

ODs and opticians are needed for Costa Rica

Hopeful Ways, an all-volunteer organization has provided eye health care in Central America for over a decade. They need volunteer optometrists and opticians for its next eye care mission in January 2026 in Costa Rica.

Mission Goal: Costa Rica has universal health care but lacks the necessary workforce. The Nicoya hospital currently serves 450,000 people with only 1 optometrist and plans to hire a second. There are nearly 3000 patients on a waiting list to receive an eye examination, and appointments are being scheduled into 2027. The mission goal is to provide services to 1250 people and decrease the size of the waiting list and the wait time for people to receive eye exams. Prescription eyeglasses and reading glasses will also be dispensed.

The mission details are:

Location: Hospital De la Anexion in Nicoya, Guanacaste, Costa Rica

Duration: 1 week

Travel Dates: January 24 - Feb 1, 2026

Clinic Setup Date: January 25, 2026

Clinic Dates: January 26 - 30, 2026

For more information:

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Emails, texts and voice calls are welcome.

Website: www.hopefulways.org