



Introducing Physiotherapy at Premier Shockwave Clinic

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At Premier Shockwave Clinic, our core treatment is **SoftWave Tissue Regeneration Therapy**, a breakthrough technology that accelerates healing, reduces pain, and restores mobility at the cellular level.

Physiotherapy plays an important **supporting role** in helping patients and athletes build strength, improve movement, and return to activity. Together, SoftWave and physiotherapy form a powerful combination: SoftWave stimulates repair and reduces pain, while physiotherapy guides recovery through movement, exercise, and functional training.

How Physiotherapy Supports Your SoftWave Treatments

- **Before treatment:** SoftWave can reduce pain and inflammation, making physiotherapy exercises easier and more effective.
- **Alongside treatment:** Physiotherapy provides the exercises, education, and mobility training that help you regain strength and prevent re-injury.
- **After treatment:** SoftWave accelerates recovery by continuing to support tissue repair following physiotherapy sessions.

What We Treat

We integrate physiotherapy and SoftWave therapy for a wide range of conditions, including:

- Sports injuries (acute & chronic)
- Post-surgical rehabilitation
- Muscle strains, ligament sprains, and joint injuries
- Tendonitis, bursitis, and other overuse injuries
- Back, neck, and shoulder pain
- Osteoarthritis and degenerative joint conditions
- Balance, coordination, and mobility issues

Our Approach

1. Comprehensive Assessment

Every treatment plan begins with a full evaluation to understand your condition, activity level, and recovery goals.

2. SoftWave First

When indicated, SoftWave therapy is prioritized to reduce pain, inflammation, and stiffness so you can move better.

3. **Physiotherapy Support**

Guided by our physiotherapist, sessions may include mobility training, manual therapy, therapeutic exercise, and education tailored to your needs.

4. **Progressive Care**

We monitor your progress and adjust your program as you improve, ensuring your recovery is safe, effective, and lasting.

Why Choose Us

- **Exclusive Access to SoftWave Technology:** Trusted by professional athletes and supported by clinical research.
- **Registered Physiotherapist On-Site:** Covered physiotherapy services available for insured patients.
- **One-on-One Care:** Every session is individualized to your goals.
- **Integrated Approach:** Physiotherapy supports and enhances SoftWave therapy for optimal outcomes.

Covered by Insurance

Physiotherapy sessions are eligible for reimbursement under most extended health benefit plans. Our team can assist with documentation and care plan approvals.

Book Your Assessment Today

If you're recovering from an injury, managing chronic pain, or working to prevent future problems, our integrated approach with **SoftWave therapy supported by physiotherapy** can help you move better, recover faster, and stay active longer.