



**Activity Report of the 4th Edition of the Program "Care and Free Consultation in Ophthalmology and Optics for the Benefit of 200 Elderly People of Sikasso" from 04 to 07 October 2025.**

**1. Introduction :**

Saturday, October 04, 2025, was held in the meeting room of the Reference Health Center (CSref) of Sikasso, the launch of the 4th Edition of the program "Care and Free Consultation in Ophthalmology and Optics for the Benefit of 200 Elderly people of Sikasso" and ends on October 07, 2025, organized on the occasion of the celebration of the International Day of the United Nations Elderly celebrated each year on October 1st and also celebrated by Mali, the month of October for solidarity and exclusion.

Organized by the Association A Vélo Sans Age Sikasso & \*Les Amis de la Route\* du Mali, in collaboration with the Regional Health Directorate of Sikasso, the Association of Elderly Sikasso, the Associations of Disabled Persons of Sikasso, with the financial support of VISION FOR ALL; DKBM & BRILLEN WELTWEIT. It allowed for free ophthalmological and optical care and consultation, donation of medicines and corrective glasses to 200 elderly people from Sikasso for 4 days.

This 4th Edition was placed under the high patronage of Prof. Sandro VENTO and Prof. Canan Asli UTINE.





## 2-Course of the Day:

### a. Opening Ceremony :

It was marked by four speeches namely.

- **08:00 Speech by Mr. Temin Grégoire TESSOUGUE President of the Association \*Les Amis de la Route\* du Mali & A Vélo Sans Age Sikasso.**

For President Gregoire Tessougue, this **4th Edition** was made possible thanks to the financial support of **VISION FOR ALL; DKBW & BRILLEN WEILWEIT** and the **COFINA GROUP**, an edition marked for the first time by the free donation of corrective glasses from (**brillen Weltweit**) so requested by our beneficiaries since **2021**, but there is still much to do because we have a huge demand from the corrective eyewear applicants.

Our long-term goal is to go to villages, in circles where there are no health centers to provide free care to the most disadvantaged throughout Mali.



- **08H10 Speech by Mr. Dramane TRORE Regional Director of Health of Sikasso.**

According to the Regional Director of Health, the Association is to be welcomed because in **October 2022** I was with them for the and 2nd Edition today I am still present for the launch of the **4th Edition 2025**, we knew that mobilizing resources to organize this kind of campaign requires courage and self-sacrifice despite the difficulties.

For the Director, this campaign would be an asset to demonstrate the month of solidarity and the fight against exclusion and also our health partners it is truly an honor for us to be present alongside elderly people and people with disabilities who are in great need of the support and accompaniment.





- **08:20 Speech Mr. Amadou GASSAMBE Prefect of the Sikasso Circle.**

I salute this solidarity action that contributes to the improvement of the well-being of vulnerable populations, it is a great honor for me to come to chair and participate in the launch of the **4th Edition** of the program «**Free Care and Consultation in Ophthalmology and Optics for the Benefit of 200 Elderly People**» organized by the Association \*Les Amis de la Route\* du Mali & A Velo Sans Age Sikasso in collaboration with the Association of Elderly People of Sikasso and the Association of Persons with Disabilities.

I had a very busy schedule but I decided to prioritize this launch because everything about the elderly attracts my attention, it is the place to thank the financial partners for their support and guidance and I hope for their support in the future.

My door and is greatly open to accompany the Association when it is necessary at any time strongly the **5th Edition 2026**.



- **08H30 Testimony of Mrs. Fatoumata DIARRA Spokesperson for the beneficiaries.**

As the spokesperson of the beneficiaries of the **4th Edition**, we can only thank the Association \*Les Amis de la Route\* du Mali & A Velo Sans Age Sikasso as well as the financial and material partners who help the association so that they in return come to help us.

I ask the Association and its partners to continue helping us because there is still much to be done as President of the women's association of the Hamdallaye district of Sikasso, I have hundreds of women who suffer from visual disorders and some are widows so I ask you again to double your courage to help us.





### **3-Results / Satisfactions :**

The results Achieved:

#### **A-Medical Assessment:**

- For a forecast of **200** elderly people in total **253** ophthalmological and optometric consultations, including **121** men and **129** women.
- The number of cataracts recorded was **96**, including **49** Men and **54** Women.

**48** people (**19** Men and **30** Women) due to lack of resources were all operated on free of charge at the cataract at the **Reference Health Center in Sikasso** thanks to the financial support of our partners from **November 18 to 22, 2025**.

#### **B- Donation of Medicines:**

- The **253** beneficiaries all received **1** to **2** eye drops each, and **1** ointment.

#### **C- Donation of Corrective Glasses:**

- **185** people benefited from free corrective glasses from October **04** to **07, 2025**.
- The free distribution of corrective glasses will continue until the end of **2025** in the Sikasso Reference Health Center and at the Sikasso Regional Hospital.

#### **D- The Refraction :**

- The refraction to concern **60** people.

#### **4-Strengths:**

- Massive participation of the administrative, religious and customary authorities of Sikasso;
- Massive participation of beneficiaries and commitment of volunteers, ophthalmologists, opticians and health students;
- Free activity;
- Participation of local media and radios.

#### **5 -Difficulties:**

We were faced with certain difficulties to know:

- Lack of financial means;
- Low participation of financial partners;
- Security situation in Mali;
- Increase in drug prices.

#### **6-Our Needs:**

- 1-We have funding to continue our eye health campaigns in villages and cities where there is no ophthalmological and optical health center.
- 2- We need a laptop for the archive and computer needs.
- 3- We need a projector and camera for our images.
- 4- We need a video camera for our videos and reports.
- 5- We need second-hand ophthalmological and optical devices for our eye health campaigns in villages and cities.
- 6- We need the lenses and glasses for our beneficiaries.

#### **7- Recommendations:**

The following recommendations have been made by the Sikasso Association of Elderly People, the Sikasso Association of Disabled People, the Regional Directorate of Health of Sikasso, the Regional Directorate of Social Development and Solidarity Economy of Sikasso, the Prefect of the Circle of Sikasso and the members of the Association A Vélo Sans Age and the Friends of the road of Sikasso namely:



- The sustainability of the program "Care and Free Consultation in Ophthalmology and Optics for the Benefit of Elderly People;
- List elderly people living with diseases of visual impairment and the blind;
- Radio animation on the prevention of visual disorders;
- Creation and development of a free ophthalmological consultation space for elderly people, blind people and people with disabilities.

### **6-Main Financial Partners of the 4th Edition :**

- VISION POUR TOUS
- DKBW & BRILLEN WEILWEIT
- GROUPE COFINA

### **Media Partner :**

- EYE NEWS
- KN-TV

### **9-Ongoing Program for 2026 :**

- 1- Organization of the 5th Edition of the program «Care and Free Consultation in Ophthalmology and Optics for the Benefit of Elderly People» in October 2026.
- 2- Search for Funding for the 5th Edition 2026.
- 3- Search for Sponsors for the 5th Edition 2026.
- 4- Involve Ophthalmologists and Opticians in the 5th Edition 2026.
- 5- Involve the Societies, Hospitals, Companies, Associations, Foundations involved in the World of Ophthalmology and Optics in the program of the 5th Edition 2026.

### **10-New Project in Progress of Partnership Research :**

**Mobile Ophthalmology and Optics:** is a new project that involves going to cities in remote villages where there are no eye care services to conduct free consultation campaigns in ophthalmology and optics with the population.

### **11- Conclusion:**

In conclusion, the care and consultation took place in the right conditions without incidents. This report paints a portrait of the activity carried out by the association \*Les Amis de la Route\* du Mali & A Vélo Sans Age Sikasso and witnesses to the dynamism of the association and presents the facts throughout the activity of the **4th Edition** of the program «Free Care and Consultation in Ophthalmology and Optics for the Benefit of 200 Elderly People of Sikasso» from **04** to **07** October **2025**.



**THE IMAGES OF THE 4th EDITION OF THE PROGRAM "FREE CARE AND CONSULTATION IN OPHTHALMOLOGY AND OPTICS FOR 200 PEOPLE AGED FROM SIKASSO FROM 04 TO 07 OCTOBER 2025.**



CAMON 20 ●

24mm f/1.7 1/33s ISO407



CAMON 20 ●

24mm f/1.7 1/30s ISO377

**1-Launch Ceremony of the 4th Edition in the conference room of the Sikasso Reference Health Center in the presence of the Religious Administrative Authorities of the City of Sikasso.**



CAMON 20 ●

24mm f/1.7 1/25s ISO1322



CAMON 20 ●

24mm f/1.7 1/33s ISO1076



CAMON 20 ●

24mm f/1.7 1/33s ISO763

**2- Ophthalmological Consultation of Some Beneficiaries.**



CAMON 20

24mm f/1.7 1/33s ISO867



CAMON 20

24mm f/1.7 1/33s ISO865



CAMON 20

24mm f/1.7 1/33s ISO502



CAMON 20

24mm f/1.7 1/80s ISO426

**3- Optical Consultation of some Beneficiaries.**



CAMON 20 •

24mm f/1.7 1/33s ISO434



CAMON 20 •

24mm f/1.7 1/33s ISO390



CAMON 20 •

24mm f/1.7 1/50s ISO283

**4- Donation of Collyres and Ointment to some Beneficiaries.**



CAMON 20 •

24mm 1/17 1/33s ISO670



CAMON 20 •

24mm 1/17 1/33s ISO362



CAMON 20 •

24mm 1/17 1/33s ISO647



CAMON 20 •

24mm 1/17 1/33s ISO457

**5- Donation of Corrective Glasses and Eye Drops to some Beneficiaries.**



CAMON 20 ●

24mm f/1.7 1/100s ISO148



CAMON 20 ●

24mm f/1.7 1/100s ISO109



CAMON 20 ●

24mm f/1.7 1/100s ISO133



CAMON 20 ●

24mm f/1.7 1/30s ISO367



CAMON 20 ●

24mm f/1.7 1/40s ISO442

**6- Image of some Beneficiares Operating on the Cataract for Free.**