

**MATEC-WI/AAHIVM 2019 Advanced Clinical Workshop**  
**“Lipids, Lipodystrophy and Obesity: Metabolic Issues in HIV”**

**Keynote Speaker: Daniel Lee, MD**

**Medical Director, Lipid/ Lipodystrophy Clinic at the Owen’s Clinic**  
**Co-Principal Investigator, UCSD AIDS Education and Training Center**  
**Clinical Professor of Medicine, University of California San Diego**  
**(UCSD) School of Medicine**

**Tuesday November 19th, 2019 | 5:00-7:30pm**  
**The Iron Horse Hotel, Milwaukee, WI**

**A. Workshop Overview<sup>1</sup>**

2019 has been a very active year regarding new approaches to managing HIV infection. Current studies estimate a 15 percent incidence of diabetes mellitus in HIV-infected patients in the U.S. compared to 9.5 percent in the general population, and a prevalence of metabolic syndrome ranging from 14-18 percent. Nearly half of HIV-infected have two or more features of metabolic syndrome. These conditions put patients at significant cardiovascular risk. HIV clinical care providers need information on the practical approach to assessing and managing the growing list of metabolic complications in people living with HIV. The 2019 MATEC-WI/AAHIVM Advanced Clinical Workshop will review latest research and studies on metabolic syndrome, lipodystrophy, co-existing conditions, and potential treatment modalities. The workshop is intended to be interactive, and significant time for discussion with the presenters will be provided.

**Who Should Attend**

This workshop is designed for clinical decision makers, including physicians, nurse practitioners, physician assistants, and pharmacists, who are actively treating or will be treating patients with HIV infection. As space allows, the workshop will also be open to other HIV practitioners including nursing professionals, dentists, mental health providers, and medical case managers.

**Keynote Speaker**

**Daniel Lee, MD**

Medical Director, Lipid/ Lipodystrophy Clinic at the Owen’s Clinic  
Co-Principal Investigator, UCSD AIDS Education and Training Center  
Clinical Professor of Medicine, University of California San Diego (UCSD) School of Medicine.

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<sup>1</sup> Overview and Tentative Agenda: 10-8-19

Dr. Lee serves as the medical director of the Lipid/ Lipodystrophy Clinic located within the Owen's Clinic of the University of California, San Diego's Medical Center, where the collective HIV team cares for over 3,000 people living with HIV. The Lipid/Lipodystrophy Clinic focuses on managing a variety of metabolic complications of antiretroviral therapy such as dyslipidemia, diabetes/insulin resistance, bone disease, wasting, and obesity. Dr. Lee serves as both an HIV and primary care provider for his patients.

#### **Case Moderator**

TBA

#### **Course Director**

**James M. Sosman, MD FACP AAHIVS**

Medical Director, UW HIV Comprehensive Care Program & MATEC-WI, Divisions of Infectious Diseases & General Internal Medicine

Professor of Medicine, University of Wisconsin School of Medicine & Public Health, Madison WI

#### **Workshop Organizers and Hosts**

This activity is jointly provided by the Annenberg Center for Health Sciences at Eisenhower and the American Academy of HIV Medicine, in collaboration with Postgraduate Institute for Medicine and Midwest AIDS Education and Training Center, with additional support from the Wisconsin AIDS/HIV Program in the Division of Public Health at the Wisconsin Department of Health Services.

This activity is supported by an independent educational grant from Gilead Sciences.

#### **B. Key Learning Objectives**

After completing this activity, the participant should be better able to:

- Identify and evaluate dyslipidemia, lipodystrophy, and weight gain, as well as the presence of HIV-associated lipodystrophy in people living with HIV infection (PLWH).
- Recognize the connected relationship of lipids, fat, and glucose and how this impacts weight gain.
- Review the differences in management and treatment of dyslipidemia in people living with and without HIV infection.
- Illustrate how to diagnose, manage and provide individualized treatment for patients with lipodystrophy.

#### **C. Tentative Workshop Agenda**

4:30-5:00	Registration (pre-meeting: outside room)
5:00-5:15	Welcome and Introductions
5:15-6:15	Keynote presentation, discussion
6:15-6:40	Buffet and Networking Dinner
6:40-7:25	Keynote presentation, discussion (continued)
7:25-7:30	Evaluations, CME/CE documentation
7:30	Adjourn

## **D. Continuing education credits**

### **Physician Accreditation Statement**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Annenberg Center for Health Sciences at Eisenhower and the American Academy of HIV Medicine. The Annenberg Center for Health Sciences at Eisenhower is accredited by the ACCME to provide continuing medical education for physicians.

### ***Credit Designation***

The Annenberg Center for Health Sciences at Eisenhower designates this live activity for a maximum of 2.25 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



### **Pharmacist Accreditation Statement**

The Annenberg Center for Health Sciences at Eisenhower is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

### ***Credit Designation***

This program has been assigned ACPE Universal Activity #0797-9999-18-221-L02-P. This program is designated for up to 2.25 contact hours (0.225 CEUs) of continuing pharmacy education credit.

For Pharmacists: Upon receipt of the completed activity evaluation form, transcript information will be sent to the NABP CPE Monitor Service within 4 weeks.

### **Type of Activity:** Application

### **Disclosure of Conflicts of Interest**

Annenberg Center for Health Sciences at Eisenhower requires instructors, planners, managers and other individuals who are in a position to control the content of this activity to disclose any real or apparent conflict of interest (COI) they may have as related to the content of this activity. All identified COI are thoroughly vetted and resolved according to Annenberg policy. The existence or absence of COI for everyone in a position to control content will be disclosed to participants prior to the start of each activity.

### **Americans with Disabilities Act**

Event staff will be glad to assist you with any special needs (e.g., physical, dietary). Please contact Kaitlyn Rush prior to the live event at 202-659-0699, ext. 16 or [kaitlyn@aahivm.org](mailto:kaitlyn@aahivm.org). There is no fee for this activity.