



**KENT LAND TRUST AND
KENT LIONS CLUB
PRESENT**

FREE

**DRIVE-IN
CONCERTS**

SUNDAY AUGUST 30-OCTOBER 4
FIELD OPENS AT 2:30
AND CONCERT STARTS AT 3:00 PM
KENT LAND TRUST FIELD ON ROUTE 7

AUGUST 30 THE REGULATORS
SEPTEMBER 6 THE JOINT CHIEFS
SEPTEMBER 13 THE ALGORHYTHMICS
SEPTEMBER 20 KENN MORR BAND
SEPTEMBER 27 WANDA HOUSTON AND THE HBH BAND
OCTOBER 4 CARLSON FAMILY BAND

**Registration and Important Safety Information via
Eventbrite.**
Visit kentlandtrust.org for more info and links

SPACES ARE LIMITED TO 50 CARS
With support from Kent Park and Recreation

Editor:

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860-927-1586

socialservices@townofkentct.org

*Editor reserves the right to edit submissions
for content and space*

The editor wishes to acknowledge the printing
of this newsletter by Kent School.

HELP US BE GREEN. If you no longer wish to
be on our mailing list, please contact Kent
Social Services. If you would like to receive the
SENIORTIMES electronically, please send a
request via email to
socialservices@townofkentct.org.

Issue

27

September/October
2020

Important Numbers:

First Selectman

860-927-4627

Town Clerk

860-927-3433

Tax Collector

860-927-3269

Park & Recreation

860-927-1003

Kent Affordable

Housing

860-927-5022

Kent Memorial Library

860-927-3761

Kent Senior Center

860-927-2055

Social Services &

Municipal Agent

860-927-1586

Probate Court

860-927-3729

Registrar of Voters

860-927-1953

FISH

860-927-4627

Meals on Wheels

800-994-9422

NW Transit

866-906-RIDE

CHORE Services

860-435-9177

State Representative

64th District

800-842-8267

State Senator

30th District

800-240-1421

Templeton Farm Senior

Apartments

860-927-4000

SENIORTIMES

BIMONTHLY NEWSLETTER FOR KENT SENIORS

Websites to check for the latest

COVID-19 Updates

Federal:

Best COVID-19 information sites per the Center for Disease Control and Prevention (CDC)

<https://www.cdc.gov/library/researchguides/2019novelcoronavirus/websites.html>

State:

Stay informed about COVID-19 and the latest information from CT Governor Ned Lamont

<https://portal.ct.gov/coronavirus>

COVID-19 Data Tracker and Connecticut town by town information

<https://portal.ct.gov/Coronavirus/COVID-19-Data-Tracker>

Local:

Town of Kent Emergency Management

<https://www.townofkentct.org/emergency-management>

Torrington Area Health District

<https://www.tahd.org/>

Other Resources:

For COVID-19 updates telephonically call United Way Infoline by dialing 211.



News from Kent Park and Rec...

COVID POLICY: When visiting the parks, remember to maintain social distancing of at least 6 feet; wear a mask when this isn't possible.

Wash hands or use hand sanitizer after using the playgrounds, tennis courts, benches, picnic tables. Adhere to signs posted in the parks.

Kent Town Parks are Open!

Emery Park, 42 Segar Mountain Road, is open for picnicking, playground and hiking trail (steep terrain) from sunrise to sunset. Kent Common Park, Swifts Lane, is open for playground, tennis courts (park pass required), pavilion rental (call 860-927-1003 for information), walking path (1/4-mile, easy terrain). The park also is open from sunrise to sunset.



Town Business & Reminders

Energy Assistance Program: Beginning in September, Kent Social Services will be accepting applications for the CT Energy Assistance Program (EA). Kent Social Services serves as a voluntary intake site for all Kent residents that qualify for EA. Application review and final approval is completed by Community Action Agency of Western CT. During the winter months, this program assists with the purchase of heating fuel including oil, propane, kerosene, electric, wood, and wood pellets. EA has specific gross income and asset limit requirements. Since the entire household benefits from this program, income and asset verification will be required for all adult household members. This year's gross income guidelines are: Household size 1/ Max income \$37,645.00; Household size 2/Max income \$49,228.00; Household size 3/\$60,811.00; etc. Please check the Town of Kent, Social Services page for updates. **This year, there will not be any face-to-face appointments scheduled.**

Applications will be completed through email, telephone, and mail. To determine if your household qualifies for this program or to ask any further questions, contact Leah Pullaro or Debbe Christensen at Kent Social Services 860-927-1586 or socialservices@townofkentct.org.

Seasonal Flu Clinic: A drive-thru seasonal flu vaccination clinic, for ages 4 and up, will be offered at Kent Town Hall parking lot on Wednesday, Oct. 7, 2020. The hours are 10 – Noon and 12:30 – 3. **Pre-registration is required.** To register for an appointment, call the First Selectman's Office 860-927-4627. Registration deadline is Oct. 6, 2020. List of accepted insurances and registration forms are available at Kent Station Pharmacy and online at <https://www.townofkentct.org/>. There is financial assistance available to any Kent resident without insurance. Prior to your appointment have all necessary forms filled out/signed and provide a photocopy of both sides of your medical card(s).

Drive thru procedure:

- **Do Not Arrive Early.** Be prepared to wait.
- When you arrive for your appointment, follow the route indicated.
- Do not exit your vehicle. All occupants **must wear a facemask.**
- Provide all necessary forms to the Nurse when requested to do so.
- Once you are done, please leave the parking lot.

The clinic is sponsored by the New Milford Visiting Nurse Association and Kent Community Fund in conjunction with the Town of Kent.

Kent Senior Center

1 Swifts Lane

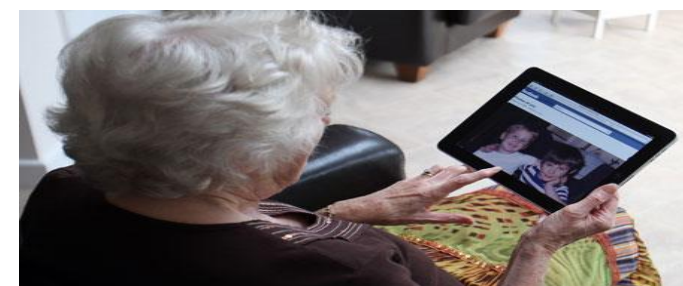


Kent Senior Center is closed until further notice.

With many Senior Centers, parks, and gyms closed, many are taking advantage of virtual programs. Here are a few examples of ways to keep your mind and body active.

- **Armchair travel** takes people to faraway places without leaving home. It provides a sensory experience and the opportunity to learn about exotic lands and important past events in a meaningful manner. <https://www.cntraveler.com/story/the-ultimate-guide-to-armchair-travel>
- **Virtual museum tours around the world.** <https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours>
- **Virtual tours of national parks.** <https://www.nationalparks.org/connect/blog/take-virtual-visit-national-park>
- **SilverSneakers** is a popular fitness program offered, at gyms throughout the United States, for Medicare beneficiaries 65 and up through select Medicare Advantage plans or a few Medicare Supplement (Medigap) plans. Now you can access classes safely at home through Silversneakers on Demand. More information is available through this link. <https://tools.silversneakers.com/>

***** Right now Silversneakers is offering free exercise classes for members and non-members through their Facebook page. If you are a Facebook user, just like their page and join in! *****



Park and Rec Park Pass information

Park passes are available for the 2020-21 season to use the tennis courts at Kent Common Park. Forms are available on the website:

kentctparkandrecreation.com and by calling Park and Rec at 860-927-1003. Passes cost \$35 for Kent residents; free for residents ages 65 and older.

Completed forms should be returned to Park and Rec, P.O. Box 678, Kent, CT 06757 or leave in the white dropbox outside Kent Town Hall, 41 Kent Green Boulevard.

