

FOREST PARK SENIOR NEWS

March

April

2025



HOWARD MOHR COMMUNITY CENTER

7640 JACKSON BLVD.

FOREST PARK, IL 60130

708-771-7737

RORY HOSKINS, MAYOR

Karen Dylewski, Director

Brenda Powers, Assistant Director



Dear Friends:

It seems so far away, but Spring will be here before you know it! Snow melts and flowers begin to bloom, cold winter winds turn into warmer breezes and we begin to venture out again! We have so many fun things planned the next few months.

Our first March trip is to a new smaller and more personal venue, The Stolp Island Theater in Aurora. We will stop at the Fireside Grill for a delicious lunch before seeing Million Dollar Quartet. We return to the Jacobs Henry Mansion next for an out of this world experience, literally. We will enjoy a delicious meal prepared at the Mansion and then we will be entertained by World renowned Psychic Medium, Michael Gourley.

April begins with a Mystery Trip on the 9th...Hint: Easter is not too far off! Next we will travel to the Citadel Theater in Lake Forest, IL to see "A Jukebox for the Algonquin". The Lantern of Lake Forest is the first stop for lunch.

If you have not joined our group for Bingo yet, now is the time! Join us for an exciting day filled with a delicious lunch, yummy popcorn, 10 fun games of BINGO! Prize money is awarded to winners, with a special prize for the last game!

Karen & Brenda



...DON'T FORGET...

| | |
|-----------|--|
| Monday | Shopping Trader Joes |
| Tuesday | Senior Club meets 9am – 1pm |
| Wednesday | Shopping Jewel |
| Friday | Walmart *Walmart shopping can also be scheduled Monday, Wednesday, Thursday* |



****Shopping trip pick up begins at 9:30am. Call the Center at least 24 hours in advance to schedule. There is limited space for the shopping trips****

Pace Transportation

Please call the Center at least 24 hours before your scheduled appointment. Cost is \$2.00 per ride. Coupons are available for purchase. 708-771-7737

Senior Bingo & Lunch 12:00noon (Bingo begins at 1:00)

Thursday, March 27th and April 24th (call for lunch menu) Registration is required.

Senior Movie 1:00pm

Thursday, March 13th - “Twisters (2024)” and April 10th- “Conclave (2024)” Popcorn is served!
If you need a ride and live in Forest Park, please call the Center. Reservations for the Movie are NOT required.

AARP Tax Aide

Monday & Tuesday, February through April, 9am – 2pm, AARP volunteers will be at the Howard Mohr Community Center to assist with your free tax preparation. Call the Center at 708-771-7737 to secure an appointment. ***Appointment times are going fast!!***

Senior Chair Exercise

Tuesday – 1:00pm
Instructor: Brenda

Senior Line Dance

Wednesday – 11:30am
Instructor: Fit 4 Chicago

Chair Stretch & Relaxation

Thursday - 9:30am
Instructor: Fit 4 Chicago

- ❖ *Trips **MUST** be paid by the due date or your reservation will be cancelled. Programs may be cancelled if minimum not met*
- ❖ *In order to accommodate those on the waiting lists, please allow at least a 48 hour notice if you need to cancel your trip*
- ❖ *No refunds of trips unless we are able to find someone to take your place*
- ❖ *Please save the first row behind the driver for the trip escort And the first two rows of seats for those with limited mobility*



DAY TRIPS



March 5th Wednesday Million Dollar Quartet/Fireside Grille

Four Legends. One Night. Music History Made. As soon as audiences step inside Stolp Island Theatre, they'll feel like they've stepped back in time to December 5, 1956, inside the Sun Records recording studio in Memphis, Tennessee, where music legends Elvis Presley, Johnny Cash, Jerry Lee Lewis and Carl Perkins came together and recorded one of the most historic jam sessions in rock and roll history. The new Stolp Island Theatre was designed to immerse you in the experience so you can say "I was there!" Lunch before the show at the Fireside Grille.

Level of walking:



MEAL: Includes bread and butter, soup, beverages, dessert and choice of:

1. Broasted Pork Chop: 10 ounce center-cut pork chop, lightly dusted & broasted, served plain or dipped in our homemade BBQ sauce.
2. Gulf Fried Shrimp: Five jumbo shrimp, fried & served with cocktail sauce
3. Fireside Meatloaf: Grilled meatloaf topped with our homemade BBQ sauce or topped with smashed potatoes and drenched in French Onion meatloaf

Cost is \$ 120.00 (Resident) \$ 123.00 (Non-Resident)

Min 20/Max 30 Payment due: Your reservation will be cancelled if not paid by Friday, Feb. 21st

Center Bus Pick-up is 10:00am Leave at 10:15am Approximate return time 6:00pm

March 19th Wednesday Jacobs Henry Mansion/Michael Gourley

Join us on this unique trip to see Psychic Medium Michael Gourley, one of the "Top 10 Chicago Psychics". Participate in a group reading where he uses his gifts to deliver messages from loved ones that have passed on to those in the audience. Maybe you will receive one of those messages as well. A self-guided tour of the Mansion and Old Central Church are also available to all who attend. Lunch is provided by the Jacobs Henry Mansion before the reading.

Level of walking:



MEAL: Preset menu includes Jacobs Chicken Cordon Blue (Grilled Chicken Breast served open with ham, cheese and bearnaise sauce), chef's choice of potato and steamed vegetable and beverages

Cost is \$ 100.00 (Resident) \$ 103.00 (Non-Resident)

Min 25/ Max 30 Payment due: Your reservation will be cancelled if not paid by Friday, March 7th

Center Bus Pick-up is 9:45am Leave at 10:00am Approximate return is 4:30pm



DAY TRIP



April 9th Wednesday Mystery Trip/Easter is almost here

An exciting day of spiritual renewal awaits. Easter is a special time of the year, so let's celebrate with a day together experiencing new things and enjoying a wonderful lunch together. I can tell you that lunch will be at Tiffany's Restaurant in DesPlaines.

Level of walking:



MEAL: Lunch will include rolls and butter, soup, dessert and beverages

- Choice of
1. Breaded Pork Tenderloin served with mashed potatoes and gravy
 2. Grecian Chicken Breast served with potato or rice
 3. Roast Sirloin of Beef with potato or rice

Cost is \$ 110.00 (Resident) \$ 113.00 (Non-Resident).

Min 25/Max 30

Payment due: Your reservation will be cancelled if not paid by Friday, March 28th

Center Bus Pick-up is 8:45am

Leave at 9:00am

Approximate return is 6:15pm

April 23rd Wednesday Citadel Theatre/ The Lantern of Lake Forest

A Chicago Theatre premiere and Wilde Award Winner! *A Jukebox for the Algonquin* wittily navigates the highs and lows of aging with laughter, nostalgia and a touch of rebellion. All the residents of Placid Pines Senior Care Center want is a jukebox, but that simple request leads to a side-splitting, roller-coaster journey. Every once in a while, a show comes along that was put together with so much love, collaboration and talent that it's hard to even know where to start. Lunch will be before the show at the Lantern of Lake Forest.

Level of walking:



MEAL: Includes Appetizer, dessert and beverages

- Choice of
1. Chopped Sirloin: 12 ounces angus chuck smothered with grilled onions & mushrooms served with coleslaw & your choice of side
 2. Shepherds Pie: ground top sirloin, carrots, peas & onions in homemade gravy and topped with mashed potatoes
 3. Half Slab BBQ Ribs: served with coleslaw & your choice of side

Cost is \$100.00 (Resident) \$103.00 (Non-Resident).

Min 25/ Max 30

Payment due: Your reservation will be cancelled if not paid by Friday, April 11th

Center Bus Pick-up is 9:30 am

Leave at 9:45 am

Approximate return is 5:30 pm