



October 17, 2019

During the Thanksgiving Holiday Season, we invite you to give thanks for the many good things you have received and to share your blessings with families in need.

The mission of El Centro de Amistad, Inc., (ECDA) a multilingual, cross cultural organization, is to provide a comprehensive range of mental health services, anticipating the ever-changing needs of families and individuals in the Greater San Fernando Valley. Since our founding in 1977, we have provided critically needed mental health services and programs to more than 110,000 low-income children, individuals, and families. ECDA has a longstanding presence in the community, low staff turnover, strong community partnerships, and a reputation for providing high-quality mental health care and case management to some of our community's most vulnerable members. Our programs and services help participants:

- Eliminate high-risk behaviors and maintain safety,
- Improve functioning at school, home, and the workplace,
- Acquire daily living skills,
- Effectively manage mental health disorders, and
- Build healthy families.

We at El Centro de Amistad are reaching out to you to support our mission of empowering those who are underprivileged and in need by providing Thanksgiving dinners. This year, our goal is to provide 75 of our families with Thanksgiving meals. Our mission is to assist and provide these families with not only therapeutic help, but to also help alleviate some holiday stress. The families selected typically suffer from traumatic events, have financial struggles, and encounter everyday challenges that make it difficult to function.

There are several ways in which you or your team can help, including:

- Donating Frozen Turkeys
- Can Food baskets
- Grocery Gift Cards

El Centro de Amistad, Inc. is a 503 (c) (3) non-profit organization. If you would like to learn more about ECDA, I invite you to visit our website at: [www.ecda.org](http://www.ecda.org).

If you or your team would like to donate or have any questions, please contact Flaviola Garcia at [flaviola.g@ecda.org](mailto:flaviola.g@ecda.org) or [\(818\) 898-0223](tel:8188980223).

For any donations, we will gladly promote your business on our Facebook and Instagram pages. In addition, we will provide you a certificate of appreciation for your business. We greatly appreciate your consideration and look forward to future collaborations.

Sincerely,

Flaviola Garcia  
Community Relations Coordinator  
El Centro De Amistad

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