**Sports Update for the Week of March 22, 2021**

**Cross Country**

The XC squad faced off against Juanita at our home course at Beaver Lake Park. The Wolves continued their strong pack running and dominance this season. Winning all 3 races and dropping some serious PRs in spite of the notoriously challenging Beaver Lake course.

Girls Race

Sophomore **Alyssa Flindt** clocked her first individual victory in XC leading the Wolves a perfect score of 15 with sweeping the top 12 spots. She narrowly outkicked teammate **Abbey Van Valkenberg (Fr)** by 0.6 seconds. Rounding out the top 12 spots were **Claudia Wolf (Jr), Ava Hagwell (So), Ariya Mathrawala (Jr), Erin Schmidlin (So), Salma Abdelale ( Fr), Kaitlyn Liu(So), Nia Marwaha(Sr), Claire Wilson(Jr), Olga Carvallo(So), and Sana Matthias(Sr).** Notable PRs were had by the pack of **Saya Mehta (Fr),** **Sagunya Malhorta(So),** and **Anna Wu(Fr).**

Boys Races

The Varsity boys followed the girl’s victory with strong pack running and another win of their own. Led by **Ethan Pedersen (So), Lawrence Ro (Sr), Noah Zahn (So), and Daniel Montano (Fr)** finishing 1st thru 4th secured the boys victory over Juanita 17 to 44. Senior **Alex Johansson** crushed his personal best and also finished in the top 7 varsity for the first time ever, running as EHS #5 on the day.

In the JV race, the tight upfront pack running led by **Hayden Daniels (So)** and **Rushil Arun (Fr),** brought the Wolves JV boys to victory over the Ravens 18 to 44. Many PRs were achieved despite the muddy and challenging course. **Jacob Young (Sr), Ethan Overstreet (Fr), Denys Davydenko (Fr), Scott Schmidlin (So), Eamon Senapati (Fr), Caden Campbell (So), Jeffery Ellis (Fr), Alex Wei (Fr), Elias Timmins (Fr).**

Next week the Wolves face off against all the LWSD schools in the District XC event at Marymoor Park.

**Boys’ Golf**

The Boys’ Golf team began the week by defeating the Juanita Ravens 212 to 270 at Sahalee Monday. The Teams top five scores that counted were: Michael Franz, Chris Zamani & Cyrus Zander who all shot 46, Noah Finch (44), Eshan Singh (42) and the co-medalists were senior captain Ashay Manocha and co-captain Nathan Yocam who both shot 40.

On Thursday, The Wolves ran their season record to 5-0 by defeating Juanita 195-253 at Eagles Talon at Willows. Top 5 scorers for the Wolves were Bryce Johnson and Ashay Manocha (40), Eshan Singh (39) and the co-medalists were freshman Noah Finch and sophomore Nathan Yocam who both posted a 38. Michael Franz shot a personal best of 42!

**Girls Swim & Dive**

Girls' Swim and Dive had their last virtual dual meet of the season this week against Juanita.  Without the freezing temperatures this week, we had a lot of personal best times:  Esha Bangur (50 free), Lex Carmosino (50 free), Tiana Dumitrescu (200 IM), Kiera Foley (100 free), Denise Garduno (100 free), Emma Hansen (100 free), Emma Huang (50 free), Abby Ivie (50 free, 100 free), Diya Kumar (100 free), Roxanne Madden (50 free), Emma Shelton (50 free, 100 free), Tavi Smith (100 breast), Gauri Srikumar (100 free), and Kavya Srikumar (50 free).

We also had some new swims this week:  Elette Birchfield (200 free, 100 back), Allison Carter (100 free), Chashni Golla (100 back), Sada Hitzemann (100 free), and Hailey Yocam (100 fly, 100 breast).

Across town, we are fortunate to have senior divers Diya Rekhi and Sophia Thompson returning to the board.  9th grader Olivia Bock dove in her first meet last week and learned 6 new dives to compete at the varsity level this week!

**Volleyball**

**Varsity**

The Wolves Varsity VB team played 3 matches this week having rescheduled their cancelled home match against Lake Washington because of the power outage last Thursday.

On Monday, the team hosted Juanita and won in straight sets 25-10, 25-19 and 25-15. The team notched 16 aces during the 3 sets led by senior Bella Greene's 3 and sophomore Nora Myre's 6. Seniors Hope Thompson and Dawson Flaker chipped in 2 aces each as well. On offense the Wolves were led by junior Grace Brandt's 8 kills and sophomore Derin Yilmaz's 7. Senior Kate Burke passed a 2.5 on our 3.0 scale during serve receive.

Tuesday the Wolves welcomed the Kangaroos of Lake Washington. While the team played some of its best volleyball of the season they came up short losing 1 set to 3 [24-26, 25-19, 21-25, 20-25]. Freshman Jess Martin played outstanding defense while junior Jada Mohammed consistently passed well during serve receive to allow the Wolves to run their entire offense.  On the attack the Wolves got contributions from a number of players including sophomore Nora Myre (13 kills), senior Madeline Flynn (10 kills), and senior Dawson Flaker (6 kills).

Finally, on Thursday the team traveled to Juanita to once again face the Ravens. In a very close match the Wolves triumphed 3-0 [25-20, 31-29, 25-23]. The first two sets were punctuated by late comebacks by Eastlake spurred by the serving of Jess Martin in set 1 and Madeline Flynn in set 2. The team had 12 aces including 4 by Jada Mohammed. Middle Hitters Grace Brandt and Madeline Flynn had 3 blocks and 7 kills each during the match. Senior Bella Greene and sophomore Derin Yilmaz each contributed 4 kills as well.

The Wolves finish their season this coming week. The home match on March 29 is also Senior night as Lake Washington returns. The season concludes on Thursday April 1 when the Wolves travel to Redmond to face the Mustangs one last time.

**JV**

The JV volleyball team had an amazing week defeating Juanita twice (Monday and Thursday) and Lake Washington on Tuesday during a rescheduled match from the previous Thursday. Emma Akinde and Ellexa Gerdes commanded the right side with kills in all three games while Brooke Taylor and Michelle Ding dominated the outside hitting in kills. Angele Boulanger and Kelsie Williams found great connection in the middle with setters Joy Pound, Josie Outen, and Lindsey Desai. Backrow defense was led by Rachel Carey and Ashley Desai while Jamie Hale led the team in serve-receive passing for the week. The team will finish their season next week playing Lake Washington on Monday at home and Redmond on Thursday away.

**C-Team**

Eastlake Wolves C Team Volleyball hosted 2 matches this week.  Scheduled on Monday vs Juanita Rebels, the C Team took all three sets, 25-9, 25-9 and 25-9. Leading servers were Kate Hillman with 10 aces and Sydney Starnes with 9 aces.  At the net, the defense was topped with 2 kills apiece for Annika Grunke and Allie Hunthausen. Defending the back court was Riley Weaver and Eshani Razdan, helping keep the ball in system throughout the 3 sets.

Eastlake also hosted the rematch with Lake Washington Kang's after last week's power outage.  The Wolves had a very successful game against the tough competition, sweeping the Kang's 25-23, 25-18, 25-18.  The Wolves started rough, falling behind 6-16 in the first set, but settling in when Kate Hillman went to the server box.  Pulling the win was a team effort, with 3 kills apiece for Tatum Wood and Alli Hunthausen.  Second and third set were won with strong serving from Annika Knopf and Tatum Wood.

The Wolves travel to face the Juanita Ravens Thursday at 5:15. You can follow along on the Facebook live stream at EastlakeVolleyball.

**C-Team Soccer**

In Monday’s C-Team Crimson Game @ Juanita we drew 1-1. Eastlake’s Helen Johnson had the goal in the 1st half. Assisted by Sylvie Mcevers.

**Varsity Tennis**

The boys varsity tennis season has been marred by rain. Three of our first five matches have been rained out. We are working to make up the missed matches, but time is running out with the season ending April 2. Despite the rain, the boys are having a great time together at our practices and at the two matches we have played. The varsity squad lost matches to Lake Washington and Redmond, but we will be playing them again next week, so the boys are hopeful that they will be able to dish out some payback. Bright spots in our season include our #1 singles Sammy Bharadwaj and our #3 doubles team of Gavin Wallace and Alex Piavis getting wins in the two matches we’ve played.