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Rohnert Park Cotati Regional Library Weekly News

March 20, 2026

ADULT PROGRAMS:

UC Master Gardeners – Growing Avocados in Sonoma County Sun. Mar. 22, 2-3:30 p.m. Join Dr. Jeff Pierce as he discusses how you can turn your yard into a lush fruit forest. The talk will touch on common and uncommon deciduous fruit trees, citrus, fruit vines and bushes, and less commonly grown gems like avocados.

Author Talks: America's Failed Response to the Opioid Crisis with Shoshana Walter (virtual) Tue. Mar. 24, 11 a.m. – 12 p.m. Join us for a special conversation between award-winning journalist Shoshana Walter and bestselling and award-winning author Barbara Kingsolver as they chat about Walter's book *Rehab: An American Scandal*. In this work, Walter, a Pulitzer finalist, exposes the country's failed response to the opioid crisis, and the malfeasance, corruption, and snake oil which blight the drug rehabilitation industry. Please register online for the Zoom link.

Chair Yoga with Lavender Lotus Tue. Mar. 24, 1-2 p.m. Maintain and regain mobility in this gentle form of yoga that is practiced while sitting on a chair. Gentle strengthening and stretching will be accompanied by breathwork and mindful movement.

English Conversation Club Tue. Mar. 24, 4-5 p.m. Boost your confidence and practice your English in a friendly, supportive space at the library. Open to all adult learners—no registration required. Just drop in and join us!

Read BIPOC Book Club (virtual) Tue. Mar. 24, 6-7 p.m. Join librarians virtually to discuss books by authors who are Black, Indigenous or People of Color.

TEEN PROGRAMS:

Universal Yums for Teens: Korea Tue. Mar. 24, 4-5 p.m. Discover a new country every month through music, trivia, and the best snacks and candies they have to offer. We provide the treats, you bring a spirit of adventure and curiosity about the world!

CHILDREN PROGRAMS

Spanish Music & Movement (ages 0-5) Sat. Mar. 21, 10-10:30 a.m. Even if you are not fluent Spanish speakers, see the language come alive through the animated and energetic activities designed for children under 6 years and family.

Stay & Play (ages 0-5) Thu. Mar. 26, 10:30 a.m. – 12 p.m. Explore our toys, costumes, and discovery centers! Let's build community through playful learning experiences.

Read to a Dog (grades K-6) Thursdays, 3:30-4:30 p.m. Practice reading with a 4PAWS certified therapy dog to improve reading skills and confidence.

Babytime! (ages 0-12 mos) Fri. Mar. 27, 10:30-11:30 a.m. Join us for Baby Time! We'll read, sing, bounce, tickle, and play music. This program is intended for babies and their caregivers.

Dial a Story! (all ages) Call any time of the day or night at (707) 755-2050 to listen to a recording of a children's librarian reading a storybook. A new story is released every Wednesday. Stories are available in English and Spanish and geared towards preschool age children.

All events are **free** and open to the public. For more information, call the library at 584-9121 or visit www.sonomalibrary.org.

Hours: Sun. 1-5 p.m. / Mon. & Thu.-Sat. 10-6 p.m. / Tue. & Wed. 10-8 p.m.

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