

ST. PHILIP'S COMMUNION GUIDELINES

September 2021

As we return to Holy Communion in both kinds with bread and wine, we are offering several ways of receiving the Sacrament to accommodate all of our parish family. Please choose whichever option suits you best; all are equally valid theologically. During the current spike, priests and chalice bearers administering communion will be masked.

Here are the current options for receiving the Sacrament at St. Philip's:

1. If you wish to receive the Sacrament in one kind only (only the bread), you may come forward either to one of the communion stations or to the altar rail, receive the bread, and then depart reverently to return to your pew.
2. If you wish to receive the Sacrament in both kinds by intinction (dipping the communion wafer into the chalice of wine), you may come to one of the communion stations, which will be dedicated solely to those receiving by intinction.
3. If you wish to receive the Sacrament in both kinds by drinking from the chalice, you may come to the altar rail, which will be dedicated solely to those drinking from the chalice.

Please follow the directions of the ushers in leaving and returning to your pew.