



BETTER
People & Business



Employee Care Plan (ECP)

STEP

1

Safety Net Employee Communication Weekly

Weekly email or text communication to encourage, engage, educate, and equip employees
Topics: Mental Health, Wellness, Finance, Family, & more...

STEP

2

Employee Safe Place Online Access (24/7)

24/7 online access to mini-books, articles, and other resources to care and support
Topics: Personal, professional, family, mental health, wellness & more...

STEP

3

Connection to a Mental Health 1st Responder

Employee may contact a certified Mental Health 1st Responder to listen and explore options

STEP

4

Referrals Available

Referrals to licensed counselors and/or mental health professionals
Employee decides to make contact after referral provided

STEP

5

Organizational Training and Readiness (Add-on)

Educational training for HR or selected personnel to equip an internal team

TRANSACTIONAL

RELATIONAL