

Food Resources open to Old Saybrook, CT Residents

Rev. May 20, 2020



For information about SNAP, WIC and other state- and federally-funded assistance programs, please contact your town's office of Social Services or call W&FLC to speak to a Referral Navigator.

NAME: Community Dining Room Founded in 1985, the Community Dining Room (CDR) is a private, not-for-profit organization providing food, support and companionship to our shoreline neighbors.	
Who:	All Shoreline Residents from East Haven to Old Saybrook including the towns of East Haven, Branford, North Branford, Guilford, Madison, Clinton, Westbrook, and Old Saybrook: all ages, no proof of income needed.
What:	Free carry-out meals and a home delivery program
When/where:	30 Harrison Avenue, Branford at the following times: Sunday-Friday: 12:00 PM – 1:00 PM Saturday: 11:00 AM – 12:00 PM Tuesday Kid's Night Meal: 5:30 PM – 6:30 PM Wednesday & Friday Take-Out dinner: Pick up 1:00-3:00 pm
How:	Please call ahead for dinners or delivery program: (203) 488-9750
Phone:	(203) 488-9750
E-mail:	info@communitydiningroom.org
Facebook	https://www.facebook.com/CommunityDiningRoom06405/
Website:	https://communitydiningroom.org/about/

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Name: The CT Food Bank Mobile Pantry – Clinton Mobile Pantry	
Physical address: CT Food Bank head office: 2 Research Parkway, Wallingford. (203) 469-5000	
Who:	CT Residents
What:	Pre-packed food
When/where:	The closest Mobile Food Pantry would be in Clinton: Once on month on the 1 st Friday - 9 a.m. to 10 a.m. Clinton Town Annex Building parking lot, 48 E. Main St., Clinton For the schedule for the rest of the state, go to ctfoodbank.org
How:	Groceries in pre-packed bags
More info:	The distribution is a drive through pickup system, and participants will need to be able to get groceries into their own vehicles without assistance for everyone's safety. If that is not possible, the pantry directors request that clients send someone on their behalf or bring a household member for assistance. For special accommodations or questions, please call at (860)669-7347
Phone:	Call or visit website to see operating schedule: (203) 741-9751
E-mail:	cfb@ctfoodbank.org
Facebook:	@CTFoodBank
Website:	www.ctfoodbank.org/get-help/connecticut-food-banks-mobile-pantry-schedule/

Name: Estuary Senior Grab & Go Lunches	
Physical address: C/o the Estuary Council of Seniors – Estuary Senior Center, 220 Main Street	
Who:	Seniors who are 60+ years, pre-registered, call the number below
What:	Grab & Go lunches
When/where:	Monday or Wednesday (2 meals per person) 11:30 a.m. to 12:30 p.m. Friday – 1 meal per person, 11:30 a.m. to 12:30 p.m.
Phone:	(860) 388-1611, ext. "0" to speak with staff or leave full name, phone number, and preferred pick up days

Name: Meals on Wheels—Estuary Council of Seniors	
Physical address: C/o the Estuary Council of Seniors – Estuary Senior Center, 220 Main Street	
Who:	To registered homebound residents
What:	Meals delivered
When/where:	Delivery is by volunteers around lunch time.
How:	To register, call 860-388-1611, x217
More info:	Contact Laura at 860-388-1611, x217 for more information.
Phone:	(860) 388-1611, x217; Updates are provided on the tape when you first reach the number
Facebook:	https://www.facebook.com/Estuary-Council-of-Seniors-Inc-349744638893/
Website:	https://www.ecsenior.org/services/nutrition

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Name:	Old Saybrook Food Pantry
An interfaith Ministry offering groceries each week, coordinated with the Shoreline Soup Kitchens and Pantries	
Office:	The Shoreline Soup Kitchens & Pantries, P.O. Box 804, Essex. (860) 388-1988
Who:	Old Saybrook Residents - During Covid- no I.D. is requested.
What:	Food Pantry - tries to provide groceries to feed a family 3 meals for 3 days. Sometimes there is more. Sometimes less.
When/where:	Tuesdays, 3:00 p.m – 5:00 p.m. First Church of Christ in Saybrook 366 Main Street, Old Saybrook
How:	Curb- side pickup
More info:	Please remember to wear a face mask
Phone:	(860) 399-9207
E-mail:	reburg@shorelinesoupkitchens.com
Website:	https://www.shorelinesoupkitchens.org

Name:	Old Saybrook Public Schools
Who:	All children 18 and younger
What:	Free meals
When/where:	9:00 a.m. to 10:00 a.m. daily Kathleen E. Goodwin Elementary School: 80 Old Boston Post Road, Old Saybrook. (860-395-3165) Old Saybrook High School: At the rear @ 1111 Boston Post Road, Old Saybrook.
How:	Pick up meals
Phone:	(860) 395-3157, 860,395-3162
Website:	www.oldsaybrookschools.org/osps-breakfast-lunch-menus

Name:	Old Saybrook Youth and Family Services Department
Physical address: 322 Main Street, Old Saybrook	
Who:	Old Saybrook Residents
What:	Town government agency providing assistance with available social services including food resources
When/where:	Main office – by appointment only – call (860) 399-3090
More info:	Call ahead for any discussion
Phone:	(860) 399 3090
Website:	https://www.oldsaybrookct.gov/youth-and-family-services

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