



## Recognizing and responding to suspicious texts and emails

### How to spot suspicious texts:

- **Unfamiliar sender:** The text message may come from an unknown or unrecognized number.
- **Urgent language:** The message may create a sense of urgency, asking for immediate action (like purchasing something) or sensitive information.
- **Suspicious links:** The text may contain links that do not look legitimate.
- **Requests for personal information:** Any request for personal details, passwords, or financial information should be treated with caution.

### What you should do next:

- **Do not respond:** Do not reply to the message or provide any information.
- **Do not click links:** Avoid clicking on any links or downloading attachments from suspicious texts.
- **Report the text:** Take a screenshot of the suspicious text or reach out to Rev. Leanne and [office@uccnorwell.org](mailto:office@uccnorwell.org) for further investigation.
- **Delete the message:** After reporting, delete the message from your phone.

### How to spot suspicious emails:

- **Unfamiliar sender:** Look closely at the email sender's address. If it seems longer than normal or different, be cautious. Scammers often use unusual addresses to trick you. UCC Norwell's emails always come from @uccnorwell.org.
- **Suspicious links:** If there's a link in the email, don't click on it right away. Be careful with unexpected attachments—they might not be safe.
- **Urgent language or personal questions:** If an email says you have to do something right away, asks you to purchase gift cards or other items, or asks for personal info like passwords, it might be a trick.
- **Look for writing mistakes:** Real organizations like UCC Norwell write professionally. If an email has lots of mistakes or sounds off, be careful!

### What you should do next:

- **Trust your instincts:** If something feels off, trust your instincts. If an email raises doubts or seems suspicious, send a new email or call the supposed sender through a known, secure method to verify its authenticity. At UCC Norwell please email us at [office@uccnorwell.org](mailto:office@uccnorwell.org) or call us at 781-659-2887.