



**BETTER**  
*People & Business*



Employee Care Plan (ECP)

STEP

5

**Organizational Training and Readiness (Add-on)**

Educational training for HR or selected personnel to equip an internal team

STEP

4

**Referrals Available**

Referrals to licensed counselors and/or mental health professionals  
Employee decides to make contact after referral provided

STEP

3

**Connection to a Mental Health 1<sup>st</sup> Responder**

Employee may contact a certified Mental Health 1<sup>st</sup> Responder to listen and explore options

STEP

2

**Employee Safe Place Online Access (24/7)**

24/7 online access to mini-books, articles, and other resources to care and support

**Topics:** Personal, professional, family, mental health, wellness & more...

STEP

1

**Safety Net Employee Communication Weekly**

Weekly email or text communication to encourage, engage, educate, and equip employees

**Topics:** Mental Health, Wellness, Finance, Family, & more...

T  
R  
A  
N  
S  
A  
C  
T  
I  
O  
N  
A  
L

R  
E  
L  
A  
T  
I  
O  
N  
A  
L