

## Zion United Church of Christ Health Plan

As the news and concern over the COVID-19 situation continues, we at Zion UCC are taking prudent steps in order to keep our community healthy. We are monitoring the Columbus metro area and Delaware county. We will comply with recommendations from the state or county health departments. We will keep you updated on what stage we are on via Facebook, Zmail, and the church phone message.

### Personal Preparedness

For 80% of cases, COVID-19 is a mild illness that does not require hospitalization.

We cannot eliminate COVID-19 but we can limit its spread by:

- Washing hands with soap and water frequently
- Avoiding touching our face (mouth, nose, eyes)
- Covering coughs and sneezes with tissue and washing hands afterwards
- Staying home when sick until the illness is resolved
- Staying away from others who are ill, and staying home if you discover you've been exposed to someone who became ill

Stage	Indicator	Action Item
Stage1 (Warning)	Confirmed Cases in Ohio	<ul style="list-style-type: none"> <li>• All worship, ministry, and small groups are active</li> <li>• Extra sanitation and cleaning around the building (tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks)</li> <li>• Communicate with words or gestures other than handshakes including as we “pass the peace”</li> <li>• Encourage handwashing, use of Purell</li> <li>• Put handwashing reminder signs in the bathrooms.</li> <li>• Using people who are gloved to serve all food.</li> <li>• Communion elements served individually: congregants will process to the end of the aisles and receive elements from servers wearing gloves. Bread will be served with toothpicks.</li> <li>• Encourage online giving to minimize the disruption of financial commitments</li> <li>• Require community groups who use the church to observe these same efforts.</li> </ul>
Stage2 (Alert)	Confirmed Case within immediate community (Columbus Metro, Delaware County)	<ul style="list-style-type: none"> <li>• All Stage 1 action items, unless they are overridden by an action item in this list.</li> <li>• Provide online worship</li> <li>• No Sunday morning Fellowship Food</li> <li>• No Maundy Thursday dinner (worship service instead)</li> <li>• Extra cleaning and sanitation before and after worship</li> </ul>
Stage3 (Critical)	Confirmed Case in church	<ul style="list-style-type: none"> <li>• All Worship and Meetings suspended</li> <li>• All congregation to participate in online worship</li> <li>• No community group meetings held in church facilities</li> </ul>