

END HUNGER – START HOPE!

The three Rotary Clubs in Cotati and Rohnert Park have partnered with A Simple Gesture (ASG) to address food insecurity in our community, which affects over 13% of households. That's 1 in every 8 homes.

ASG establishes a convenient monthly food collection process that will serve as a new, consistent, year-round source of non-perishable food for our local food pantries. Our goal is to eventually enroll 5% of the households in Cotati, Penngrove and Rohnert Park. **With twelve collections a year, that could translate to nearly 30,000 pounds of food or 25,000 nutritious meals serving 1200 people monthly through NOAH's food pantry.**

SHARING FOOD IN OUR COMMUNITY – YOU CAN HELP...

1. If you choose to participate, please register as a food donor one of two ways:
 - a. using your mobile device and the **REGISTER** QR code below,
 - b. or use your internet web browser on your home computer and enter this address:
<http://asgeventmanager.com/Entity/RPK>
If you would also like to volunteer as one of our drivers, you can designate that as well.
2. Fill your bag with the needed food items listed below. Leave the bag outside your door by 9:00 AM on the designated pick-up day.
3. Volunteers will pick up the brown bag at your home and leave an empty, green reusable ASG cloth bag for future pick-ups.
4. Once collected, our volunteer drivers take the filled bags directly to the NOAH (Neighbors Organized Against Hunger) food pantry.
5. Food from the ASG Green Bags will help stock the shelves at NOAH to serve our community.
6. If you would rather donate funds, or if you wish to donate funds in addition to food, you can do so one of two ways:
 - a. use your mobile device and the **DONATE NOW** QR code below
 - b. or use your internet web browser on your home computer and enter this address:
<https://www.zeffy.com/fundraising/donate-to-a-simple-gesture>
Contributions will be delivered directly to NOAH

Although any non-perishable food will be gladly accepted, below are the food items specifically requested by NOAH
(*** If possible, avoid glass containers due to risk of breakage) or any non-perishable item is appreciated

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|---------------------------------------|-------------------------------|-------------------|
| • White Rice (no bigger than 1 pound) | • Cheerios or healthy cereal | • Ramen Noodles |
| • Canned beans | • Boxed pasta | • Oatmeal |
| • Peanut butter | • Mac & Cheese | • Broth |
| • Jelly | • Canned stew | • Spaghetti Sauce |
| • Canned chicken and tuna | • Canned vegetables and fruit | • Olive oil |

Collection dates are currently scheduled for the 1st Saturday, every month, unless there is a holiday. For the remainder of 2026, the dates are:

2026 dates

October 3rd
November 7th
December 5th



Rotary

