

More Than Another Resolution #2

Essential Moves in Reaching New Heights

“Andy, when we stop dreaming, we start dying. You have to keep dreaming.”

Didn't see that coming!

Celebrating your 50th birthday does something to you. Especially when it interrupts your normal evaluation routine around your birthday in which you look back at your attitudes and activities in your previous year -- not your last 50.

This year was so different. Reviews and considerations brought thoughts of defeat accompanied by feelings of regret. How well aligned have these last fifty years been with my “My Big Life Dream”?

This deep introspection lasted an entire evening and into the next morning. Those first 50 years went way too fast. What was there to show for them? If things continued as they were, what would the next 25-30 years look like.

Was it worth investing in another dream, making another attempt? Negative self-talk was winning. What was going to be different enough to make up for all that time? Energy levels are much lower. Youth is escaping... dreaming was slipping away.

Thankfully, a regularly scheduled appointment with a friend and associate was on the calendar. The depth of this relationship made room for an open and honest conversation in which uncomfortable emotions and glum thoughts could be shared.

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As that conversation continued, those negative thoughts kept coming. Keep dreaming - but dream about what? I have chased many a dream – caught some and missed others. I don't have another 50 years to waste chasing dreams.

By the end of that day, a list was compiled that consisted of a dozen mentors and friends who were at least 10-20 years older than me and who knew and

“My BIG LIFE Dream”

My Big Life Dream is to live out loud the life that I was created to live by daily stretching toward and reaching for MY GREATEST POTENTIAL resulting in a life that is attractive to observers; that causes them to want what I have so that I might inspire them to move closer to their God-given POTENTIAL and plan, beginning with those within my home.”

understood where I was in both my personal walk and professional pursuits. Ten texts were sent. The search was on for *relevant expert advice*.

These wise and talented people stepped up in a big way with precise guidance and a lifetime of understanding and encouragement. Transformable!

My first fifty years have been blessed and filled with dozens of wise and talented people that have guided me and encouraged me along life's path.

One thing sticks out more than anything – these first fifty years have been blessed and filled with dozens of wise and talented people that have brought guidance and encouraged along life's winding way.

Last Monday (January 11th) is notoriously known as “Quitters’ Day” because most of the resolutions made on January 1st are quit by the 11th. Because I believe that each day is a new beginning – I want to challenge you to start again.

If your “quitter” was winning these first seventeen days of this year and you have been stuck under the pressure of negative, self-talk, pretend like today is New Year’s Eve. Re-up and consider the expert advice that I received from those amazingly talented, wise people.

- #1 Use my 50's to prepare for my 60's and 70's.
- #2 Finish things that you have started.
- #3 Fix things that are broken.
- #4 Clarify your Calling (purpose).
- #5 Explore your giftings/experiences – Life and Business.
- #6 Meet People – who can help you prepare for your future.
- #7 Dream a little - "What will you do in the next 5 years?"
- #8 Fulfill any unfulfilled promises.

Reaching new heights and achieving better pursuits requires that you make these essential moves –

- Acquire relevant expert advice. Ask yourself - Who has been where I am and where I am going that would be willing to share some good advice? Who do I know that I can connect with and learn from?

- Ignore the criticisms of people that you would never seek out for advice. As you move forward to reach new heights people around you will be challenged and sometimes threatened because they are settling in their lives. Not everyone will be negative. Some will react supportively and positively. Ignore the critics.

- Search your relationships for visual aids that can be used to supplement your aspirations with tangible, visible examples making your goals more easily realized. Ask yourself - Who is enjoying the type of marriage relationships that I want? Who can I ask to help me build a full and peaceful life? Who is enjoying a life filled with healthy relationships? Who do I know who is clear and unwavering in their life's direction? Who is living a healthy life? Who is accumulating wealth? When striving to make these and other priorities a reality, we can save ourselves much pain and energy by simply asking for help and insight from those who are achieving those aims.

For more about reaching new heights and achieve greater pursuits, stay on the lookout for my next Prosperity Planning Workshop coming soon.

Like always, if I can help, please contact me by text at 707.953.6681 or by email at andy@andyspringerconsulting.com.

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