

Yes, she C.A.N.

Cultivate Resilience in 2026

Join us for a Women's Motivation Circle to create your own personal resiliency plan for 2026 with a focus on:

CONNECTION, **A**LIGNMENT & **N**OURISHMENT

Facilitated by Women in Wellness



April Jensen, CMT
WHISP Massage



Corissa Tobin, DC
Resilience Chiro



Melanie Larson, RDN
Behavioral Nutrition

FRIDAY JAN 23, 2026

6 Petaluma Blvd N Ste B10

Upstairs in the old Petaluma Mill

Refreshments will be served

FROM 6-8PM



REGISTER HERE: 

