

COMMUNITY HEALTH
Centers of Oklahoma
Family Health & Dental Clinics
"A Mary Mahoney Grassroots Expansion"

YOU Are why WE are here!

VIST ONE OF OUR EIGHT LOCATIONS

- Services -

Medical | Dental | Lab/X-ray | Behavioral Health
Central Oklahoma Healthy Start | WIC | Free Pregnancy Tests
M.A.T./Substance Abuse Prevention Services
Pharmacy Services are Open to the Public
Pharmacy (Drive Thru & Delivery)
Patient Portal Available

Now accepting
TRICARE®
Health Insurance

Monday - Thursday: 8 a.m. - 5 p.m.
After Hours Tuesday: 5 p.m. - 7 p.m.
Fridays: (1st & 3rd) 10 a.m. - 5 p.m.
(2nd & 4th) 8 a.m. to 5 p.m.

www.communityhealthok.org







COMMUNITY HEALTH
Centers of Oklahoma
Family Health & Dental Clinics

"A Mary Mahoney Grassroots Expansion"

EIGHT CONVENIENT OKLAHOMA LOCATIONS TO SERVE YOU!
LEARN MORE AT:
www.communityhealthok.org





Mary Mahoney Memorial Health Center
405.769.3301
12716 N. E. 36th St., OKC 73084

Perry A. Klaassen Family Medical Center
405.419.9800
1006 N.E. 17th St., OKC 73111

Dorothy M. Smith Family Medical Center
405.865.2020
105 E. Santa Fe, Carney 74832



Mary Mahoney at Langston
405.466.2535
300 N. Martin Luther King St., Langston 73050



Community Health Shawnee Family Medical Center
405.395.0399
130 N. Broadway, Suite #300, Shawnee 74801

Millwood School Based Clinic (Inside MELA Building)
405.486.0556
6710 N. Martin Luther King Ave., OKC 73111

Highland Park Family Medical Center
405.674.2028
5301 S. Dimple Dr., OKC 73135

*Request our MOBILE UNIT at your next event!



Patients seen with or without Insurance
Medicaid, Medicare and other Commercial Insurances accepted

"Serving Ages 50+"
COMMUNITY HEALTH RECREATION & WELLNESS

Operating the MAPS 3
Senior Health & Wellness Center
405.427.3222
3748 North Lincoln Blvd., OKC 73105

www.wellnesschc.com

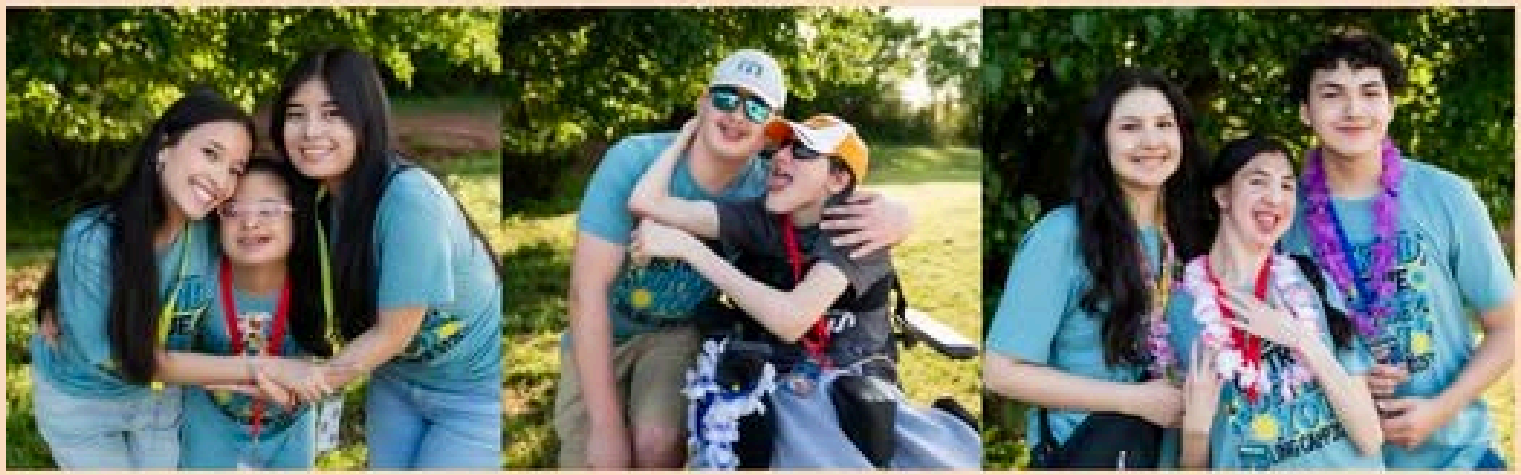
SOONER SUCCESS
Serving, Supporting, Building *Inclusive* Communities

DSACO

SIBLING LEADERSHIP NETWORK

2026 ADULT SIBLING HANGOUTS

Building Community, One Sibling at a Time



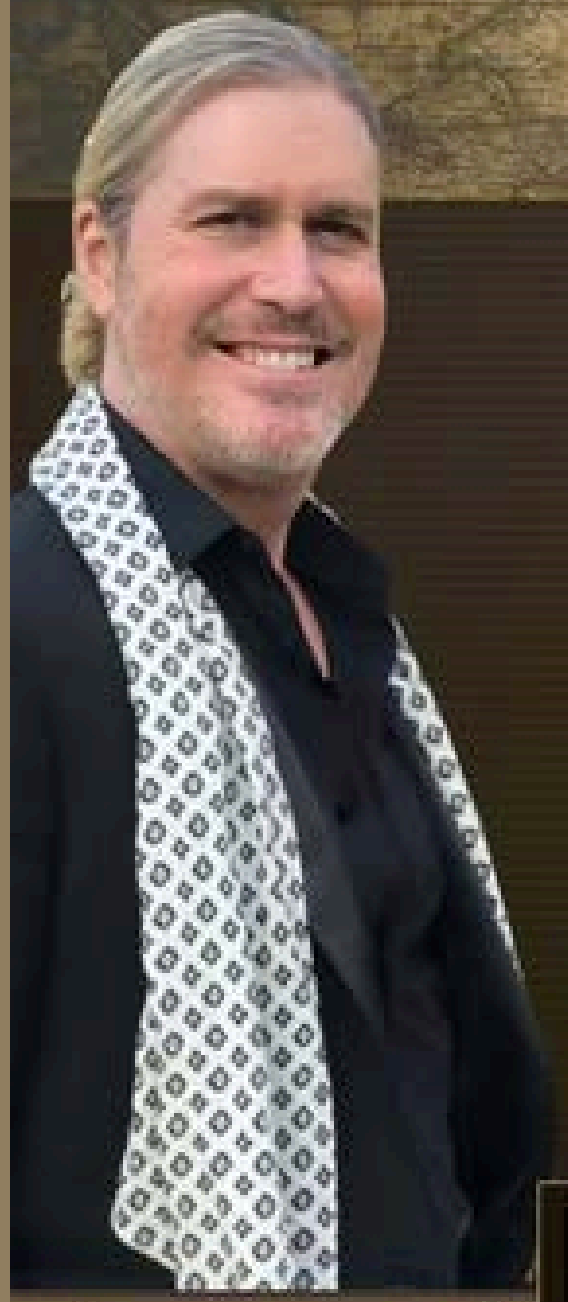
Sign Up for the 2026 Adult Sibling Hangouts!

These hangouts will be welcoming spaces for adult siblings of individuals with disabilities to connect, share experiences, and build community. Whether you prefer to join virtually or in person, this event offers an opportunity to meet others who understand the unique journey of being a sibling. Come for conversation, support, and fun!

Questions? Contact
Sooner SUCCESS
405-271-2710
Sooner-success@ou.edu

BECOME AN LPC CLINICAL SUPERVISOR
SUPERVISOR EQUIVALENCY COURSE

"Around the World of Clinical Supervision"



Clinical Supervision of an LPC candidate is a global journey. This 45-hour course explores key supervision models with emphasis on Psychodynamic supervision, core supervisor tasks, evaluating candidates, addressing supervision-interfering behaviors, legal and ethical responsibilities, and preparing candidates for culturally responsive practice.

JOIN NOW

Two-Saturday Course | 8:30 AM – 4:30 PM
Saturday 1: January 24, 2026
Saturday 2: February 7, 2026
Assignments completed between sessions

Red Rock Training Center — Paragon Building
5801 N Broadway Ext,
Oklahoma City, OK 73118

REGISTER NOW

Pre-registration required. No drop-in students.

Red Rock is funded, in part, by the Oklahoma Department of Mental Health and Substance Abuse Services.

ADVOCACY ROUNDTABLES

Our free, virtual roundtables meet every 2 weeks around Oklahoma's legislative session and bring together nonprofit leaders from across the state. These conversations provide a collaborative space to discuss policy developments, exchange ideas and support one another's advocacy efforts.

EVERY OTHER FRIDAY
BEGINNING JANUARY 16
10 A.M. - 11 A.M. | ZOOM

TAI CHI

MOVING FOR BETTER BALANCE

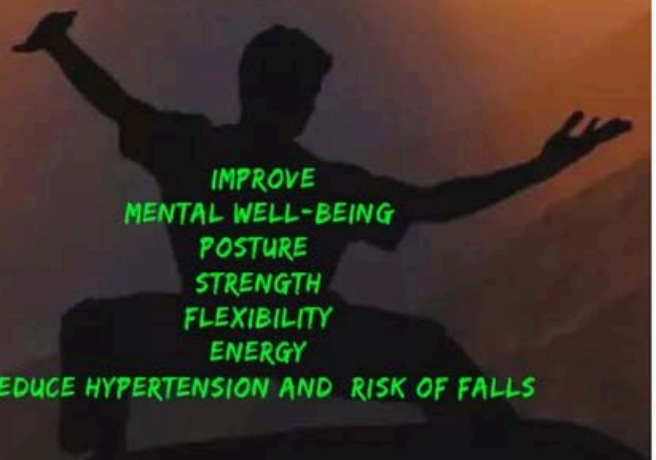
Wednesday Evenings 5:00

2026

January 7th, 14th, 28th

February 4th, 11th, 18th, 25th

SEMINOLE
REYNOLDS WELLNESS CENTER



IMPROVE
MENTAL WELL-BEING
POSTURE
STRENGTH
FLEXIBILITY
ENERGY
REDUCE HYPERTENSION AND RISK OF FALLS

CALL: 405-257-7383

No Membership Required
No Class Fee

Sponsored By Wewoka Indian Health Center



Chair Fitness

Holdenville
Creek Indian Community Center



Improve

- ✓ Breathing
- ✓ Balance
- ✓ Flexibility
- ✓ Mobility
- ✓ Strength
- ✓ Brain Health

Wednesday Mornings at 10:45

2026
January 7th, 14th, 28th
February 4th, 11th, 18th, 25th

Call 405-257-7383

Sponsored By
Wewoka Indian Health Center

Made with PosterMyWall.com

City of Norman, OK – City Government

1d ·

As part of the Norman Resource Fair, the Norman Municipal Court will host a one-day Warrant Clearing Event on Wednesday, January 14, from 1–4 p.m. at The Well, located at 210 James Garner Avenue.

This event offers community members a safe and accessible opportunity to clear certain municipal warrants, including Failure to Appear (traffic or non-traffic) and outstanding fines or costs.

Attendees can work directly with court staff to resolve their warrants through payment plans, scheduling a new court date, or requesting a cost hearing.

The Warrant Clearing Event is one day only.y



newview OKLAHOMA

IT'S NOT WHAT YOU CAN SEE
IT'S WHAT YOU CAN BE



THIRD THURSDAY TOURS - OKC AND TULSA

Join us on Thursday, Jan. 15 at 10am for our Third Thursday tours to get a behind-the-scenes look at our programs and services — from low vision rehabilitation and assistive technology to learning about our adaptive sports, art and music enrichment, and youth programs like OWL Camp and Keys to Work.

RSVP - https://bit.ly/NVOThurs

EXPERIENCE BLINDNESS LUNCH

Ever thought about making a PB&J sandwich with no sight? Step into the world of someone who is blind or has low vision—literally. During this interactive lunch, guests take part in white cane training, making sandwiches and concludes with a blindfolded lunch, where guests discover how simple tasks, like locating a drink or eating a sandwich, takes on new meaning when vision is removed.



Email **dfrazier@newviewoklahoma.org** to schedule a lunch today!



WE ARE HIRING!

AT GOODWILL'S NW EXPRESSWAY & COUNCIL LOCATION

JOIN US FOR A HIRING EVENT!
FRIDAY, JANUARY 16TH
10 AM - 2 PM

WE ARE LOOKING FOR:
STORE ASSOCIATES
SHIFT LEADERS

LET'S TALK ABOUT IT

"Bringing together professionals, community leaders, and families invested in the issues important to those with different needs"

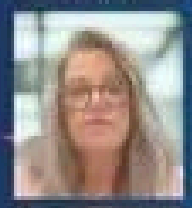


- Ask questions directly to professionals and decision-makers
- Share your experiences, concerns, and hopes
- Connect with other families who understand your journey
- Help shape conversations that impact education, healthcare, and policy

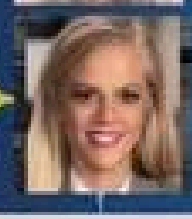
EXPERT PANEL



Craig McVay
Community Leader & Oklahoma State Superintendent Candidate



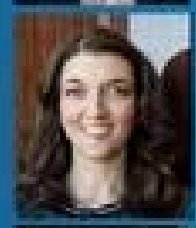
Sharon Long- Executive Director at Oklahoma Parents Center
Parent of a child with a disability



Lisa Moore-Special Service Director at Ardmore Public Schools- Parent of a child with a disability

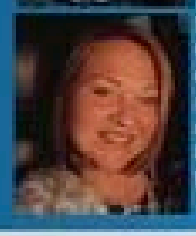


Dr. Michele DeBerry
Director, Oklahoma Autism Network



Dr. Allison Conch Assistant Director Oklahoma Special Education Resolution Center

SERC



Shellah Mansooth
Core Parent of the Canadian County Coalition
Advocate for Families with Disabilities
Parent of a Severe and Profound Non-Verbal Child

NORTHWEST COMMUNITY CENTER

17 JANUARY 2026 AT 8:00AM TO NOON

520 N GRAND AVE, EL RENO, OK 73036



FREE COMMUNITY EVENT

MLK Health & Wellness Fair

Free Community Health Screening Event
No-Cost Screenings Open to All Ages

Join us for a day dedicated to your health and wellness:

- ✓ **General Health Screenings**
- ✓ **Cancer Screenings (Prostate, Colorectal & More)**
- ✓ **Informational Resources** on insurance, mental health and additional support services

Accessible, welcoming and free for everyone in the community.
Take charge of your health, learn, connect and get screened!

Saturday, Jan. 17 | 10 a.m. – 1 p.m.

Creston Hills Church of Christ
1901 N. Martin Luther King Ave. Oklahoma City, OK 73111

SPONSORED BY OU Health
The UNIVERSITY of OKLAHOMA

2026

ARAPAHO-BUTLER LIVESTOCK BOOSTER CLUB

SHOWDOWN

JANUARY 17

Sheep & Goats
Cards Due 8am
Show Starts 9am
Sheep Show First
Judge: Shaylee Maddox

Pigs
Cards Due 4pm
Show Starts 5pm
Gilts & Barrows Show Separate
Gilts Show First
5 to make a Breed
Pseudo/840 Required
Judge: Kolby Griffin

JANUARY 18

Cattle
Cards Due 9am
Show Starts at 10am
Heifers Only
5 to make a Breed
Will have Mini Hereford Heifer and Steer Show
Judge: Will Shelby

DETAILS

Entry Fee: $25 per head
Showmanship: $5
@ Gate Winner takes all
$5/Pen
$10/VIP Pen
$20/Trailer
$50/Premium Trailer

AWARDS

Banners for Grands
Championship Rings for Breed
100% Payback

Fill out QR for Pen and Trailer Reservations

Church Service @ 9am on Sunday
Custer County Fairgrounds
1738 US-183, Clinton, OK 73601
Contact Info: Lauren Bilderback 405-397-7736

OKC MLK ALLIANCE

MLK

Job Fair



OnCue gift card to the first 25 job seekers

JAN 19, 2026
9 a.m. – 1 p.m.
DOUGLASS HIGH SCHOOL
900 N. MARTIN LUTHER KING

OKLAHOMA'S BESSIE COLEMAN CENTENNIAL WEEK

January 26-30, 2026

Join the Oklahoma Aerospace Foundation, the Oklahoma Department of Aerospace and Aeronautics, the Oklahoma Historical Society, Langston University, Jones Strategies and Senator Nikki Nice, Senate District 48, for an unforgettable week celebrating the magnificent flight path of Bessie Coleman. Organizers will kick off the week with an in-person ticketed luncheon at the Oklahoma History Center honoring the incredible woman and historical aviator during Oklahoma's Bessie Coleman Centennial Week! The four-day roadshow will also feature free opportunities for the public to salute Queen Bess at different events and venues with the chance to meet Gigi Coleman-Broom, Brave Bessie's great-niece, and hear inspiring stories about the first African-American woman and the first Native American to earn a pilot's license, changing the history of aviation forever during her flying career from 1921 to 1926 until her untimely death. As we mark 100 years since her last flight, we invite you to explore and commemorate the life of this aviation pioneer and celebrate her groundbreaking achievements. Each event will be a wonderful opportunity to network and commemorate the legacy of a true trailblazer. Don't let this aviation celebration pass you by—bring your friends along and share the inspiration of flight!

MONDAY



TUESDAY

Gigi Coleman-Brooms will make a special appearance on January 27th with aviation high school students who are participating in the AOPA You Can Fly Aero Student Thunder Day with the Oklahoma City Thunder.

WEDNESDAY

Gigi Coleman-Brooms will host an aviation pep rally with students at Martin Luther King Elementary on the morning of January 28th. She will then tour Langston University and later that evening will host a public form with Senator Nikki Nice and Langston University President Dr. Ruth Ray Jackson at Metro Tech (Springlake) auditorium from 5:30 pm 7:00 pm.

THURSDAY

Gigi Coleman-Brooms will visit Hodson Elementary School in Owasso where she will engage with students in the class room of Ms. Dawn Testa about the history of Bessie Coleman, provide STEM opportunities, and discuss aviation and aerospace careers.

FRIDAY

Meet and Greet at Tulsa International Airport with Gigi Coleman-Brooms. Passengers and the public are invited to meet Gigi Coleman-Brooms for coffee in the airport terminal.

SAVE THE DATE

MONDAY

JANUARY 26, 2026

4420 N. Lincoln Blvd.
Oklahoma City, OK 73105

9:00 AM – 4:00 PM | Come & Go

Resources Available:

- Clothing & essential items
- Food resources
- Housing & sober living resources
- Health care benefits (SoonerCare)
- Free flu & COVID immunizations
- Free STD/HIV testing
- Education, GED & career training
- Peer support

Community Partner Day brings trusted local organizations together in one place to help connect people with food, clothing, healthcare, housing resources, and support.

If you need help or are looking for resources for yourself, you are welcome here.

JOIN US EVERY 4TH MONDAY

Contact Us: 405-424-7711 | www.red-rock.com
In Crisis? Call 405-987-ROCK (7625)

This is a come-and-go event.

JOIN OUR

RED ROCK RESOURCE CENTER:

COMMUNITY PARTNER DAY



Partners Providing Support:

- Expressions Community Center
- Diversion Hub
- Homeless Alliance
- Hope Is Alive
- Mental Health Association Oklahoma: Lottie House
- OIC of Oklahoma County
- OKC County Health Department
- OK Department of Rehabilitation Services
- Regional Food Bank of Oklahoma

Red Rock is funded, in part, by the Oklahoma Department of Mental Health and Substance Abuse Services.

METROTECH

Adult Education | GED & ESL

Registration opens January 30th

Receive a certificate of completion within weeks.

Adult Education & Literacy Skills (GED)
English as a Second Language (ESL)

GED & ESL Session
March 9 - April 30
2026

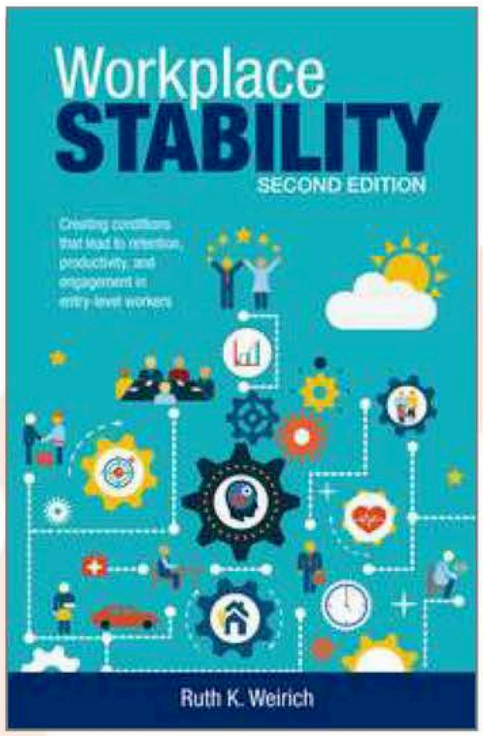
8-Week Sessions
Day classes are held at the American Job Center (5005 North Lincoln, OKC, OK 73105).
Evening classes are held at Metro Tech South Bryant Campus (4901 South Bryant Ave.).
Online classes available.

Get Started & Learn More!
Complete the interest form, and once applications reopen, you will be notified via email to complete an application. For more information, you can call (405) 595-4315 or email **lashae.tucker@metrotech.edu.**

Workplace STABILITY

Creating conditions that lead to retention, productivity, and engagement in entry-level workers

OKLAHOMA Rehabilitation Services



Who Should Attend Workplace Stability?

- Executives and Management
- Human Resources
- Supervisors
- Business Organizations
- Community Leaders

What will you learn? Or… Learn How to:

- Reduce the hard and soft costs of constant turnover
- Increase Employee retention and Save Significant $$ annually
- Expand Employee Productivity
- Gain an edge in a tight, competitive labor market
- Strengthen your company's word-of-mouth reputation
- Improve your company culture at every level
- Lead employees and tackle challenging workplace/workforce issues

Contact Dana Campbell – Business Services Liaison:
Dana.Campbell@okdrs.gov

INASMUCH
FOUNDATION

Applications are *now open* for spring grants!

DEADLINE: FEBRUARY 15

inasmuchfoundation.org/requests