

# **Sports Update for the Week of May 24, 2021**

## **Badminton**

This week the Lady Wolves clinched the District Badminton Championship with their third sweep of the year! The wolves ran the Juanita Ravens out of the gym, winning 11-0 on Tuesday and 10-1 on Thursday! This coming week the Wolves will celebrate Senior Night on Tuesday at home vs. LW and travel to Redmond on Thursday for their final match of the year.

## **Baseball**

### **Varsity**

Eastlake 14, Lake Washington 2

The Wolves stayed hot! The diamond dogs clobbered 5 homeruns and 12 hits in a mercy rule 5 inning contest. Led by Junior Will Woodward who crushed 2 homeruns to tie little brother and Griffin Miller for the team lead in HR's. Jack Lathwell, and Bryce Johnson each launched balls into the night as well, Noah Weintraub collected two hits as well.

Wolves 9, Juanita 0

### **Bryce Johnson pitches the first varsity no-hitter in Eastlake varsity baseball history!**

The Varsity Wolves followed the JV's no hitter with one of their own! Sophomore Bryce Johnson struck out 11 Juanita hitters and let just 1 ball leave the infield on the night. The Wolves crushed two more homers on the night led by team home-run leader freshman Grady Woodward (3), Senior Jared Johnson added his 1st of the season, junior Noah Weintraub collected two more hits to add to his season total.

### **JV**

This week on JV Henry Isackson started on the mound, and went 6 strong innings. Eshan Singh came in to finish the game in the 7th. Together they threw a combined no-hitter against Juanita in our game on Tuesday.

## **Fast-Pitch**

### **Varsity**

Girls Fastpitch nearly lost to Juanita 5-6 on Tuesday. Junior, Leah Cupp was 1-2 with a 2 run single, Junior, Belle Schmidt was 2-3 with 2 singles and Senior, Ellie Evans was 2-4 for the day. The Wolves take on Juanita again this Friday at home at 6 PM.

### **JV**

On Friday, May 21st, the Eastlake JV fastpitch team traveled to Lake Washington High School, where they defeated the Kangs 15-3. The Lady Wolves bats were on fire, with 13 hits! Abigail McNear and Mya Cardwell both led the team with 2 hits and 4 RBI's each. Notably, Abigail McNear went 2 for 2 with two doubles! Ashlyn Murray had another great pitching performance, with 4 strikeouts. Jessica Umphrey came into pitch and was incredible on the mound as well, holding Lake Washington to just 1 run.

The team then headed to Juanita High School to face off against the Ravens. In an outstanding team victory, the JV fastpitch team won 10-2! Once again, Ashlyn Murray was a force on the mound, with 3 strike outs and 0 walks. On offense, the Lady Wolves were unstoppable, racking up 13 hits for the day. Big hits came from Sophia Whipple, who had 2 doubles, Ashlyn Murray and Camden Austin, who each doubled as well, Hannah Dill and Abigail McNear, each added triples, and Genevieve Hastings who added a deep home run ball that went all the way out to the parking lot!

The Eastlake JV fastpitch team will face off against the Juanita Ravens again this Friday at home. Go Wolves!

### **Girls' Golf**

Tuesday the girls golf team celebrated their seniors at Sahalee against Juanita. All five seniors ended up scoring for the Wolves! Congrats Maddie Afonso, Kelsey Anderson, Ava Brozincik, Anika Razdan, and Valentina Martinez-Otto. Low score was Anika with a 47 which included a tap in birdie on number 7. The Wolves also participated in three scramble tournaments during the week. On Sunday Maddie and her father Eric fired a 22 on the Willows par three course, yes that is five 2's and four 3's!!! Wednesday Maddie teamed up with Mr. Green to win the teacher scramble with a two under par. Thursday Juanita hosted a scramble. The winning group was Hannah Choi, Ava and Maddie shooting a 3 under par on the Coyote Creek front nine. If you are playing in a scramble tournament this summer you might want to get Maddie on your team.

The Wolves will finish up their season at Snohomish golf course on June 7<sup>th</sup> in the end of season Lake Washington School district tournament.

### **Girls' Tennis**

#### **Varsity**

The Eastlake girls' varsity tennis team moved to 5-0 on the year with their 7-0 win over the Juanita Ravens this past Tuesday. From the first point to the last, the girls dominated, winning every match in straight sets. In singles, Matilde Varas, Peyton Wilmot, Talia Tiedeman, and Daniela Ogren put on a clinic with their straight-set victories. Seohee Jeon & Kaitlyn Liu, Shriya Tiku & Linuki Gunasekara, and Lila Rowland & Mahima Vadlamani played aggressively in doubles, never allowing Juanita to mount any kind of challenge. The Wolves have three matches remaining. Go Wolves!

### **Boys' Soccer**

The Eastlake Boys Varsity team took to the field in high spirits coming off the back of a 6-0 drumming of Lake Washington High School.

We started the game against Juanita on the front foot, and could easily of had two goals at the courtesy of Victor Sevenants and Mikey Lester, yet it was not to be.

12 minutes in, Victor opened the scoring off of a deflection. Shortly after, Riley Thomas made it 2 with a left footed shot into the corner. Quickly 2 became 3, with some quick link up play led

Riley in for his second goal. The 4th goal came courtesy of a penalty kick, which Charlie Lanphier dispatched. LW quickly got back into the game with a shot and PK of their own. As the battle endured second half the wolves created 2 wonderful goals. Mikey setting up Leo Wells for his first goal of the season. Yet Lucas Lisboa's lofted shot into the top left corner, literally left their GK rooted to the spot. The game ended 6-2 to the Wolves.

Our away trip against Juanita was a similar fate. The game finished 4-0. The opening goals both came from determined runs from Riley Thomas. Poor goalkeeping allowed Victor Sevenants to grab his poachers goal. The victory was secured with a penalty kick for Riley's hatrick. The boys truly delivered a committed and disciplined performance that portrayed an air of calmness and exuded confidence. A truly collective performance that I hope the boys will carry into their next game [Tuesday night](#) against LWS. Go Wolves!

## **JV**

The JV team got off to a sluggish start on Tuesday in their first game against the Juanita Ravens. The boys found themselves struggling to gain and maintain possession and keep Juanita out of their end. After a small positional change between players was made, the Wolves found their footing and began pressing Juanita and creating plenty of opportunities for goals. It was only a matter of time before freshman Divij Aswinkumar found the back of the net. Eastlake continue to pick up the pace of play and prevented Juanita from scoring to end the game in a 1:0 win. Player shout outs to Divij, Noah Saywack for playing through an injury that will see him on the bench for the next couple games.

Thursday's 2nd match against the Ravens was sure to be a grudge match as we knew they wanted redemption. The pregame talk focused on playing smart, aggressive and applying pressure to a team that clearly didn't like pressure. The weather was windy and could cause an issue if we didn't keep the ball low.

With a number of JV players injured three C team players were brought up for the game. Cameron Duff, Jack Bury and Cameron Linders. Eastlake came out of the gates ready to battle. They absolutely dominated the Ravens who were clearly not prepared for the speed, tenacity and great passing game the wolves were putting together. A missed free kick outside the Ravens box and a missed PK by the Wolves in addition to the full out effort of the boys started to take its toll and their pace began to fall off and clean passes became long balls to no where. Seeing the pressure easing, the Ravens took advantage and scored 2 quick goals with about 7min remaining in the half. Final score 2:2. Player shout outs to Divij for scoring both goals, Jack, Cameron and Cameron for their speed and endurance in the midfield and left wing, Lucas Jarrett for a fabulous game on the right wing and Mac Gallant for an outstanding game on defense.

## **C Team**

Boys C Team won 2-0 on Saturday against LW. Diego Wright scored a header goal off a corner early on with Jack Childress on the assist. Ido Skarbovsky also scored in the first half on a break away. Unfortunately the boys received their first loss of the season on Wednesday to Redmond losing 0-2. Strong efforts were put forth but we couldn't make up for the early allowed goals.

## **Track & Field**

## WOLVES MOVE UP IN RANKINGS

Several Eastlake track and field athletes ran, threw and jumped their way to top marks in the State 4A rankings and into the Wolves track history books in a dual meet with Lake Washington on Friday, May 21<sup>st</sup>.

Taking advantage of a perfect spring evening, the girls 4x200m relay, which included Abby Beckstead, Azita Balsara, Peyton Quinto and Ava Hagwell got the meet off to a spectacular start by winning the race in a 1:46.48 clocking. The time currently ranks second in state 4A and is 3<sup>rd</sup> all time for EHS.

Caden Barrysmith also had a blockbuster meet winning both the 100m and the 200m in personal best times of 11.18 and 22.28 respectively. He is currently ranked 3<sup>rd</sup> in state 4A in the 200m and 4<sup>th</sup> all time for Eastlake. He trails only the Lewis brothers (Troy, Ryan and Drew), all of whom went on to play Division 1 football and in Ryan's case the NFL. His 100m time ties him for 5<sup>th</sup> in the all-time standings.

Max Verboort represented the field events well by winning the long jump in a personal best leap of 21'0. His performance gives him a 2<sup>nd</sup> place all time ranking for the Wolves. The Eastern Washington football recruit is currently ranked 7<sup>th</sup> in state 4A.

Rachel Gough continued her winning ways by taking first place in the discus, the event where she set the school record last week, and which she is currently ranked 6<sup>th</sup> in state 4A. She also won the shot put with a personal best effort of 35-2. The Senior thrower who will compete at Southern Utah University next year is now ranked 4<sup>th</sup> on Eastlake's all time.

Emily Van Valkenburg, in only her second meet coming back from a months long injury, ran an impressive 3200m (11:20). Winning the event, she is currently ranked 6<sup>th</sup> in state 4A and led a sweep in the event for the Wolves which included, Ashley Lotzkar-12:01(PR) and sister Abbey Van Valkenburg-12:09 (PR)

Dawson Flaker also came up with gold winning the girls pole vault in a personal best effort of 9'9". She is now the 4<sup>th</sup> place vaulter in Eastlake history.

### ADDITIONAL WINNERS FOR THE WOLVES INCLUDED:

Eva Hagwell...won the 400m for the second week in a row in a time of 60.20...currently ranked 8<sup>th</sup> in state 4A. In addition to anchoring the winning 4x200m, she also ran the final leg of the 1<sup>st</sup> place 4x400m which included Lauren McHugh, Erin Schmidlin and Quinto (4:14).

Regina Guest...hurdled to a personal record for the second week in a row in the 100m hurdles (16.61) ...currently ranked 13<sup>th</sup> in state 4A.

Azita Balsara...in addition to her winning leg on the 4x200m won the 200m in a personal best time of 26.53...currently ranked 17<sup>th</sup> in state 4A. She also placed 2<sup>nd</sup> in 100m with a PR of 12.93.

Aaron Heiser...coming back from significant injuries the past few years won the 400m in a personal best time of 52.50. He also placed 2<sup>nd</sup> in the 200m in a personal record of 23.42.

Ethan Pederson...won the 3200m in a personal record of 9:49 ....9<sup>th</sup> all time for EHS. Led a sweep for the Wolves which included Owen Bloom (10:21) and Noah Zahn (10:23) PR.

Alyssa Flindt...won the 1600m in a personal record of 5:46...leading an EHS sweep which included Ella Hasselman (5:57) PR and Claire Wilson (6:11) PR

SECOND PLACE POINT SCORERS INCLUDED:

Bryce Flindt: 1600m- 5:01

Miles Kim: 300m hurdles- 46.99 (PR)

Erin Schmidlin: 400m-1:03.4 (PR)

Addison Keller: Pole Vault- 8-06

THIRD PLACE POINT SCORERS INCLUDED:

Abby Beckstead: 100m-13.06

Peyton Quinto: 200m-27.67(PR)

Alyssa Flindt: 800m-2:36m(PR)

Emma Lundin: Javelin- 55-11

Will Eaton: 100m-11.7

Zander Woodland: Pole Vault- 8-06 (PR)

WOLVES WHO RECORDED PERSONAL BESTS

100M: Christopher Nwachukwu, Dhruv Saka, Paul Burton, Nikhil Wadia, Thomas Gustafson, Venkata Nookala, Dashel Bishop, Aiden Gavin, Quinto, Gabrielle Kirby

200m: Eaton, Harry Mchugh, William Bo, Zachary Schriener, Nwachukwu, Saka, Gustafson, Wadia, Nookala, Daniel Bishop, Gavin, Erin Schmidlin, Isabelle D'Souza, Gabrielle Kirby, Maddie Bishop

800m: Alex Johansson, Lalti Bhimanadam, Prarthana Kumar

1600m: Sean Egli, Chase Beckstead, Harry Kaiser, Scott Schmidlin, Abby Davidson

3200m: Larry Ro, Chris Lynn, Quinn Hulet

Shot Put: Jacob Pitonyak, Kade Haselman, Emma Lundin

Discus: Emma Lundin

Javelin: Pitonyak, Nicholas Heimbigner, Aryan Sharma, Evvan Tausher, Kade Haselman

Pole Vault: Myan Greenwalt, Tamar Jaber, Zoe Caple, Diya Reikhi, Caroline Lotzker

\*All eight of the vaulters that competed cleared at least one height!

**Next Up:** The Wolves host Juanita on Thursday May 27<sup>th</sup> starting at 4:00PM.