



KANUGA

FREE TIME ACTIVITY IDEAS

HIKING TRAILS AT KANUGA

You don't even have to leave Kanuga to have a Saturday afternoon adventure! Grab your water bottle and a friend and spend your afternoon exploring Kanuga's 20 miles of hiking trails. Check your registration packet for a brochure with a map and information.

CANOES AND KAYAKS ON THE LAKE AT KANUGA (available 1:00-5:00 p.m.)

Enjoy the tranquility of Kanuga from on top of the lake! There is no charge--check in at the bottom deck of the Lakeside Pavilion.

APPLE ORCHARDS: SKY TOP OR JUSTUS

At Sky Top Orchards (about 17 minutes away in Flat Rock), take a hay ride, watch the bees make honey, and pick apples, of course! Late October is the time for Arkansas Black, Gold Rush, and Rome apples, among others. You can also pick apples at Justus Orchard (about 30 minutes away in Hendersonville); afterwards, visit the farm animals or take aim at Bigfoot and blast him with an apple cannon. Both orchards have shops with jams, jellies, and other goodies, and both close at 6:00.

DOWNTOWN HENDERSONVILLE

Enjoy the fall weather as you stroll through the heart of historic Hendersonville! You could watch the game at The Dugout Sports Bar and Grill, get T-shirts and gifts at Mast General Store or other shops, and check out the antiques at Village Green Antique Mall or Jane Asher Antiques.

CARL SANDBURG HOME

The Carl Sandburg Home sits on a 264-acre park just 13 minutes from Kanuga in Flat Rock. Explore the grounds, visit the farm, and tour the home of the poet, biographer, journalist, and editor who won three Pulitzer Prizes: two for his poetry and one for his biography of Abraham Lincoln.

PISGAH NATIONAL FOREST

Looking Glass Falls, about 30 minutes away in Brevard, is one of several picturesque waterfalls in this forest that covers about 800 square miles of western North Carolina. Trails and beautiful views abound throughout.

FOR THE ADVENTUROUS (a bit more of a drive)

BRIDAL VEIL FALLS

Located in DuPont Forest in Little River, NC, about a 45-minute drive, Bridal Veil Falls drops off an overhanging ledge you might recognize from "The Last of the Mohicans."

ASHEVILLE AND BILTMORE

About 50 minutes from Kanuga, Asheville is a small city with a huge arts scene and lots of shopping. Asheville is also home to the Biltmore Estate; explore the gardens and grounds, take a tour of the 250-room French Renaissance-style mansion, or dine in one of its many restaurants.