

# Coffee Mondays

## Mondays, 10-11 AM



The first Monday morning of every month come for coffee, breakfast snacks, and conversation. It's a great way to get to know your neighbors and library staff! Brought to you in partnership with River Forest Township.

### January 6

Age Options will join us to talk about Medicare 101 and Medicare scams to be aware of.

### Feburary 3

Mary Allen, RN, CMC from Cantata will discuss their overall services and provide education about hospitalizations that require skilled care.

### March 3

Janis Johnston will talk about her recent book: *Transforming Retirement: Rewire and Grow Your Legacy*.

### April 7

Center for Disability and Elder Law (CDEL) will talk about Powers of Attorney (including for those who are alone and those with dementia), Wills and TODIs (Transfer on Death Instruments). This session will run until 11:30 AM to allow for questions.



**River Forest  
Public Library**  
Your journey starts here.

