

LifeGroups Fall 2021

8 - Week ZOOM Sessions:
September 15 – November 3



Weekend: Saturdays & Sundays

Group #	Facilitator/Topic	Virtual or In Person (Church)	Time	Who Attends?	Phone
WOM01	Sis. Ericalynn Brown – When Changing Nothing Changes Everything by Laurie Short	Zoom ID: 1 Week B4	6p	Women	314.651.9570
WOM05	Min. Sherry McDonald – The Power of Knowing God by Tony Evans	IN PERSON – O'FALLON	9a	Women	618.570.6301
GROW04	Elder Mary Leige – New Life To My New Faith: Book of Colossians Faith Builders	Zoom ID: 1 Week B4	8a	Anyone	618.622.6715
SPEC03	Devri Walters – Type 2 Diabetes is not a Death Sentence! by Devri Walters	Zoom ID: 1 Week B4	8a	Anyone	757.775.6284

Mondays

Group/#	Facilitator/Topic	Virtual or In Person (Church)	Time	Audience/Interest	Phone
COED03	Min. Robert Goodwin – Seniors TODAY	IN PERSON AT CHURCH & Zoom ID: 1 Week B4	6:30p	Seniors	618.616.2517

Tuesdays

Group#	Facilitator/Topic	Virtual or In Person (Church)	Time	Audience	Phone
SPEC05	Sis. Ann Clay/Deborah Sims – Faith In Ordinary Things by Ann Clay	Zoom ID: 1 Week B4	6:30p	Women	618.558.9654
WOM07	Min. Vivian Moore – Fight Back With Joy	IN PERSON – O'FALLON	7p	Women	618.741.0646
WOM10	Sis. Angela Brooks – Mental Health For Black Women During Turbulent Times by Angela Brooks	Zoom ID: 1 Week B4	6p	Women	314.323.5214

Wednesdays

Group/#	Facilitator/Topic	Virtual or In Person (Church)	Time	Audience	Phone
COED02	Min Twila Hopkins – The Purpose Driven Life by Rick Warren	Zoom ID: 1 Week B4	6:30p	Singles	402.708.9881
GROW03	Min. Carolyn Marshall – Book of Ezekiel by Mike Ackerman Foundations	Zoom ID: 1 Week B4	6:30p	Anyone	618.622.6715
MARWOM01	Sis. Lisa Holt/Andrea Nesbitt – Weather Girls by Lisa Holt	Zoom ID: 1 Week B4	6:30p	Married Women	618.514.1160
MEN03	Elder Butch Singleton – Core for Men: Redeemed by Mariano Rivera	IN PERSON AT CHURCH	6:30p	Men	618.531.5746
WOM03	Sis. Dagne Barton – A Girl With A Plan by Dagne Barton	Zoom ID: 1 Week B4	12n	Women	618.593.3311
WOM04	Sis Ethel Coleman – Not Alone: Friendship by Jennie Allen	IN PERSON AT CHURCH	6:30p	Women	618.616.3915
WOM08	Elder Amelda Jones – Ancient Keys to Intercession by Elder Amelda Jones	Zoom ID: 1 Week B4	6:30p	Women	618.622.6715
WOM09	Sis. Annetta Salley – The Power To Change by Jennie Allen	Zoom ID: 1 Week B4	6p	Women	618.971.6556

Thursdays

Group/#	Facilitator/Topic	Virtual or In Person (Church)	Time	Area of Specialty	Phone
COED04	Min. Geoff Dudley – IGNITE "Refresh" YOUNG ADULTS (Ages 26-35)	IN PERSON AT CHURCH & Zoom ID: 1 Week B4	6:30p	Young Adults	618.530.1446
FPU03	Sam Douglas – Financial Peace University	Zoom ID: 1 Week B4	6p	Anyone	618.795.1060
WOM02	Min. Kimberly Skinner – Warrior Women: Deborah by Bianca Juarez Olthoff	Zoom ID: 1 Week B4	12n	Women	210.219.4102
WOM06	Sis. Charice Manor – Awakening Honesty Action (AHA) by Kyle Idelman	Zoom ID: 1 Week B4	6:30p	Women	618.623.7000

CHILDREN & YOUTH

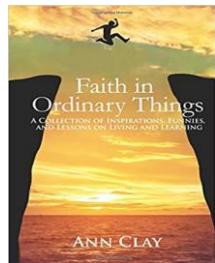
(AWANA PreK-8th Grade)

Group	Leader	Zoom ID	Time	Phone
Cubbies (Prek – 5 yr olds)/Sparks (K-2nd Grade) - \$25	JoAnn Ladd Nikki Williams	Wed Zoom ID: 1 Week B4	5:30p	314.560.0633
TNT (3rd, 4th, & 5th Grade) - \$25	Sonia Shelby Maria Burton	Thurs Zoom ID: 1 Week B4	6p	314.560.0633
TREK (6th, 7th & 8th Grade): 6:30p - \$25	Tashawna Nash Maria Burton	Tues Zoom ID: 1 Week B4	6p	314.560.0633



List of TOPIC DESCRIPTIONS (CONNECT...GROW...GO)

CONNECT

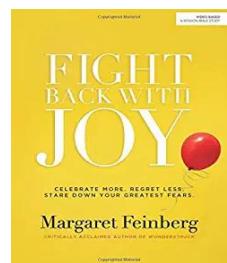


Faith In Ordinary Things by Ann Clay (Available on Amazon.com)

Faith is the key element that transforms us into people that God can trust and count on to fulfill His will. It is said, "your faith is not to help you avoid challenges, but to go through them with stability. "Immerse everyday living in the thing that builds faith, and God will smile each time. Faith in Ordinary Things is a collection of inspiring, funny, and thoughtful ways to build and grow faith. "And without faith it is impossible to please God, because anyone who comes to Him must believe that He exists and that He rewards those who earnestly seek Him" -- Hebrews 11:6

Fight Back With Joy Margaret Feinberg (Available in RightNow Media)

What if joy is better than you imagined? The cherished virtue has been wrapped in clichés, stamped on coffee mugs, and sewn onto decorative pillows. Fight Back With Joy declares that joy is more than whimsy, but a weapon we can use to fight life's greatest battles.



IGNITE "Refresh" Young Adults – Ages (26 - 35)

Not Alone: A Study of Friendship by Jennie Allen (Available in RightNow Media)

In the beginning, God created one human. And in God's sin-free, beautiful world, something wasn't right. That the human was alone. The creation of Eve isn't just the story of marriage. It's also the beginning of community. God exists in trinity and we were made in his image. We were created for community. And because our Father is generous, he's given us one of the most essential and life-changing relationships for community: friendship.

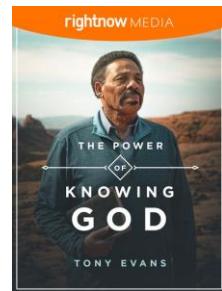
Find out why we need friendship, discover biblical examples of friendship, and identify the pitfalls, challenges, and joys of friendship. Dive into the tough topics of toxic relationships, boundaries, and how to rebuild broken trust. But most of all, celebrate the encouragement, wisdom, and love that only comes when you're not alone.



A Girl With A Plan by Dagne Barton (Available from Dagne Barton in Class) Hey ladies – join me on Zoom at Noon on Wednesdays for 8 weeks! In those 8 weeks you will leave with a PLAN! We will do a VISION Board with a twist. Not like vision boards you have done in the past that have been a great artistic endeavor but not one that lead to a number of goals being met. A Gurl with a PLAN is a Gurl who has Purposed Living Action NOW! We are going to detox our language from those words and thoughts that keep us stuck. We are going to create a PLANHer system that will help you organize your projects into bitesize tasks that GET DONE. We are going to look at Gurls in the word that had a PLAN for inspiration and we are going to look to one another for inspiration. Don't dim your SHINE another day! That's the SPECIAL HAPPENING INSIDE NOBODY ELSE. If you cannot make the Noon time frame SIGN UP ANYWAY and we will send you the recorded meetings.

The Power of Knowing God by Tony Evans (Available in RightNow Media)

Dr. Tony Evans believes seeking to know God is life's greatest purpose. Learn strategies and skills for how you can live victoriously as a child of God. Your connection with God can be so much more than going to church, reading the Bible, and attending study groups. Be equipped with the tools you need for pursuing an authentic and life-transforming relationship with your Savior.



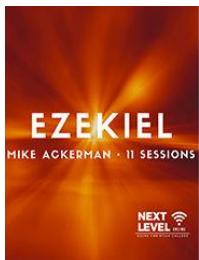
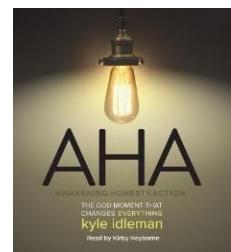
Weather Girls by Lisa Holt (Available on Amazon.com)

Weather Girls: Setting the Atmosphere for your Marriage will help you set the atmosphere no matter the season or the weather condition. This study will get you ready for the WEATHER WARNING that may be headed for your marriage. This warning, although valid, cannot stop the "from death do you part" part. This Weather Warning may increase high rates of wind and rain. Be encouraged because you can weather the storm! Take cover and get plenty of resources to be the best Weather Girl possible in any weather condition you face.

GROW

Awakening.Honest.Action (AHA) by Kyle Idleman (Available in RightNow Media)

We've all had an "aha moment" in our lives, an insight that changes everything. Draw on scripture revealing how three key elements—awakening, honesty, action—can produce the same kind of "aha!" in our spiritual lives. Discover straightforward bible teaching and cinematic storytelling through three modern-day prodigals seeking life apart from the Father, find themselves alone and desperate in their own distant country, and are faced with their AHA moment.



Book of Ezekiel by Mike Ackerman (Available in RightNow Media)

Learn the story of Ezekiel by the exiles in Babylon, the coming judgment, and the restoration and presence of God. God sends out his people with a message of good news and life that is found in Jesus Christ.



Core for Men: Redeemed by M (Available in RightNow Media)

The CORE for Men studies are brought to you by the men behind Promise Keepers. In this first series, Redeemed, five short films tell stories of real men who learned that God has a specific calling for us. God is in the business of taking the things we think disqualify us—whether it's a broken relationship, the wound of fatherlessness, a humiliating failure, or out-of-control emotions—and turning it into a fulfilling life purpose and a new identity, as God's sons.



Financial Peace University (FPU) by Dave Ramsey

Tired of debt? Do you want to be debt free? Make Your Money Work for You! Learn How to Budget, Payoff Debt, Invest, and More. Change your life with **Financial Peace University!** Say bye to debt with their 8 step plan. Plan for your future. Win with money. Dump debt. Build a Legacy.

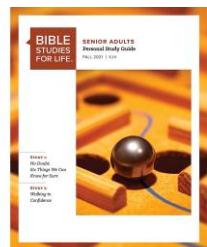
New Life To My New Faith

This class teaches the foundational indwelling of Christ, being part of the body of Christ, handling the inner conflict of the old versus new life, understanding the three aspects of salvation (beginning, process, and completion), the Bible as the true source of authority, and reaching others through prayer and sharing our faith.



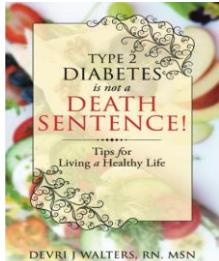
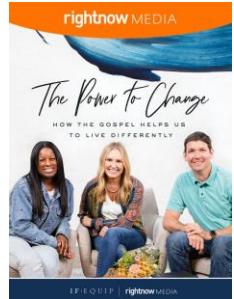
Seniors TODAY by LifeWay (Available in the Bookstore for \$3)

No Doubt: Six Things We Can Know for Sure by Blake Gideon (6 sessions)
See that we can be absolutely sure of the things of God and the way He seeks to work in our lives. Walking in Confidence by Travis Whittaker (6 sessions)
Study the example of Abraham to learn to walk by faith in confidence because of the One we're trusting in.



The Power of Change by Jennie Allen (Available in RightNow Media)

Do you believe you can actually change? Life change happens at the moment you begin a relationship with Jesus. You have been rescued. But what happens when daily temptations and distractions from following Jesus leave you feeling overwhelmed and stuck in the same discouraging patterns? Understand the work of the Holy Spirit in your life and the process of sanctification. There is no checklist to follow, but there is a daily act of surrender to a God who will continue to mold and shape you. The more you know God, the more you can live like him. Change is possible because the gospel changes everything. Let's discover what it looks like to work out our salvation.

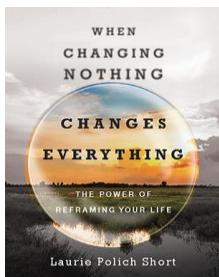
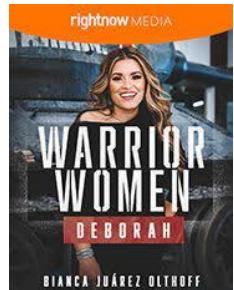


Type 2 Diabetes is not a Death Sentence! by Devri Walters (Available on Amazon.com)

Receiving a diagnosis of diabetes can be disheartening and leave you feeling discouraged. This book aims to give the person with a diagnosis of type 2 diabetes hope and to help that person realize that "diabetes is not a death sentence". This book tackles the topics of exercise, eating patterns, carbohydrates, medications, diabetes complications, and communicating with your doctor. Start living healthier today with proven, life-changing tips!

Warrior Women: Deborah by Bianca Juarez Olthoff (Available in RightNow Media)

God desires each of his children to follow his call. But sometimes the battles we fight for God's kingdom defy our expectations, leading us to trust him more deeply. A faithful warrior for Christ will choose obedience over personal glory, humility instead of pride, and truth spoken with grace. Explore the story of Deborah, Barak, and Jael and discover what being a warrior for God looks like.



When Changing Nothing Changes Everything by Laurie Short (Available in RightNow Media)

We often face circumstances that we cannot change: a job we are forced to keep; a relationship that did not work out; a decision we cannot take back. Even if we can't change our circumstances, we can still make a change in our life by the way we see it. With the help of 4 "lenses", discover how to access God's perspective on our circumstances, which can impact the way we live. See the bigger "God's eye view" of your life by broadening your perspective that can shape your decisions and impact. Jesus indicates the power of focus when he says: "The eye is the lamp of the body, if the eye is good then the whole body will be full of light." (Matt 6:22). Your perspective has more power than you think to determine the course of

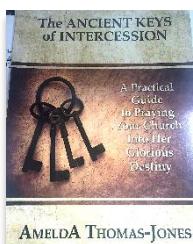
your life.

Mental Health For Black Women During Turbulent Times by Angela Brooks (Available from Angela Brooks in Class)

What to do When You are Sick and Tired of Being Sick and Tired." In our Life Group we will discuss things weighing us down such as Coronavirus, Depression, Anxiety, Families, Stress, Relationships, Grief Trauma, Caregiving, Recovery, and Self-Care. This is your time to get some relief with a formal counselor in your sessions!

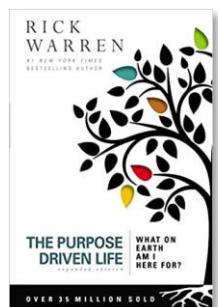


GO



Ancient Keys to Intercession by Elder Amelda Jones (Available from Elder Amelda in Class) The church is in dire need of raising up the next generations of intercessors and people of prayer. There are generations who need to be trained how to cultivate an intimate relationship with their loving Heavenly Father to hear and respond to His voice. This Life Group and this book will do just that EQUIP YOU TO BE AN INTERCESSOR!

The Purpose Driven Life by Rick Warren (Available on Amazon.com) Before you were born, God already planned your life. God longs for you to discover the life he uniquely created you to live--here on earth, and forever in eternity. Let *The Purpose Driven Life* show you how. It's the road map for your spiritual journey. A journey that will transform your life.



Awana will resume for the Fall session in September! What's AWANA? A Christian club for helping boys and girls to know, love and serve Jesus. www.awana.org

We want to encourage you to get your child engaged! This program is also open to kids who don't attend New Life! We will host our clubs via Zoom and we have a new schedule for your convenience.

Tuesday Evenings - Trek (6th-8th grade) Time: 6:00 PM – 7:00 PM

Wednesday Evenings - Cubbies (Prek age 3 and up) and Sparks (K-2nd grade) Time: 5:30 PM – 6:15 PM

Thursday Evenings - T&T (3rd-4th Grade) Time: 6:00PM – 7:00PM

Sessions will start TUESDAY, SEPTEMBER 7TH, WEDNESDAY, SEPTEMBER 8TH AND THURSDAY, SEPTEMBER 9TH. Stay tuned for Zoom link.