

Not that I have already obtained it or have already become perfect, but I press on so that I may lay hold of that for which also I was laid hold of by Christ Jesus. Brothers, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus.

Philippians 3:12-13

Spiritual Growth Reflection

I. Compared to the first quarter of this year, my spiritual life and relationship with God have

___grown stronger

___stayed about the same

___slipped or gotten worse

Why?

II. Three things that are helping my spiritual life that I should keep doing are

1.

2.

3.

Comments:

III. Three things that are hurting my spiritual life that I should quit or need help with are

1.

2.

3.

Comments:

IV. Three goals that I have for my spiritual life this year are

1.

2.

3.

V. Two temptations that I am struggling with that I will share with an accountability partner for prayer:

1.

2.

Comments:

VI. Something that I am thankful for in my spiritual life is

VII. Something I would like prayer for is

VIII. An older Christian I am looking to for mentoring is

IX. A younger Christian I am trying to encourage in his/her faith is

X. Someone with whom I am seeking to share my faith is

XI. I am seeking to use my gifts to serve Christ and the world through: