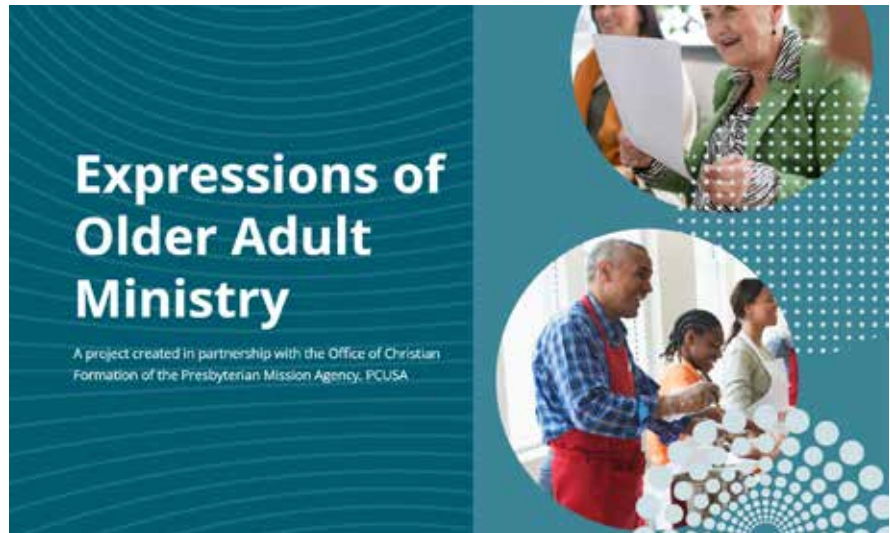
Membership in (POAMN) is open to anyone who is promoting, stimulating, developing, and advocating for older adult ministry with congregations, presbyteries, synods, or institutions and organizations related to older adult ministry. See membership options at poamn.org/support-our-work.

Membership Options

- Individual
- Couple
- Affiliate
- Organization

Online Guide to Serving Older Adults

Tools, Tips, and Real-Life Examples



Have you explored POAMN's online resource, Expressions of Older Adult Ministry? This comprehensive guide offers practical tools and insights for ministering with, to, and for older adults. Whether you're a seasoned leader or just starting out, you'll find valuable support and ideas inside.

Expressions provides guiding principles for serving older adults, a reformed theological framework, and a wealth of actionable strategies for your ministry context. The content is delivered through instructional videos, interviews with ministry leaders, and written materials. Many videos include transcripts for easy reading, and modules feature discussion questions and activities to deepen learning.

Because ministry with older adults varies by church size, community setting, and demographics, Expressions

showcases real-life examples from congregations across PC(USA). These modules help you grow in both knowledge and practical skills for serving your community.

Created by experienced practitioners, this resource reflects the wisdom of those actively engaged in older adult ministry. Many congregations with older members are led by pastors or formation leaders in their 30s and 40s. If you're a millennial leader or volunteer, you'll appreciate hearing from peers who share their tips, challenges, and joys in this unique ministry setting.

Developed through collaboration between POAMN and the Office of Christian Formation in PC(USA), Expressions of Older Adult Ministry is ready for you to explore. Begin your journey today at poamn.org/expressions.

What can you find online inside Expressions?

Facts about the older adult demographic

Leader's guide for discussion groups with older adults

Case study for discovering your mission

Testimony about a ministry with widowers

Conversation on the unique needs of LGBTQIA+ older adults

Bring Your Ideas to Life

Apply for a POAMN Grant

Have a creative idea for ministry with older adults or want to refresh an existing program? POAMN offers small grants (typically \$250–\$500) to help members bring new visions to life. You can use these funds to:

- Launch a new older adult ministry
- Reimagine and enhance an existing program
- Experiment with innovative approaches

Grants may support a one-time event, such as a workshop, or an ongoing activity. Eligible applicants include individual, affiliate, and designated representatives of organizational POAMN members.

Visit poamn.org/grants to learn more.



Bright Ideas in Older Adult Ministry

Study a topic like end-of-life decision-making

Organize a retirement workshop

Plan a mission trip or activity

Teach seniors about technology

Offer a craft, art, or religious arts course

Focus on a timely issue such as ageism or racism

Build intercultural bridges with another faith group

Make church facilities older adult-friendly

Hold community nutrition workshops

Support caregivers

Lend Your Talents to Inspire Others

POAMN is a largely volunteer-run organization. Please consider lending your talents and abilities to a POAMN workgroup. Join us in inspiring pastors, chaplains, Christian educators, ruling elders, and volunteers in serving older adults. Send us your interest at poamn.org/about/workgroups.

POAMN Workgroups

Education, Resources, and Training

- Creates online and in-person activities, events, and tools to support members and older adult ministry leaders in their work
- Plans the annual conference
- Coordinates publication of this resource guide

Connectivity

- Nurtures communication and connects people with POAMN's resources
- Plans communications/activities that encourage nonmembers to join and keeps current members involved

Partnerships

- Fosters relationships with the Office of Christian Formation, Christian Formation Collective members, Columbia Theological Seminary's Center for Lifelong Learning, and older adult ministry groups in other denominations

Like good stewards of the manifold grace of God, serve one another with whatever gift each of you has received.

1 Peter 4:10 (NRSVUE)



POAMN's Education, Resources, and Training workgroup plans our annual conference. The 2025 event, pictured above, was held in Boulder, Colorado, in September.

Living a Legacy

Embracing Reflection, Storytelling, and Spiritual Growth

Robin Johnson, Clear Lake Presbyterian Church, Houston, Texas

Upon being hired as the director of Older Adult Ministry at Clear Lake Presbyterian Church I quickly realized there was more to this age group than I understood when I accepted the position. Though I was approaching older adulthood I hadn't given much thought to the triumphs and challenges of aging. In fact, I'd actively tried not to think about them. I learned that I wasn't alone in avoidance.

In fact, there are multibillion dollar industries to encourage and support avoidance and, as a result, the challenges of aging are often dismissed rather than addressed. This strategy works well until it doesn't. Bodies in motion are excellent at avoiding unpleasant realities. Bodies at rest or tending toward less motion find those realities catching up with them. With increasing longevity, older adults search for meaning and purpose after retiring from careers or raising a family. This search begins in earnest in the years when past

generations would have stopped all searching. We are charting newish territory.

Through my study in the Older Adult Ministry certificate and the Spiritual Formation for Older Adults certificate with Columbia Theological Seminary I learned that for many older adults, faith is a source of well-being. By taking time to dig deeper into faith as we age, we build a stronger foundation for growth well into our later years. One of the tasks of older adulthood is making meaning. A faith foundation helps us do that.

In their book *From Age-ing to Sage-ing*, Zalman Schachter-Shalomi and Ronald S. Miller talk about the idea of eldering stating that it "deals with developing contemplative skills, harvesting one's life, leaving a legacy for the future, and preparing for death." Keeping these tasks in mind, I created a class that helps participants find



meaning in their later years and answer questions about life, death, and leaving a legacy that are most relevant for them.

The Living a Legacy Class

Living a Legacy took place over four weeks, in the form of weekly 90-minute sessions. Each week began with a group exercise of devotional reading and contemplative prayer. The following hour was devoted to sharing and discussion. Each session concluded with a time of creative exploration centered around creating a legacy project.



Devotional Reading and Contemplative Prayer

The contemplative time was modeled on Lectio Divina. Each week class participants took turns reading aloud a psalm chosen to reflect the topic of discussion. The psalm was read three times with a period of silence between each reading. Following the third reading and time for silent reflection, participants were invited to share a response to the psalm or to a word or idea in the psalm or share a story that the psalm sparked in them.

Sharing and Discussion

Following the contemplative time was an hour of discussion time. Discussion took place in the large

group of roughly 15 participants, at table groups of 4-6 participants, and between two-person conversational partners. During this time, I used a variety of questions to encourage personal sharing between participants. Participants also sat with a new group and shared with a new partner each week.

Each of the four classes addressed a topic that moves participants toward telling their story in a way that is meaningful to them. Presentations were brief and specific, using questions to guide the group rather than lecture.

- Week 1: The elephant in the room—conversations about aging and death We talk about expectations, disappointments, and fears, as well as about surprises and joys.

We each have a story and we really do want to tell our story; we want it to be known, at least by the people we love most.

Rabbi Steve Leder, For You When I Am Gone

- **Week 2: The past**
Topics include relationships, regrets, success/failure, professional and personal life.
- **Week 3: The future**
We talk about the power of forgiveness as we become our true selves and live fully as God created us to live.
- **Week 4: Our legacies**
We discuss the legacy work that's been done and talk about legacy and New Life, circling back to the conversations about death that we had in the first week. We also take time to share any insights or movement by the Spirit that we experience.

Legacy Project Creation

The final thirty minutes of weeks 1 through 3 were devoted to working on individual legacy projects. Participants had art supplies, writing materials, and the church's Spirituality Center available for use. They also could bring their own materials.

Ideas for legacy projects were offered but each participant was encouraged to follow the direction that most appealed to them. During the last week of the course participants were invited to share their legacy projects with the group.

Insights From Participant Experiences

Participants completed a brief survey by email at the end of the course.

People felt the time of silence and reflection was an effective way to help them step out of the busyness of the world and engage with the discussion topics that were presented in this course. This was also an opportunity to model contemplative practices with the intention that participants try the practice at home.

Participants were initially disappointed when they learned the 90 minutes of time across the sessions would not be sufficient for completing a

Legacy Projects for Every Comfort Level

Legacy projects are an opportunity to reflect on life and meaning and share that with those you love. Legacy projects are about connection, not a polished product. The most powerful legacy projects are those made with love.

Getting Started: Simple Steps Begin With What Matters

Ask yourself: What stories, values, or wisdom do I most want to share? What brings me joy to think about? What questions do I wish I had asked my own parents or grandparents?

Start Small but Start Now

Legacy projects don't have to be elaborate. Begin with a single letter, one recorded story, or organizing photos from a particularly meaningful time. The simple act of beginning creates momentum.

Consider Recipients

Think about who might treasure different aspects of your legacy. Consider creating different projects for different people, addressing what would be most meaningful to each.

Embrace Technology When Helpful

Digital tools have made legacy work more accessible than ever. Voice recording apps, digital photo books, and online platforms for storing memories can simplify the process.

legacy project. However, participants indicated that the encouragement to start and the time spent planning was valuable. They also appreciated the flexibility of the project ideas.

While most of the participants were very interested in the idea of a legacy project and what that might mean for them, none of them took advantage of the space or materials provided to work on that project during the allotted time. Participants had a variety of reasons for not using the time as expected.

In the final session, a few shared projects that they had begun during the four weeks of the course. Some shared their ideas for future projects. Others shared projects that they'd completed prior to the class or that had been completed for them by someone else like a child or parent.

“Each period of life has its own purpose. This later one gives me time to assimilate all the

others,” states Joan Chittister in her book *The Gift of Years*. “The task of this period of life... is not simply to endure the coming of the end of time. It is to come alive in ways I have never been alive before.”

Through contemplation, conversation, and creativity, Living a Legacy helped each of the participants think about the purpose of age and how to live well.

Robin Johnson is the director of Mental Health and 55+ Adult Ministry at Clear Lake Presbyterian Church (Houston, Texas). In this role, she invites church members and those in the community to engage in mental wellness throughout their lives. She also implements programs and encourages habits that foster strong faith and community in later life. Robin is a former educator, administrator, and counselor.

Legacy Project Ideas

For Those Who Love Writing



- Ethical wills (letters sharing values, hopes, and life lessons)
- Memory books with stories behind family photos
- Letters for specific future occasions (graduations, weddings, births)

For the More Visual or Tactile



- Memory quilts made from meaningful clothing
- Artwork that expresses your essence or important life themes
- Recorded cooking lessons of family recipes

For Those Who Prefer Speaking



- Audio recordings of family stories or favorite memories
- Recorded interviews about your life experiences

Find more ideas at

poamn.org/legacy-projects

WORSHIP SERVICE FOR OLDER ADULT SUNDAY/MONTH

God's Faithful Presence Through All Our Days

Jen Rabenaldt, CRE, First Presbyterian Church, San Luis Obispo, California & POAMN Board Member

Call to Worship

Leader: Friends in Christ, we gather in the presence of the One who has been our help in ages past and our hope for years to come.

People: From generation to generation, the Lord is our dwelling place.

Leader: God's steadfast love endures forever.

People: We lift our hearts in praise and thanksgiving.

Opening Prayer

Eternal God, you have walked with us through all the seasons of life— in youth and in age, in joy and in sorrow, in strength and in weakness. As we worship you now, remind us that your promises never fail, and your grace is new every morning. Open our hearts to your Spirit's comfort and our minds to your Word. Through Jesus Christ, our Lord. Amen.

Hymn

"Great Is Thy Faithfulness"

Call to Confession

Leader: We come before God with honesty, trusting in mercy. Let us confess our sins together.

Prayer of Confession

Loving Lord, we confess that we have not always trusted you fully. We have worried more than prayed, held onto grudges more than forgiveness, and forgotten that we are never alone. Have mercy on us, O God. Renew us with your peace, and restore to us the joy of your salvation. Amen.

Silent Reflection

Assurance of Pardon

Leader: Friends, hear the good news: As far as the east is from the west, so far has God removed our

sins from us. In Jesus Christ, we are forgiven and made new.

People: Thanks be to God!

Prayers of the People

Loving God, we thank you for the gift of long life, for memories that warm us, and for your mercies that never end. We pray for those who feel lonely or forgotten may your presence comfort them. We pray for those who are ill or weary, may your strength sustain them. We pray for families and caregivers—may your love guide their patience and compassion. And we pray for the world, that all your children may know peace, justice, and hope. We lift these prayers in the name of Jesus, who taught us to pray: Our Father, who art in heaven...

Hymn

"Just As I Am"

Affirmation of Faith

We believe in God, whose love is ever constant and steadfast, even when we are not. We believe in Jesus the Christ who walked among us, who was betrayed and forgave, and who died that we might live. We believe in the Holy Spirit, ever present with us to comfort as well as urge us forward in the name of Christ. We believe in the church as the place where we are loved as we are and still gently encouraged to grow. We believe that we are called to be the church, to love people more than they deserve because Christ so loves us. We believe in the miracle of life and in the life everlasting. Amen.

Prayer for Illumination

Holy Spirit, open our ears and hearts to hear your Word with joy. Speak to us comfort, courage, and faith that we may walk in your ways all our days. Amen.

Scripture Readings

Psalms 71:1-9 and Isaiah 46:3-4

Message

Center on how God's faithfulness never ceases as life changes.

Key points:

- *Simeon and Anna remind us that waiting and wisdom are sacred gifts.*
- *God's promises come to fulfillment, even if we see them slowly.*
- *Aging brings new ways of seeing; God's love grows deeper, not dimmer.*
- *"Even to your gray hairs, I will carry you." (Isaiah 46:4)*

Offering Our Tithes and Gifts

Doxology

Hymn

"Ancient Words"

Charge

Go forth in peace, knowing that God who created you still holds you close; Christ who redeemed you still walks beside you; and the Holy Spirit still breathes life and joy within you.

Benediction

May the God who has guided you through every season continue to bless you with peace, strength, and joy. May Christ shine through your wisdom, and may the Spirit sustain you in hope each day. Go in peace to love and serve the Lord. Amen.

Jen Rabenaldt serves at the church she grew up in, First Presbyterian in San Luis Obispo, California. She became a commissioned ruling elder in 2023 after years of service as the director of Christian Education. She is commissioned to facilitate Christian Education for all ages with an emphasis on older adult ministry and congregational care. Jen's personal experience in the Sandwich Generation prompted her to research information and helpful tips for those who are experiencing the same. She also is a member of POAMN's board.

For additional worship services ideas, visit



- poamn.org/older-adult-month
- pcusa.org/resource/older-adult-sunday-worship-resources-journey-life
- pcusa.org/resource/older-adult-sunday-worship-liturgy-and-celebration-ideas

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Senior living communities throughout South Carolina

www.prescommunities.org



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www.presbyterianmanors.org



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Presbyterian Association of
Homes and Services for the Aging

www.pahsa.org

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Show your support for POAMN's mission and connect with faith leaders who work with older adults by becoming a POAMN sponsor.

Resource guide sponsorships include:

- Organizational membership (two representatives)
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- Newsletter article

The resource guide is distributed to POAMN members and PC(USA) presbytery and synod leaders, as well as at events POAMN sponsors and attends (such as the APCE Annual Event). The guide also is available at poamn.org/resource-guides.

Want to meet older adult leaders in person? Consider sponsoring POAMN's annual conference.

Learn more about sponsorship opportunities at poamn.org/sponsorship.

Have questions about supporting POAMN? Contact info@poamn.org.



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