

Not that I have already obtained it or have already become perfect, but I press on so that I may lay hold of that for which also I was laid hold of by Christ Jesus. Brothers, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus.

Philippians 3:12-13

Spiritual Growth Reflection

I. Compared to the first quarter of this year, my spiritual life and relationship with God have

grown stronger

stayed about the same

slipped or gotten worse

Why?

II. Three things that are helping my spiritual life that I should keep doing are

1.

2.

3.

Comments:

III. Three things that are hurting my spiritual life that I should quit or need help with are

1.

2.

3.

Comments:

IV. Three goals that I have for my spiritual life this year are

1.

2.

3.

V. Two temptations that I am struggling with that I will share with an accountability partner for prayer:

1.

2.

Comments:

VI. Something that I am thankful for in my spiritual life is

VII. Something I would like prayer for is

VIII. An older Christian I am looking to for mentoring is

IX. A younger Christian I am trying to encourage in his/her faith is

X. Someone with whom I am seeking to share my faith is

XI: I am seeking to use my gifts to serve Christ and the world through: