americanjobcenter

OKLAHOMA WORKS

DID YOU KNOW??

Your Workforce Partners are Here to Help

5005 N Lincoln Blvd., OKC, OK 73105



OWB
OKLAHOMA'S WORKFORCE BOARD
A proud partner of the americanjobcenter network

Did you know... Title I provides funding for employment and training services to adults, dislocated workers, and youth. It aims to help job seekers access education, training, and support to secure employment.

Services Provided:

- Skills Assessment
- Occupational Skills Training
- Job Placement Services
- Job Readiness Training
- Supportive Services
- Paid Work Experience (WEX)
- On The Job Training (OJT)
- Training Solutions
- Hiring Assistance

COST: FREE

METROTECH

Did you know... Title II provides funding for adult education and literacy programs to help individuals improve reading, writing, math, and English language skills for employment and postsecondary success.

Services Provided:

- Classes for preparation to obtain high school equivalency (HSE) credentials via GED or HiSET tests
- English Language Learner Classes (ELL)
- Flexible Schedules (day/evening classes)
- Support for all skill levels
- Transition Assistance to job training or college programs

COST: FREE



OKLAHOMA
Employment Security Commission

Did you know... Title III provides labor exchange services to connect job seekers with employers. It focuses on job search assistance, referrals to employment, and reemployment services, often delivered through the American Job Center network.

Services Provided:

- **Job Seeker:** Unemployment Services, Job Referrals, Career Guidance, Job Search Workshop, and Job Seeker Assessments
- **Employer Services:** Job Seeker Referrals, Job Order Development Assistance, Recruitment Needs, Arrange Job Fairs, Layoff Assistance
- **Veteran's Services:** Specialized programs to connect employers with veteran's talent

COST: FREE



OKLAHOMA
Rehabilitation Services

Did you know... Title IV focuses on Vocational Rehabilitation Services for individuals with disabilities. It helps them prepare for, secure, retain, or regain employment through counseling, training, assistive technology, and job placement support.

Services Provided:

- Vocational Rehabilitation
- Job Training
- Assistive Technology
- Job Placement
- Transportation Assistance
- Interpreter Services
- Workplace Accommodations
- Support during transition into employment

COST: FREE

Central Oklahoma Workforce Innovation Board is an Equal Opportunity Employer/ Program. Auxiliary aids and services are available upon request to individuals with disabilities.
COklahoma Works is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities.
Oklahoma Works Workforce Innovation and Opportunity programs are 100 percent funded by the United Stated Department of Labor Employment and Training Administration (USDOLETA) through awards totaling $18,931,993 for PY2025.

This document contains vital information about requirements, rights, determinations, and/or responsibilities for accessing workforce system services. Language services, including the interpretation/translation of this document, are available free of charge upon request. Kim Jones One Stop Operator, Onestopop@cowib.org, 405-506-5741.

OKLAHOMA
Employment Security Commission

Veterans

EMPLOYMENT SERVICES

Needhelp writing your resume, applying for jobs, or preparing for an interview? Our VeteransProgram Specialist can help eligible veterans and persons navigate searching, finding, and applying for jobs, including federal jobs, and connect you to resources to address any barriers you may be facing.

Our services include:

- ComprehensiveAssessment:Identifies each client'sbarriers, education,skills,needs,andgoals. Employment
- Assistance: DVOP creates a personalized plan to reach each client's goals.
- Education/Training Assistance: Helps clients apply for VA, federal, and state-funded education, and training programs.
- Job Search Assistance: Supports job searches emphasizing clients' skills, desired fields, and economic needs.
- Resume Assistance: Provides guidance on federal and private sector resume creation.
- Supportive Service Referrals: Offers referrals to agencies like SNAP, TANF, VA Claims, VR&E, housing, and Vet Centers.
- Work Opportunity Tax Credit (WOTC): Federal tax credit for employers hiring from targeted populations with employment barriers.
- Federal Bonding: Reduces employment barriers for justice-involved individuals reentering the workforce.

Veterans must be assessed for eligibility by ES Staff before receiving services from a DVOP specialist

All above listed Services are FREE and offered NATIONWIDE!

For services register at https://www.employoklahoma.gov/

To learn more about Veterans Employment Services, visit:

www.oklahoma.gov/oesc/individuals/veteran-services

Oklahoma Works is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. Oklahoma Works Workforce Innovation and Opportunity programs are 100 percent funded by the United Stated Department of Labor Employment and Training Administration (USDOLETA) through awards totaling $18,931,993 for PY2025.

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OES-038 (rev. 11/2024)



Discover Life at Guthrie Job Corps!

Your future starts here—in a safe, supportive community designed to help you succeed.

🏠 Comfortable Housing

Live in furnished dorms with your roommate(s)—your home away from home!

🩺 Health & Wellness

Stay healthy with medical, dental, vision, and mental health care.

🍽️ Nutritious Meals

Enjoy breakfast, lunch, and dinner every day—fuel your success!

📚 Books & Supplies

We’ve got everything you need for your academic and career training.

💵 Living Allowance

Get paid twice a month—cash in your pocket while you learn!

👕 Training Gear

Uniforms and safety equipment provided—look sharp and stay safe.

🤝 Supportive Community

Build lasting friendships with instructors and fellow students.

👶 Child Care Assistance

Need help with child care? We’ll connect you to affordable options nearby.

TAI CHI

MOVING FOR BETTER BALANCE

Wednesday Evenings 5:00

2026
January 7th, 14th, 28th
February 4th, 11th, 18th, 25th

SEMINOLE
REYNOLDS WELLNESS CENTER

IMPROVE
MENTAL WELL-BEING
POSTURE
STRENGTH
FLEXIBILITY
ENERGY
REDUCE HYPERTENSION AND RISK OF FALLS

CALL: 405-257-7383

No Membership Required
No Class Fee
Sponsored By Wewoka Indian Health Center



FUN & FITNESS

2026

January 6th, 8th, 13th, 15th, 20th, 22nd, 27th, 29th

February 3rd, 5th, 10th, 12th, 17th, 19th, 24th, 26th

Wewoka First Baptist Church
Tuesday and Thursday
evenings @ 4:45

CALL: 405-257-7383

Sponsored by
Wewoka Indian Health Center

Made with PosterMyWall.com

Chair Fitness

Holdenville
Creek Indian Community Center



Improve

- ✓ Breathing
- ✓ Balance
- ✓ Flexibility
- ✓ Mobility
- ✓ Strength
- ✓ Brain Health

Wednesday Mornings at 10:45

2026
January 7th, 14th, 28th
February 4th, 11th, 18th, 25th

Call 405-257-7383

Sponsored By
Wewoka Indian Health Center

Made with PosterMyWall.com

City of Norman, OK – City Government

1d ·

As part of the Norman Resource Fair, the Norman Municipal Court will host a one-day Warrant Clearing Event on Wednesday, January 14, from 1–4 p.m. at The Well, located at 210 James Garner Avenue.

This event offers community members a safe and accessible opportunity to clear certain municipal warrants, including Failure to Appear (traffic or non-traffic) and outstanding fines or costs.

Attendees can work directly with court staff to resolve their warrants through payment plans, scheduling a new court date, or requesting a cost hearing.

The Warrant Clearing Event is one day only.y



newview OKLAHOMA

IT'S NOT WHAT YOU CAN SEE
IT'S WHAT YOU CAN BE



THIRD THURSDAY TOURS - OKC AND TULSA

Join us on Thursday, Jan. 15 at 10am for our Third Thursday tours to get a behind-the-scenes look at our programs and services — from low vision rehabilitation and assistive technology to learning about our adaptive sports, art and music enrichment, and youth programs like OWL Camp and Keys to Work.

RSVP - https://bit.ly/NVOThurs

EXPERIENCE BLINDNESS LUNCH

Ever thought about making a PB&J sandwich with no sight? Step into the world of someone who is blind or has low vision—literally. During this interactive lunch, guests take part in white cane training, making sandwiches and concludes with a blindfolded lunch, where guests discover how simple tasks, like locating a drink or eating a sandwich, takes on new meaning when vision is removed.



Email **dfrazier@newviewoklahoma.org** to schedule a lunch today!



FREE COMMUNITY EVENT

MLK Health & Wellness Fair

Free Community Health Screening Event
No-Cost Screenings Open to All Ages

Join us for a day dedicated to your health and wellness:

- ✓ **General Health Screenings**
- ✓ **Cancer Screenings (Prostate, Colorectal & More)**
- ✓ **Informational Resources** on insurance, mental health and additional support services

Accessible, welcoming and free for everyone in the community.
Take charge of your health, learn, connect and get screened!

Saturday, Jan. 17 | 10 a.m. – 1 p.m.

Creston Hills Church of Christ
1901 N. Martin Luther King Ave. Oklahoma City, OK 73111

SPONSORED BY OU Health
The UNIVERSITY of OKLAHOMA

2026

ARAPAHO-BUTLER LIVESTOCK BOOSTER CLUB

SHOWDOWN

JANUARY 17

Sheep & Goats
Cards Due 8am
Show Starts 9am
Sheep Show First
Judge: Shaylee Maddox

Pigs
Cards Due 4pm
Show Starts 5pm
Gilts & Barrows Show Separate
Gilts Show First
5 to make a Breed
Pseudo/840 Required
Judge: Kolby Griffin

JANUARY 18

Cattle
Cards Due 9am
Show Starts at 10am
Heifers Only
5 to make a Breed
Will have Mini Hereford Heifer and Steer Show
Judge: Will Shelby

DETAILS

Entry Fee: $25 per head
Showmanship: $5
@ Gate Winner takes all
$5/Pen
$10/VIP Pen
$20/Trailer
$50/Premium Trailer

AWARDS

Banners for Grands
Championship Rings for Breed
100% Payback

Fill out QR for Pen and Trailer Reservations

Church Service @ 9am on Sunday
Custer County Fairgrounds
1738 US-183, Clinton, OK 73601
Contact Info: Lauren Bilderback 405-397-7736

OKC MLK ALLIANCE

MLK

Job Fair



OnCue gift card to the first 25 job seekers

JAN 19, 2026
9 a.m. – 1 p.m.
DOUGLASS HIGH SCHOOL
900 N. MARTIN LUTHER KING

SAVE THE DATE

MONDAY

JANUARY 26, 2026

4420 N. Lincoln Blvd.
Oklahoma City, OK 73105

9:00 AM – 4:00 PM | Come & Go

Resources Available:

- Clothing & essential items
- Food resources
- Housing & sober living resources
- Health care benefits (SoonerCare)
- Free flu & COVID immunizations
- Free STD/HIV testing
- Education, GED & career training
- Peer support

Community Partner Day brings trusted local organizations together in one place to help connect people with food, clothing, healthcare, housing resources, and support.

If you need help or are looking for resources for yourself, you are welcome here.

JOIN US EVERY 4TH MONDAY

Contact Us: 405-424-7711 | www.red-rock.com
In Crisis? Call 405-987-ROCK (7625)

This is a come-and-go event.

JOIN OUR

RED ROCK RESOURCE CENTER:

COMMUNITY PARTNER DAY



Partners Providing Support:

- Expressions Community Center
- Diversion Hub
- Homeless Alliance
- Hope Is Alive
- Mental Health Association Oklahoma: Lottie House
- OIC of Oklahoma County
- OKC County Health Department
- OK Department of Rehabilitation Services
- Regional Food Bank of Oklahoma

Red Rock is funded, in part, by the Oklahoma Department of Mental Health and Substance Abuse Services.

METROTECH

Adult Education | GED & ESL

Registration opens January 30th

Receive a certificate of completion within weeks.

Adult Education & Literacy Skills (GED)
English as a Second Language (ESL)
English as a Second Language (ESL)

GED & ESL Session
March 9 - April 30
2026

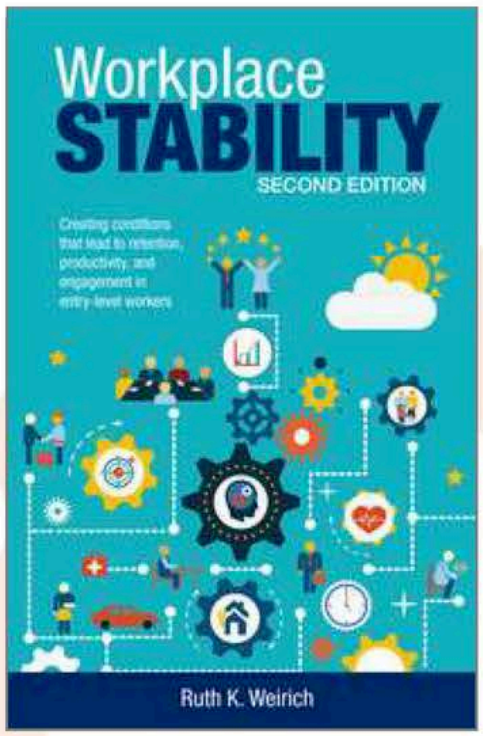
8-Week Sessions
Day classes are held at the American Job Center (5005 North Lincoln, OKC, OK 73105).
Evening classes are held at Metro Tech South Bryant Campus (4901 South Bryant Ave.).
Online classes available.

Get Started & Learn More!
Complete the interest form, and once applications reopen, you will be notified via email to complete an application. For more information, you can call (405) 595-4315 or email **lashae.tucker@metrotech.edu.**

Workplace STABILITY

Creating conditions that lead to retention, productivity, and engagement in entry-level workers

OKLAHOMA Rehabilitation Services



Who Should Attend Workplace Stability?

- Executives and Management
- Human Resources
- Supervisors
- Business Organizations
- Community Leaders

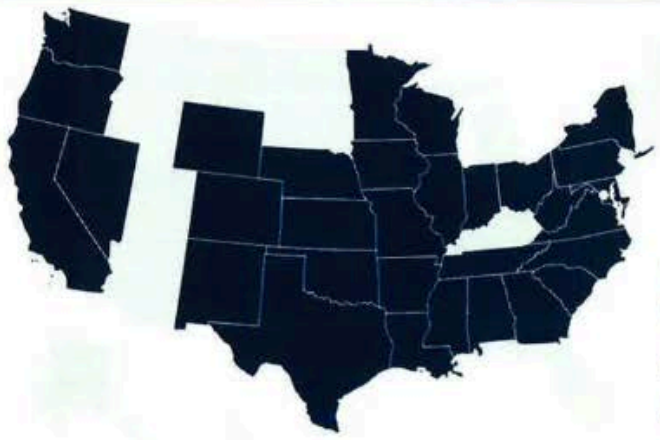
What will you learn? Or… Learn How to:

- Reduce the hard and soft costs of constant turnover
- Increase Employee retention and Save Significant $$ annually
- Expand Employee Productivity
- Gain an edge in a tight, competitive labor market
- Strengthen your company's word-of-mouth reputation
- Improve your company culture at every level
- Lead employees and tackle challenging workplace/workforce issues

Contact Dana Campbell – Business Services Liaison:
Dana.Campbell@okdrs.gov

ACT® Work Ready Communities®

Link, Level Up, and Leverage for Workforce Ecosystem Success



Take the guesswork out of measuring workforce development success and economic development competitiveness with Work Ready Communities and skills-driven workforce ecosystems

- **560+ Locations in 30+ States**
- **29,000+ Supporting Employers**
- **5.9 Million WorkKeys® NCRCs**
- **workreadycommunities.org**

Link — **Workforce ecosystems to skills-first talent pipelines**

Level Up — **Skills-driven career navigation and hiring with credentials and work-based learning**

Leverage — **Powerful solutions for working learners with strategic results for employers and ecosystem partnerships**



- ☐ **Connect** workforce ecosystem leaders to WRC model with fast-track training and customized support
- ☐ **Launch** WRC initiatives and implement life-changing workforce solutions that close skill gaps
- ☐ **Excel** with skills-driven certification goals and stronger outcomes for ecosystem partners
- ☐ **Certify** counties and regions to attract investment and growth opportunities

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Course Bundle: Supporting Parents with IDD in Healthcare Settings

TASP
a chance to parent

1. Introduction to Healthcare Supports for Parents with IDD
2. ADA Compliance & Individualized Support for Parents with IDD
3. Integrating Formal and Informal Resources for Parents with IDD
4. Building Trust and Effective Communication
5. Compassionate Care: Understanding Perspectives of Parents with IDD in Healthcare

INASMUCH
FOUNDATION

Applications are *now open* for spring grants!

DEADLINE: FEBRUARY 15

inasmuchfoundation.org/requests



LOOM
STRONGER BY DESIGN

FROM THE GROUND UP

Innovation and Collaboration Driving Impact

March 3-4, 2026

AT 08.00AM

777 Grand Casino Blvd,
Shawnee, OK 74804

Contact us

1-405-347-1469

SEE US

. . . Not our disabilities

People with Disabilities Awareness Day 2026

March 10
Oklahoma History Center

Urban League of
Greater Oklahoma City

CAREER & NETWORKING *Fair*

THURS - APRIL 16, 2026 | 10:00 AM

Metro Tech - Springlake Campus





EARLY BIRD REGISTRATION DEADLINE APRIL 2, 2026

For Profit - $250 / Non-Profit: $175 / Small Business: $175

VIP Sponsors:

MidFirst Bank · COX · OG&E

Questions? Contact obrothers@urbanleagueok.org

urbanleagueok.org · 405-424-5243 · @urbanleagueok