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# Rohnert Park Cotati Regional Library Weekly News

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January 23, 2026

## ADULT PROGRAMS:

**Chair Yoga with Lavendar Lotus** Tue. Jan. 27, 1-2 p.m. Maintain and regain mobility in this gentle form of yoga that is practiced while sitting on a chair. Gentle strengthening and stretching will be accompanied by breathwork and mindful movement.

## TEEN PROGRAMS:

**Nintendo Switch 2: Super Mario Party Jamboree** Tue. Jan. 27, 4-5 p.m. Try our new Nintendo Switch 2! Under 18 only, please. No sign up necessary. OK to bring your own controller and console.

## CHILDREN PROGRAMS

**Imitate an Illustrator** (grades K-6) Fri. Jan. 23, 4-5 p.m. Learn about award-winning children's books and the techniques to illustrate them. Choose an illustrator and create your own masterpiece in an award-winning style.

**Chapter Chats** (grades 4-6) Mon. Jan. 26, 4-5 p.m. A read-together book club for kids. Participants will checkout a new book to read at every meeting. Snacks provided.

**Stay & Play** (ages 0-5) Thu. Jan. 29, 10:30 a.m. – 12 p.m. Explore our toys, costumes, and discovery centers! Let's build community through playful learning experiences.

**Read to a Dog** (grades K-6) Thursdays, 3:30-4:30 p.m. Practice reading with a 4PAWS certified therapy dog to improve reading skills and confidence. Beginning readers welcome.

**Babytime!** (ages 0-12 mos) Fri. Jan. 30, 10:30-11:30 a.m. Join us for Baby Time! We'll read, sing, bounce, tickle, and play music. This program is intended for babies and their caregivers.

**Dial a Story!** (all ages) Call any time of the day or night at (707) 755-2050 to listen to a recording of a children's librarian reading a storybook. A new story is released every Wednesday. Stories are available in English and Spanish and geared towards preschool age children.

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All events are **free** and open to the public. For more information, call the library at 584-9121 or visit [www.sonomalibrary.org](http://www.sonomalibrary.org).

Hours: Sun. 1-5 p.m. / Mon. & Thu.-Sat. 10-6 p.m. / Tue. & Wed. 10-8 p.m.

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